

# STROLL

## Glade Springs Village

MEET YOUR NEIGHBORS  
**THE MUSCARI  
FAMILY**

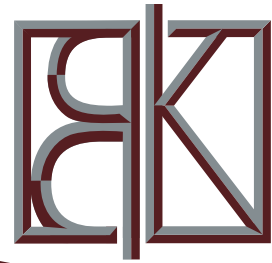
TAYLOR, GRAHAM & KYLE

PHOTO BY KAREN AKERS



DELIVERING NEIGHBORHOOD CONNECTIONS





# BILL KINDER & Associates



Guaranteed Annuity Rates!

## TERM INTEREST RATES\*

1 Year	3.50%
3 Year	4.90%
5 Year	5.20%

\*Interest rates may vary depending on deposit.

**EXAMPLE: If you deposit \$100,000 in a 5-year annuity:**

- You are **GUARANTEED** a compound interest of 5.20%\*.
- You **EARN** \$28,848 over the next 5 years.
- You can **WITHDRAW\*\*** the interest earned.

**Please contact us for current availability.  
Veteran-Owned Business • 304-250-0250**

\*Rates are subject to change.

\*\*Withdrawals other than the interest earned may be subject to early surrender charges.

**NEW LOCATION**



1715 Flat Top Rd  
Cool Ridge, WV

**We're Open!**

# BECKLEY Blend

# nutrition club



We serve healthy protein, meal-replacement, energy, pre & post-workout shakes, & an entire range of herbal, sport, & targeted nutrition products. Conveniently located in Beckley & serve the surrounding areas. Come by for breakfast or lunch today!



408 Beckley Crossing Shopping Center

(across from Hobby Lobby & Kroger)

(681) 238-5101

Change your breakfast, change your life! Open at 6:30am M-F

### "HELPING YOU HELPS OTHERS"

Listing & Selling as Low as

# 2.99%

## ALTRUIST REALTY GROUP



WWW.BUYINGANDSELLINGWV.COM

*David & Cyndie*

David E Chinn Jr Broker 122 Appalachian Dr Beckley WV 25801 304-575-0838

304-575-0838



# OH SNAP! WE'VE MOVED!



# WV ROOT

WEST VIRGINIA  
ORTHOPAEDIC TRAUMA

## Dr. John M. Tabit

[WVOTonline.com](http://WVOTonline.com)



**201 Woodcrest Drive 304-410-0061**







Kristie Hiener | Ben Hiener | Travis Wills | Dr. Skylar Kipps-Poe

(304) 763-4665 | (304) 469-4911  
 479 Flat Top Rd., Shady Spring, W.V. | 1 Physicians Plaza, Lochgelly, WV

[www.shadyspringdentalcare.com](http://www.shadyspringdentalcare.com)



Glade Springs NEXT DOOR Neighborhood Pharmacy!



Most insurance plans accepted | Drive-thru service  
 Wide array of OTC medications | Gift Shop full of treasures



2795 Ritter Dr. Shady Spring, WV 25918 | [shadyspringpharmacy.com](http://shadyspringpharmacy.com)  
 ph 681-207-3822 fax 681-207-3824 | Like us on Facebook



Custom creature comforts...

Built in the USA. Smith Brothers Furniture offers the ultimate in quality and value. With a limited lifetime warranty on every frame — and over 1,000 fabrics and 100 leathers, nail-head, and wood finish options you can create the perfect sofa for your life and style!

**USA MADE**

**WELLS** HOME FURNISHINGS  
*Relax...You're Home*

CHARLESTON (304) 343-3600 | [wellshome.com](http://wellshome.com)



## IMPORTANT PHONE NUMBERS

### EMERGENCY

- 911 Emergency Fire, Ambulance, Police
- (304) 253-8993 Beaver Volunteer Fire Dept.
- (304) 256-6700 WV State Police – Raleigh County
- (304) 255-9300 Raleigh County Sheriff's Dept.
- (800) 222-1222 Poison Control Hotline
- (304) 763-4385 Glade Springs Security

### HOSPITAL AND EMERGENCY

- (304) 252-4072 Raleigh General Hospital
- (304) 253-3860 Prompt Care

### UTILITIES

- (800) 956-4237 American Electric Power
- (800) 422-2782 American Water Company
- (304) 252-6051 Beckley Garbage Disposal
- (800) 834-2070 Mountaineer Gas Company
- (304) 255-1565 Shady Spring PSD – Water and Sewer


### GLADE SPRINGS VILLAGE

- (304) 763-5382 POA Office
- (304) 763-0828 Membership
- (304) 763-2000 The Resort at Glade Springs
- (304) 763-5000 Glade Springs Real Estate
- (304) 763-0814 Small Talk Café
- (304) 763-0817 Bunkers
- (304) 763-2050 Cobb Golf Shop
- (304) 763-3332 Woodhaven and Stonehaven Golf Shop
- (304) 763-0877 Spa and Salon Orange

### SCHOOLS

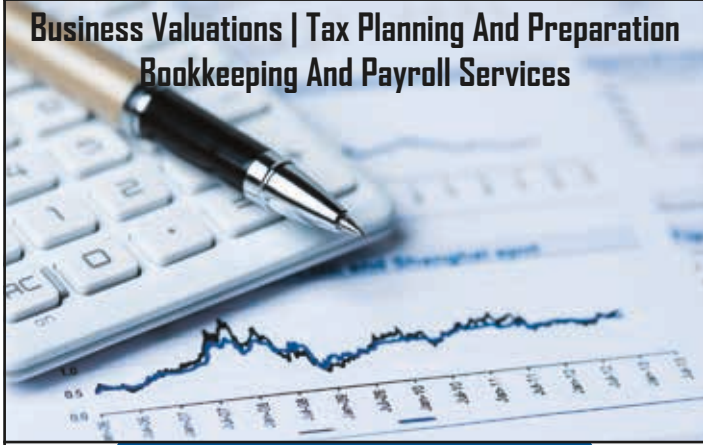
- (304) 256-4633 Shady Spring Elementary
- (304) 256-4570 Shady Spring Middle School
- (304) 256-4647 Shady Spring High School
- (304) 256-4642 Daniels Elementary School
- (304) 252-4087 St. Francis De Sales
- (304) 255-4535 Victory Baptist Academy
- (304) 256-4616 Beckley/Stratton Junior High
- (304) 256-4646 Woodrow Wilson High School
- (304) 207-0543 Kids of Harmony

**SPECIAL THANKS TO THE MUSCARIS, THE PHILLIPS, DWIGHT SMITH, THE CAPPELLARIS, KRISTINA KILLEN AND SHERRI MORGAN!**



Wills-Royster Bookkeeping Services

Business Valuations | Tax Planning And Preparation  
 Bookkeeping And Payroll Services



John W. Stroud, Jr., CPA, CVA  
 Richard L. Ross, MPAcc, CPA  
 Trilla Wills  
 Mari Foster

339 Rural Acres Dr. Beckley, WV  
 (304) 252-8707 | (304) 252-7497

## GLADE *Living*

DISCLAIMER: This publication is also known as *Glade Living*, is owned by The N2 Company, and is not affiliated with or sponsored by any club, developer, or homeowners association. Articles and advertisements in this publication and opinions expressed therein do not necessarily reflect the views of N2 but remain solely those of the author(s) or advertiser(s). The paid advertisements contained within this magazine are not endorsed or recommended by N2.



# SPONSOR INDEX

This section is here to give our readers easier access when searching for a trusted neighborhood partner to use. Get to know the businesses that make this magazine possible. Please support them in return and thank them if you get the chance!

## ADVERTISE IN THIS PUBLICATION

**Stroll Glade Springs Village**  
Bob Coburn  
(304) 860-0099  
bob.coburn@n2co.com

## ACCOUNTANTS - CERTIFIED PUBLIC

**Michele R. Davis, CPA**  
2241 Ritter Dr.  
Daniels, WV 25832  
(304) 894-8812  
www.micheledaviscpa.com

## ACCOUNTING/BUSINESS

**VALUATIONS/TAX PLNG**  
**Stroud, Ross & Associates**  
**John W. Stroud, Jr., CPA, CVA**  
339 Rural Acres Dr.  
Beckley, WV 25801  
(304) 252-8707

## AESTHETICS AND WELLNESS

**Harvey Aesthetics & Wellness**  
(304) 527-8887  
www.harveyaesthetics.com

## AIR CONDITIONING & HEATING

**Appalachian Heating**  
(304) 877-5566  
appheat.com

## Childers Enterprises

(800) 224-7017  
www.childersenterprises.com

## ANIMAL HOSPITAL

**New River Animal Hospital**  
(304) 466-0251  
www.nrahpets.com

## ATTORNEY

**Robert Dunlap and Associates**  
(304) 255-4762

## AUTO DEALER

**Hometown Kia**  
(844) 458-3478  
friendshipkia.com

## Sheets Chrysler Dodge Jeep Ram

(304) 252-4555  
nobodybeatssheets.com

## BAKE SHOPPE

**Kenzie's Kakes**  
(304) 890-7229  
kenzieskakes.com

## BANK

**Pioneer Community Bank**  
(304) 254-8680  
www.pioneercommunitybank.com

## BANKING SERVICES

**City National Bank**  
(304) 255-7000  
www.bankatcity.com

## United Bank

bankwithunited.com

## CHURCH

**Glade Community Church**  
www.gladec.com

## CIGARS, CRAFT BEER, WINE

**Tobacco Town & The Cigar Lodge**  
(304) 254-0500  
www.tobaccotownwv.com

## CLEANING-RESIDENTIAL/COMMERCIAL

**Bare Necessities Cleaning, LLC**  
(304) 553-8440

## CLEANING/PRESSURE WASHING

**Ernesto's Pressure Washing & Roof Cleaning**  
(304) 860-8262  
facebook.com/ernestospresurewashing

## COMMERCIAL HEATING AND AIR CONDITIONING

**Pennington Plumbing & Heating, Inc.**  
**Eric Mahaffey**  
(304) 252-7529

## COMPUTER & CELL PHONE REPAIR

**Compute One**  
**Chase Cappellari**  
(304) 250-4552  
www.computeone.net

## CONSTRUCTION

**ECCO - Empire Construction Co.**  
(304) 431-1952  
www.ecco1.com

## CONSULTING SERVICES

**Compliance**  
(681) 238-5732  
compliancewv.com

## CREMATION/FUNERAL SERVICE/PETS

**Melton Mortuary & Cremation Center**  
(304) 253-8100  
meltonmortuary.com

## DENTAL CARE

**Liberty Dental Center**  
(681) 207-7063  
www.libertydentalcenters.com

## Shady Spring Dental Care

(304) 763-4665  
www.shadyspringdentalcare.com

## FINANCIAL SERVICES / RETIREMENT PLANNING

**Bill Kinder & Associates**  
(304) 250-0250  
www.billkinder.com

## FISHING & HUNTING SPECIALISTS

**PC Outdoors**  
(304) 466-1444  
pc-outdoors.com

## GARAGE DOORS SALES & SERVICES

**Appalachian Garage Doors**  
(304) 255-7100  
www.chiohd.com

## GARDEN CENTER/HARDSCAPE/LANDSCAPE

**Green River Garden Center**  
(304) 763-4551  
greenriverservicesinc.com

## GOLF

**West Virginia Golf Association**  
(304) 391-5000  
www.wvga.org

## GREENHOUSE

**Casto's Greenhouses**  
(304) 465-5774  
www.castosgreenhouses.com

## GROCERY STORE

**Cornerstone IGA**  
(304) 763-4003  
cornerstoneiga.com

## HAIR SALON

**Salon Slay**

## HEALTHCARE - PRIMARY CARE

**AccessHealth**  
(304) 252-8555  
www.accesshealthwv.com

## HEATING & COOLING/RESIDENT. & COMMERC.

**Appalachian Heating - Lennox - 26542**  
(304) 877-5566  
www.appheat.com

## HOME FURNISHINGS

**Wells Home Furnishings**  
(304) 343-3600  
www.wellshome.com

## HOSPITAL

**Raleigh General Hospital**  
(304) 256-4100  
www.raleighgeneral.com

## INSURANCE - AUTO - HOME

**Wickline Insurance Associates**  
(304) 252-1483  
wicklineinsurance.com

## INSURANCE - STATE FARM

**Tim Cyrus - State Farm Insurance**  
(304) 255-6917  
timcyrus.com

## INSURANCE/FINANCIAL SERVICES

**Tara Miller Allstate Insurance**  
(304) 929-5433  
agents.allstate.com/tara-miller-beckley-wv.html

## INVESTMENT ADVISOR

**Fruitful Advisors, LLC**  
(304) 910-8994  
www.fruitfuladvisors.com

## LANDSCAPE & HARDSCAPE, DESIGN & BUILD

**Aspen Corporation**  
(304) 763-4573  
www.aspen-golf.com www.aspen-landscaping.com

## LAWN CARE & PEST CONTROL

**Aspen Corporation**  
(304) 763-4573  
www.aspen-golf.com www.aspen-landscaping.com

## LOCKSMITH

**Van Dyke Lock & Key**  
**Shannon Van Dyke**  
(304) 222-0434  
www.wvlockandkey.com

## MEDICAL SPA

**Imagine Medispa**  
(681) 238-6493  
imaginemedispas.com

## MEDICAL SPA/COSMETIC SURGERY

**Mountain State ENT & Healing Springs Medical Spa**  
(304) 255-0330  
www.cosmeticsurgerywv.com

## MEDICAL WEIGHT LOSS/BIOTE

**InShapeWV**  
(681) 238-5258  
www.inshapewv.com

## MENTAL HEALTH SERVICES

**Appalachian Psychiatric Services**  
(303) 252-4433

## MORTGAGES

**Mars Bank**  
**Megan Legursky**  
(304) 222-1114  
www.mars.bank

## PrimeLending

(304) 699-3017  
www.lo.primelending.com

## NUTRITION CLUB

**Beckley Blend**  
(681) 238-5101  
facebook.combeckleyblend

## ORAL & MAXILLOFACIAL SURGERY

**TKR Oral & Maxillofacial Surgeons**  
**Krstal Thompson**  
(681) 207-3959

## ORTHOPEDIC SURGEON

**West Virginia Orthopedic Trauma**  
(304) 410-0061  
wvotonline.com

## PEDIATRICIAN

**Rainbow Pediatrics**  
**Dr. John Fernald**  
(304) 250-0150  
www.rainbowpediatricswv.com

**SAFE.SOUND.  
SECURE.  
SINCE 1839.**

In 1839, United Bank established a banking tradition dedicated to providing excellence in service to the people and communities we serve. By executing our mission, United brings economic strength and an improved quality of life to the communities we serve. We are West Virginia's Bank.

**UNITED BANK**

BankWithUnited.com | Member FDIC



**PEST CONTROL & LAWN CARE**  
Whitman Exterminating Company  
(304) 253-3331

**PHARMACY**  
Shady Spring Pharmacy  
(681) 207-3822  
www.shadyspringpharmacy.com

**PHOTOGRAPHY**  
Karen Akers Photography  
(304) 573-0516  
www.karenakersphotography.zenfolio.com

**PHYSICAL THERAPY**  
Performance Physical Therapy & Rehabilitation  
(304) 237-5585  
www.performanceptwv.com

**PODIATRY / FOOT & ANKLE**  
Beckley Foot & Ankle Clinic  
Dr. Scott Berneburg  
(304) 253-9895  
beckleyfootandankle.com

**PRIMARY CARE PHYSICIAN**  
Beckley Internal Medicine  
Elizabeth Nelson, M.D.  
(304) 317-6095  
www.beckleyinternalmedicine.com

**REAL ESTATE / APPRAISAL**  
Zaferatos Real Estate/Appraisal  
(304) 929-0972

**REALTOR®**  
Altruist Realty Group - David & Cyndie Chinn  
(304) 575-0838  
www.buyingandsellingwv.com

**WV Mountaineer Real Estate**  
Kenny Bryant  
(304) 254-9898  
www.kennybryant.com

**RESTAURANTS**  
Chick-fil-A  
(304) 228-1106

**ROOFING CONTRACTOR**  
Frye Roofing, Inc.  
(304) 327-5314  
fryeroofing.com

**STONE MASONRY**  
Vintage Stone  
(304) 466-3077  
www.vintagestonewv.com

**TITLE & CLOSING SERVICES**  
BesTitle  
(304) 860-1106  
www.bestitle.com

**TREE SERVICES**  
Clay's Tree Service  
Gary Clay  
(304) 255-5636  
www.claystreeandroofing.com

**UROLOGY**  
Advanced Urology - Dr. L. Faith Payne  
(304) 552-0521  
raleighgeneral.com

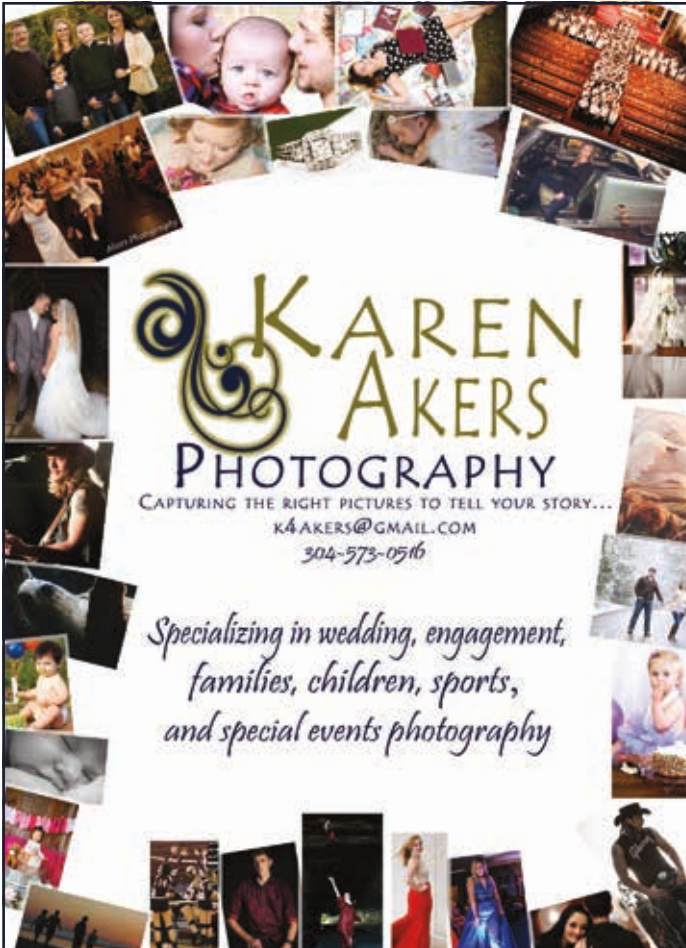
**UTILITY TRAILERS**  
Top Notch Trailers  
Bethany Barber  
(304) 923-9800  
facebook.com/topnotchtrailers1



**Kenzie's Kakes & COFFEE**



kenzieskakes.com | (304) 890-7229  
496 Ritter Dr. | Beaver, WV 25813



**KAREN AKERS PHOTOGRAPHY**  
CAPTURING THE RIGHT PICTURES TO TELL YOUR STORY...  
K4AKERS@GMAIL.COM  
304-573-0516

*Specializing in wedding, engagement, families, children, sports, and special events photography*



**RD**  
**Robert Dunlap & Associates**

*Practice made Perfect.*

304-255-4762  
RobertDunlapEsquire.com

**Happy Mother's Day!**



Contact the #1 ranked company in sales volume for 2022 at \$47+ million with 322 transactions.

**WV MOUNTAINEER REAL ESTATE**  
*Take Me Home*

Kenny Bryant, Broker | 304-640-4100 | 1406 Harper Rd. Beckley, WV 25801 | 304-254-9898





**Ernesto's Pressure Washing & Roof Cleaning Service LLC**

**Residential & Commercial Pressure & Soft Washing**

- Driveways
- Brick
- Walkways
- Fences
- Roofs
- Parking Lots
- Siding
- Vinyl
- Gutter
- Deck

**304-731-9002**  
**304-860-8262**

Facebook.com/@ernestospresurewashing

# Appalachian Psychiatric Services

*A Safe harbor in an Emotional Storm*

Adult, Geriatric and Adolescent, Addiction, Psychiatry Counselling, Independent Psychiatric Evaluation



**AHMED D. FAHEEM, M.D., D.L.F.A.P.A., M.R.C., - Psych (U.K.)**



**SAFIULLAH SYED, M.D., Diplomate American Board of Psychiatry and Neurology**

**(304) 252-4433**

1014 JOHNSTOWN RD., BECKLEY, WV 25801

## CONTRIBUTORS

### Your Stroll Glade Springs Village Team



**BOB COBURN**  
Area Director  
bob.coburn@n2pub.com  
(304) 860-0099



**ED "COACH" MCCALL**  
Resident Writer  
aemccall01@suddenlink.net



**KATRINA MAILLOUX**  
Resident Writer  
ptkmailloux@comcast.net



**SOMALIA NELSON**  
Junior Writer



**KAREN AKERS**  
Photographer  
k4akers@gmail.com



**WHITNEY CAPPELLARI**  
Resident Writer



**KEYA GARG**  
Ad Coordinator  
Keya.garg@n2pub.com



**NANCY KEATLEY**  
Resident Editor/Writer  
nkeatley@yahoo.com



**Your home for Cosmetic Surgery in Southern West Virginia**

*Surgical Procedures | Injectables | Laser Services | Cool Sculpting*  
*Facial Services | Hair Replacement | Massage | Nails*

**Dr. A. James Paine, Jr. | CosmeticSurgeryWV.com**  
**MOUNTAIN STATE COSMETIC SURGERY & HEALING SPRINGS MEDICAL SPA**



**Beckley Internal Medicine**

Primary Care & Women's Health  
Elizabeth Thompson Nelson, M.D.

**(304) 317-6095 • beckleyinternalmedicine.com**  
2401 S. Kanawha St. Suite #100 Beckley, WV 25801

**OFFERING BiOTE™**  
**Lipo B and Weight Management**



# MAY FLOWERS!

Welcome to the May 2023 issue of Stroll Glade Springs Village! This is our 60th publication since we have been in existence! Hard to believe. We've had a name change, upgrades to the paper quality and layout as well as better resolution of pictures. But a couple things have not changed like sharing our great resident's stories as well as their children, pets, recipes and homes! We live in an incredible community and we are proud to be a small part of us all getting to know each other better and sharing our lives with each other. This would never be possible without the support of our

over 70 sponsors who work tirelessly to provide us with expert products and services to make our lives so much better! We THANK YOU!

We are looking forward to the great month of May and all the wonderful amenities it brings. Such as flowers (see this month's Sponsor Spotlight on Casto's Greenhouses), Mother's Day, Armed Forces Day, the Kentucky Derby, Memorial Day and High School and College Graduations! We are looking forward to honoring our resident graduates in next month's June issue!

Thank you for the past 5 years of love for our community publication.

We look forward to a great sixth year and featuring your family and friends! We always appreciate and look forward to your recommendations for each of our features.



*Bob Coburn*  
Area Director  
The N2 Company  
(304)860-0099  
Bob.coburn@n2co.com

**HighER Level of Heart Care**

ACCREDITED  
AMERICAN COLLEGE OF CARDIOLOGY  
CHEST PAIN CENTER  
PRIMARY PCI

**RGH** Raleigh General Hospital

RaleighGeneral.com

Mom,  
HAPPY MOTHER'S DAY

AccessHealth

## Daniels Health Center

PRIMARY CARE & PHARMACY

Kimberly Ballard, DO / Zachary Halsey, DO  
Tiffany Thymius, DO / Rebecca Dilly, FNP  
Christina Whitt, FNP

SOUTHERN WEST VIRGINIA'S  
PREMIER HEALTH CENTER

**(304) 252-8551**

2157 Ritter Dr  
Daniels, WV 25832

www.accesshealthwv.com

Green River Landscaping

Visit our Garden Center for Great Mother's Day gifts!

- Hanging Baskets
- Annuals • Perennials
- Shrubs • Trees
- Gift Certificates

- Residential & Commercial Landscape Services
- Full-Service Garden Center
- Locally owned & operated
- Serving Southern WV since 1997
- Fully licensed & insured
- Professional & Reliable



- Landscape Design, Installation & Maintenance
- Hardscape
- Lighting
- Fencing
- Lawn Applications
- Hydroseeding
- Aeration
- Drainage
- Lawn Maintenance



1959 Ritter Dr. | Daniels, WV 25832  
304-763-4551 | greenriverservicesinc.com



# 2023 GSVPOA GOLF CALENDAR



DATE	COURSE(S)	EVENT	CHAIRMAN
Saturday, April 1, 2023	WH	Woodhaven Opens	
Wednesday, April 26, 2023	SH	Women golf kickoff for all Women POA members - 9 hole Shotgun 4pm ?	Jan Allen
Saturday, June 3, 2023	WH	12 Hole mixed-up scramble 4pm Shotgun Start	TBA
Monday, June 12, 2023	WH	Ladies 4 pm Shotgun/Clinic at 3 pm	TBA
Thursday, June 22, 2023	SH	GSWGA Invitational 9am Shotgun	Anna Kinker
Friday June ?	WH	Friday's at WH 4pm Shotgun	TBA
Saturday, July 8, 2023	SH	Member-Member Tee Times	John Callender/ Clayton Terry
Sunday, July 9, 2023	WH	Member-Member Tee Times	John Callender/ Clayton Terry
Friday July ?	WH	Friday's at WH 4pm Shotgun	TBA
Saturday, August 12, 2023	SH	POA Club Championship	Pat Sterrett/ Bob Coburn/Jan Allen
Sunday, August 13, 2023	WH	POA Club Championship	Pat Sterrett/ Bob Coburn/Jan Allen
Friday August ?	WH	Friday's at WH 4pm Shotgun	TBA
Friday September ?	WH	Friday's at WH 4pm Shotgun	TBA
Monday, October 31, 2022	WH	Woodhaven Closes	
<b>OUTSIDE EVENTS</b>			
Friday-Sunday March 18-20, RESORT 2023 Univ Chas	SH (RS)	University of Charleston College Tournament w/ Cobb (SH Closed Saturday/Sunday during event)	
Saturday/Sunday April 15-16, 2023	WH	WVGA 2man Scramble 10am SG (2 Day)	WVGA
Thursday, April 27, 2023	WH	WVGA Senior Series 10am SG	WVGA
Thursday, May 11, 2023	SH (RS)	TC Energy	RESORT
Friday, May 19, 2023	WH	WVU Tech Hall of Fame Classic - 1pm SG	Jen Brown
Friday, June 2, 2023	WH	Young Life RC Classic - 1pm SG	Logan Brown
Tuesday, June 6, 2023	SH (RS)	Bunkers Open/Chamber of Commerce 10am SG??	RESORT
Friday, June 9, 2023	WH	Crimestoppers 10am SG	TBD
TBD	SH (RS)	Mountain State Classic w/Cobb	Mike Mays/Ryan Neal
TBD	WH	Federal Corrections 9AM SG	TBD
Friday, July 21, 2023	SH	WVGA AM Tour 9am SG	WVGA
Saturday/Sunday July 22-23, 2023	SH (RS)	WVGA Parent-Child w/Cobb	WVGA
Friday, August 18, 2023	WH	Just for Kids Charity - 1pm SG	Marcy Nolan/ Rick and Stoya Lay Justin Keaton
Saturday/Sunday August 19-20, 2022	SH/WH	Am Golf Tour---SH 1pm TT 08/20 WH-10am TT 08/21	
TBD	WH	WVU Tech- Ed Robinson 1PM SG	Paul Mattox

**AERIFICATION DATES:**

Stonehaven | 5/15-18/2023 | 08/21-24/2023  
Woodhaven | 05/2-5/2023 | 09/5-8/2023

## FRIDAY MORNING GOLF SCRAMBLE

Friday Morning Scrambles starting the last week of April and continues through the golf season.

Open to all POA members | \$5 entry fee of which \$1 is donated to Carpenters Corner | Scramble Format- 18 holes Sign up weekly at the Woodhaven clubhouse or Stonehaven Starter Building

**FOR MORE INFORMATION:**

Dick Schambach 276-698-4359, rgschamb@gmail.com or Dave Gruver 304-763-0609, dagruver@frontier.com



**PIONEER**  
COMMUNITY BANK

**True Community Bank.  
Proudly West Virginian.**

FDIC



Here, you'll find  
**MODERN LUXURY** *for everyone.*

- Laser Hair Removal starting at \$199
- 30% Off PDO Threads
- Custom IV Nutrition Plans
- Collagen Induction Therapy
- PRF Hair Restoration
- Payment Plans Available!

Memberships save you even more -  
 Get our best deal on your customized plan!

**HARVEY**  
 Aesthetics & Wellness  
 103 Beckley Plaza, Beckley, WV

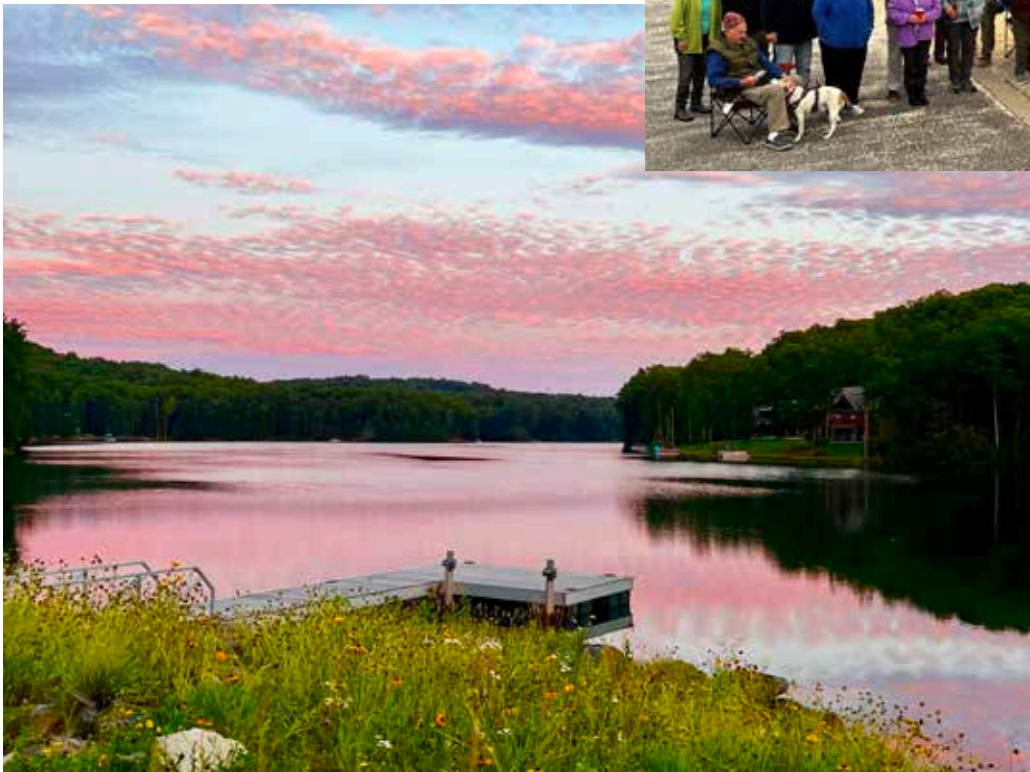
Full-Service Med Spa | Injectables | Skin Care | IV Nutrition  
 PRF Hair Restoration | Laser Treatments & More!

harveyaesthetics.com | 304.527.8887

*Scan to Book!*



# DAM SOCIAL



The ever popular Dam Socials will begin in April and continue through October. The First Dam Social will be held on Wednesday, April 5 @ 5 PM. Join us at the parking lot by Chatham Lake and catch up with your neighbors. Feel free to bring a snack to share, but it is not required. Dam Socials are scheduled for the first Wednesday of each month from April through October. All residents are welcome. Contact Betty or John Callender for more information.

Have us build your dream rifle today!



**FD**  
 FOLEY  
 DEFENSE

2563 Ritter Drive  
 Shady Spring, WV 25918  
 sales@foleydefense.com  
 304-673-3233

@ FOLEYDEFENSE

WWW.FOLEYDEFENSE.COM

We've got **you.**

There's nothing more natural than wanting to safeguard what's yours. Westfield offers a wide selection of coverage that does just that.



**WESTFIELD**

**Westfield Home and Auto**  
 Enhanced Coverage Options | One Deductible | 96% Claims Satisfaction

304-252-1483  
 wicklineinsurance.com **WICKLINE INSURANCE ASSOCIATES**



# the MUSCARIS

BY NANCY KEATLEY • PHOTOS BY KAREN AKERS

Meeting people who have chosen to live in this neighborhood is always interesting for the writer and hopefully for the reader as well. As mentioned before, at first glance, it would seem that most residents are retired and come here for the golf and other amenities. Dr. Kyle and Taylor Muscari and 6-month-old son, Graham Michael along with many other young couples are living proof that this is not necessarily the case. In fact, Kyle says, “we love Glade Springs.”

Familiarity with the development was one thing that attracted Kyle to Glade. He grew up in Pineville, but his parents had been members here for years. After graduation from Wyoming East High School, he went on to WVU and then West Virginia School of Osteopathic Medicine, and now practices Family Medicine with Access Health in Beckley.

Taylor grew up in Raleigh County, graduating from Independence High School. She then earned her Bachelors’ degree in Elementary Education from Concord University and her Master’s in Special Ed, also from Concord. When asked what led her into teaching, Taylor said that her mother was



she likes “skiing and anything outdoors.” Now they love spending time with Graham and Golden Retriever, Jaxx, visiting with family and friends and just taking advantage of all that Glade Springs has to offer. Kyle also echoed Taylor’s sentiment – “I love my chosen profession, but there is nothing like being a parent.”

If you know of a great family in the neighborhood please contact Bob Coburn at bob.coburn@n2pub.com

a Special Ed teacher, and “I always looked up to her.” Taylor teaches 4th grade at Ridgeview Elementary School but is currently on maternity leave. She says, “I love teaching, but love being a mom more.”

Kyle had been living at Hilltop Villas since 2013, was single, and apparently one of his associates at Access Health said, “you need to meet my niece.” Taylor’s aunt introduced them, the rest is history, and they were married in June 2019. While living at Hilltop, they purchased a lot on Lake Chatham, but like everyone else at that time, discovered that finding materials and building would be a slow process. As seems to be the case, things worked out in their favor, when 2 years later, they were able to purchase the lot right next to theirs and built their home at 265 Richard Lane. They particularly like that both sets of grandparents are close by and can spend quality time with Graham.

Before Graham was born, Kyle and Taylor, who both love to travel, made some exciting trips to Bora Bora, Turks and Caicos, and several skiing trips to Colorado. They are big WVU fans, Kyle plays golf, and Taylor says



## LET MEGAN CONSTRUCT YOUR MORTGAGE SOLUTION

Megan can help simplify your mortgage process - whether a purchase, refinance, or new construction. A resident of Glade Springs, Megan is hands on to help you finance an existing or new home.

### CONTACT MEGAN LEGURSKY

- MORTGAGE AND REFINANCE
- EASY PROCESS
- FAST TURNAROUND
- ONE-CLOSE CONSTRUCTION FINANCING
- \$500 FIRST TIME HOMEBUYER CREDITS AVAILABLE
- LOCAL OFFICE IN BECKLEY

**Megan Legursky**  
Vice President  
Mortgage Lending  
304.222.1114 (Cell)  
mlegursky@marsbank.com  
www.mars.bank/mlegursky/  
NMLS 1595272







# MAX PHILLIPS

MAXimizing your potential

BY SOMALIA NELSON

This young, talented student stands out like no other. Max is the son of Jacquie and Jonathan Phillips. He's a singer, songwriter, and actor and always maintains a 4.0 GPA. He has a four-year-old sister, Beatrice, who looks up to him. Max has great leadership skills in both the classroom and when performing music with his band.

Max is a freshman at Shady Spring High School. His favorite subject in school is English, which is what he likes most about school. He is very bright and disciplined, taking all honors classes and never getting a B on a report card. Max excels in writing, and last year, Max won the young writer's contest for the county.

At the age of fifteen, Max has many outstanding hobbies. He is in a band called Seeking Altitude. He and his friends started their band at the beginning of 2022. They play alternative rock, and he's the lead singer as well as the songwriter. Their band already has one song out on Spotify and Apple music, and they have an EP coming out this spring. On the thirty-first of March, they are releasing a song called Purified Poison. His favorite singers are Nirvana, Lana del Ray, and Taylor Swift. He's seen Crumb, Benee, and Taylor Swift all in concert, and he plans to see Taylor Swift perform in April in Tampa.

When asked how long he's been singing, Max said, "Pretty much my whole life; as soon as I could talk I was singing." He's performed in a lot of musical



playing in Beckley at different festivals. He would also love to get involved in some more shows. Max is a great kid, who lives his life to the fullest and has a great future ahead of him. Don't forget to look out for his band, Seeking Altitude, as they perform live this summer!



If you know a great kid or kids in the neighborhood please contact Bob Coburn at bob.coburn@n2pub.com



theater in Grandview at Theatre West Virginia. He finds his singing inspiration from his favorite singers and their vocal techniques. He acts in commercials, plays, and musical theater. So far, his favorite role is Tarzan. He loves getting the opportunity to learn from other actors. Tapping into other characters and being able to be someone else is what he likes most about acting. He also enjoys watching movies, as he is influenced by their performances.

Having skied for most of his life, he often goes to Winterplace and Snowshoe with his family. He is an avid reader and writer. His favorite genre of books is crime/mystery. He enjoys spending time with his dog, Aza, a Rhodesian Ridgeback, and his turtle, Shelby. He loves traveling, especially to the beach, his favorite place to go for vacation. In his free time, he enjoys playing the acoustic and electric guitar.

Max is very passionate about music and acting and wants to pursue the arts when he graduates from high school. This summer, Max plans to act in Theatre West Virginia and go on a mini tour with his band,

**RAINBOW PEDIATRICS**

**JOHN P. FERNALD, M.D.**

**ACCEPTING NEW PATIENTS**

**304/250-0150**

**354 Commerce Drive**

**Beaver, WV 25813**

**Rainbowpediatricswv.com**



# DWIGHT SMITH

Ready golf!

BY ED MCCALL • PHOTOS BY KAREN AKERS



The spoken word doesn't last as long as the written word. The written word lingers long after it is used to wrap up old fish, tossed into the garbage bin, or stored at the bottom of the

magazine basket. Even in this age of tic toc videos, Instagram messaging, and cell phone texting, I am sometimes hesitant when asked to write a piece about someone I consider a good friend. I worry about subjectivity gaining the upper hand on objectivity, and then there is always the possibility that my acerbic wit might offend. Such was my concern when Stroll publisher Bob Coburn suggested we do a piece on our friend Dwight Smith, or as we both affectionately sometimes refer to him "The Hair."

If you have ever had the pleasure of playing a round of golf with Dwight Smith and his merry band of golf buddies, you will understand that each time I see these guys zipping around one of our courses I conjure up images of Spanky and Our Gang. If

you aren't old enough to remember this cast of children from the early days of black and white tv, go to Youtube and meet a group of young miscreants so ornery and fun-loving that they continually walked the razor's edge between good fun and acceptable behavior and having to cut a switch for their own punishment. Smith's motley crew of linksters usually consists of Doug Amstberg, Bob Butsch, Steve Mahoney, Dave Pack, Pat Starrett, and occasionally a straggler like me or Coburn.

Thin skinned golfers need not tee off with this rambunctious group. The needling starts on the practice green and doesn't relent until the final putt is holed. Certain protocols govern play, chief among them is ready golf. You had better be ready to hit your shot when it is your turn or even before that! These boys are going to finish their round in less than 4 hours, in fact 3 hours or 3.5 is the goal, whether they're playing a foursome, fivesome, or more. All are accomplished golfers. Some days they play better than others, but even when they play poorly, they play fast. If you need complete quiet before hitting a shot, you are in the wrong company. The ability to stay focused is paramount because laughter, jokes, and stories are

constant, sometimes even in mid-swing, but never with the goal of making you hit a poor shot. They're just entertaining themselves.

The game's traditions and codes of behavior are safe in this group. It's all good and no one gets upset or takes anything personally. It's just part of the fun and pace. It isn't unusual to hear the click of 3 well-struck iron shots all while drawing a single breath. Weather permitting, this group plays Woodhaven six days per week, but you will never see Smith don a toboggan or cap. His perfectly coiffed "do" has withstood snow, wind, rain, as well as sun. When Woodhaven is closed, they bring their merriment to Stonehaven.

While all take turns instigating the fun and the ribbing, Smith is chief among them when it comes to stewardship of the game and our courses. Divots are replaced, bunkers are raked, ball marks are repaired, all the while keeping up the pace of play. He came to golf as a young adult at the old Twin Oaks course (now Daniels Vineyards) in Crab Orchard playing with a set of clubs he purchased for \$50. When that course closed for good, he graduated to Grandview where he learned the responsibilities and skills of good golf from some of the better players in the area: Ira Lee, Jeff Davis, Wheel Thomas, Jimmy Jones, and Eddie Jenkins. Those competitive "cat" games at Grandview were conducted with honor and fierceness, teaching Smith to be a gentleman golfer, respectful of the rules and responsibilities of the game.

In those days the Grandview gang kept their skills sharp during the winter months with trips to Myrtle Beach, Santee, and Columbia, South Carolina. Many of the members of the group were government employees so their junkets were usually



scheduled around federal holidays, especially Presidents' Day. When it was too cold to play in Beckley, they'd head to "Little Miami," as they liked to call Willow Wood. "Hinton was always 10 degrees warmer than Beckley," he recently recalled. Smith has 6 aces in his career and believes he is the only person to have aced #9 at Grandview twice.



**PERFORMANCE** STRENGTH  
MOBILITY  
FUNCTION  
LIFE

**24/7 Physical Therapy and Fitness**

**24 HOUR GYM**

**DAILY FITNESS CLASSES INCLUDING  
YOGA · CARDIO SCULPT · CYCLING**

**PERFORMANCE**  
*Physical Therapy & Fitness*

**PT (304)237-5585 · Fitness (681)207-5059**



With so many memorable shots to his credit, Smith said his favorite came on #17 of the Cobb during the Justice Cup. He and partner Dave McClure came to the par 3 one down in their match vs a team from the Sporting Club and with the Glade Team one down overall in the matches. He aced the hardest par 3 on any of the Glade properties to help win the match and tie the Justice Cup.

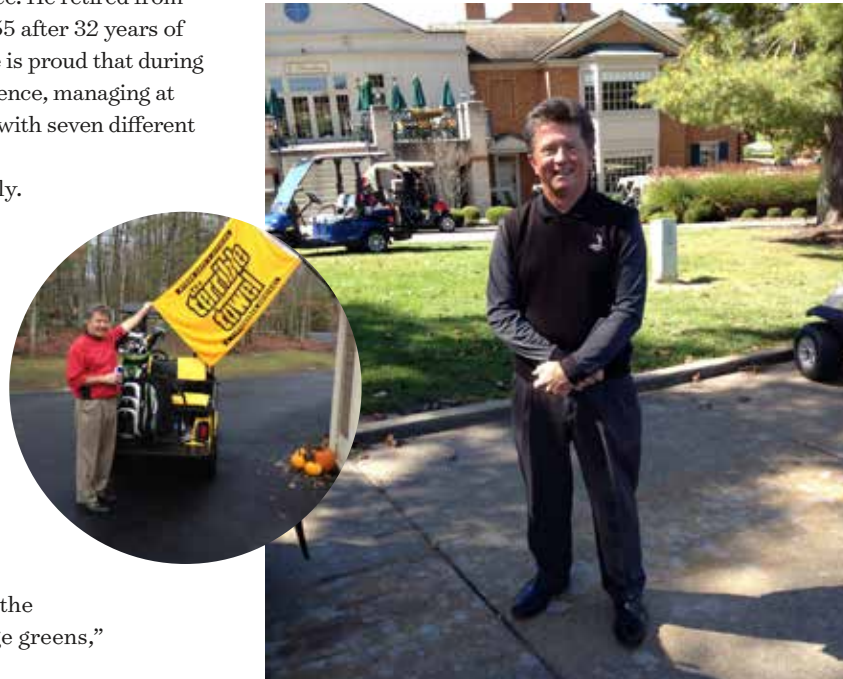
Smith attended Concord University where he majored in biology and math while lettering as a member of the Mountain Lions' bowling team. Today he is as adept on the lanes as he is on the links. After graduation, Smith, at the recommendation of his father, the postmaster in Smith's hometown of Sophia, took the civil service test. It turned out to be good advice. He retired from the United States Postal Service at the age of 55 after 32 years of service most of which was in management. He is proud that during that tenure he served 29 years without an absence, managing at times as many as 400 postal staff and dealing with seven different unions simultaneously.

Smith reflects on his career affectionately. "Folks forget that the USPS was founded as a service. It wasn't started as a business that needed to make a profit." After retirement from the USPS, he worked several years for his pal Dave McClure at Highland, now Apex Towers.

The two have put together numerous golf trips to Ireland and Scotland for friends. "Those courses are very beautiful and tough, but really we're spoiled here at Glade. Stonehaven is so beautiful, and Woodhaven is aesthetic as well and requires such precision. I still love the traditional design of the Cobb and those huge greens,"

he reflects. Among the gems he's played across the pond are Royal Port Rush, Royal County Downe, Carnoustie, Kings Barn, Royal Dornoch, and Troon.

It doesn't matter if Dwight Smith is teeing it up on a local nine-holer, one of Glade's three beauties, or on a world-famous golf property. You can bet there will be good golf played. The course and playing partners will be respected amid plenty of laughter. Most importantly ready golf will be played. The pace will be brisk, but not so fast as to rumple the hair.



If you know of or have an athlete in the family please contact Bob Coburn at bob.coburn@n2pub.com

**COMPLETE Tree Service**

**Satisfaction Guaranteed**

**Compensation Coverage**

**CLAY'S TREE SERVICE**

Free Estimates | Licensed & Insured | Trimming | Topping  
Pruning | Stump Removal | Landscaping | Firewood  
255-5636 | Beckley, WV | WV License 023659

**ZAFERATOS**  
Real Estate and Appraisal Services  
*It's a Great Move.*  
WWW.ZAFWV.COM  
103 Ramsey Ct. Beckley, WV 25801  
Jerry Zaferatos, Broker

Thinking of Buying or Selling Your Home?  
Contact us today! We're your neighbors with the care and guidance you deserve.

- Jerry & Kathy Zaferatos 304-573-5757
- Justin & Amy Fairchild 304-575-9690
- Bailey Lilly 304-266-7098
- Judy Nystrom 304-320-6276

We will take your precious memories and convert them to DVD & Flash Drive.

**ComputeOne**  
*One call does it all!*

If it has sound or video we can convert it.

**Celebrating our 14th year in business!**

Owned by Glade resident-Chase Cappellari

Call or TEXT 304-250-4552 for more information!  
info@computeone.net | www.computeone.net

**Frye Roofing, Inc.**  
*Professional Roofing For The Virginias Since 1900*

**RESIDENTIAL DEPARTMENT**  
LESS THAN 2% OF CONTRACTORS CAN WEAR THE GAF MASTER ELITE BADGE.

**COMMERCIAL DEPARTMENT**  
WITH OVER 857 PERFECT INSTALLATIONS, FRYE ROOFING IS A CARLISLE SYNTEC HALL OF FAME. "PERFECT 10" MEMBER. CURRENTLY RANKED IN THE TOP 1.8% OF APPROVED APPLICATORS: #56 IN THE COUNTRY

**Maintenance Repairs Replacement**

- EPDM
- TPO
- PVC
- Standing Seam Metal
- BUR (Built Up Roof)
- Slate • KEE
- Cedar
- Copper
- Shingles

2000 Princeton Ave Bluefield, WV 24701 | 304-327-5314 | FryeRoofing.com | info@fryeroofing.com | WV001003 VA 2701-016392-A





# THE CAPPELLARI RESIDENCE

BY WHITNEY CAPPELLARI

Located in the Paddocks section of Glade Springs, on hole #8 of the StoneHaven Golf Course sits 137 Hanworth Lane. The 4,500 square foot home is made noticeable by its unique wall of diamond shaped windows, visible from the golf course. The residence was designed by Dave and Linda Swanson and constructed by the illustrious builder Doug Lilly in 2005.

In addition to its opulent window feature wall, the property boasts twenty five (25) foot ceilings, an oversized dining room with built in shelving and an open floor plan. The master bedroom hosts

private access to the back deck and an oversized bathroom complete with heated travertine tile. In a way, the property is two (2) homes in one, with equal square footage both up and downstairs. So theoretically, one could live on a single level of the home if they wanted to.

In 2019 the property was acquired by Chase and Whitney Cappellari to make room for their growing family. "It was the perfect location at the end of a cul-de-sac, with a spacious backyard for the kids to play" says Whitney. Given the limited flow of traffic, and easy access to the front gate, the serene location was a no brainer for this family.

With five (5) bedrooms and three and a half (3.5) bathrooms spanning two (2) levels, the property boasts ample living and storage space. Something that definitely comes in handy when you have two (2) children age five (5) and under. When asked what his favorite part of the house was, Jonah Cappellari, age five (5), cites "EVERYTHING! There is lots of room for my toys." While, three (3) year old Reese enthusiastically declared, "my playroom!" But that's not all, the floor level of the also home



contains a seven hundred (700) square foot workshop—ideal for housing all the excess items a family can easily acquire over time.

In early 2021, The Cappellari family completed a remodel of the property's downstairs, modernizing and refreshing the rooms with new hardwood flooring, fresh paint and replacing the countertops with gorgeous mestizo marble. Landscaping services were also implemented by Hort Corture and Jim Monroe. So what's next for the property? "We love spending time outdoors, grilling out and entertaining on the deck," says Whitney. The couple plans on reconstructing the back deck to include a covered portion of the patio, hot tub and new railings.

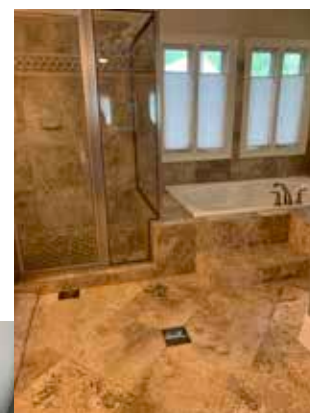
If you know of a great home in the community please contact Bob Coburn at bob.coburn@n2pub.com

**FRUITFUL ADVISORS**  
Registered Investment Advisor

**FINANCIAL PLANNING**  
**INVESTMENT MANAGEMENT**

PRINCIPAL  
**JAMES AKERS**  
Resident of Glade Springs

1.833.515.2637  
fruitfuladvisors.com



**Michelle Bare**  
OWNER | 304-553-8440

**BARE NECESSITIES CLEANING, LLC**

CHECK US OUT ON FACEBOOK

WV Licensed, Bonded and Insured  
Commercial and Residential Cleaning

**Good Hands®**  
Within arm's reach.

**Allstate**  
You're in good hands.

**Tara Miller**  
304-929-5433  
Beckley  
taramiller@allstate.com

Subject to terms, conditions and availability. © 2018 Allstate Insurance Co.

242244





# AROUND THE HOOD



**We would love for you to join us  
Sundays 10 am**

*We would love for you to join us!!*

# Glade Community Church

We are a non denomination church seeking to live out the Great Commandment and the Great Commission

God loves you and has a purpose and a plan for your life  
We would love for you to join us for church any Sunday at 10AM

**Watch Live Services at [gladec.org](http://gladec.org)**



# THE SHIH TZU TWO!

Chad & Dodger!

BY BOB COBURN



Chad and Dodger, Shih Tzu brothers and sons of Sherri Morgan are 14 year old love bugs on Dogwood Court! They came to town from Richmond, Va. as Sherri was bored in a Dayton, Oh. hotel during a snow storm while supporting her sons, Jared and Jordan in travel soccer. Sherri hopped on



independent minded one with Chad being more of the attached to the hip type.

They also love their scrambled eggs in the morning and will sit at your feet in great anticipation!

One of their favorite times of day is bed time and upon announcement of this cherished hour they will race to the bedroom like thoroughbred horses and wait to be airlifted to maximum comfort. Quite the life.

So, when you're in the area, stop by to meet these cuties and you'll be greeted at the door by loving Shih Tzus who will be smiling in spite of their favorite toy sticking out of their mouths!



If you know of a great pet in the community please contact Bob Coburn at bob.coburn@n2pub.com

7295 Beech Run Road  
Nimitz, WV 25978  
(304) 466-0251  
[nrahpets.com](http://nrahpets.com)

Dr. Connie Hyler-Both • Dr. Sarah Koressel

- Wellness Care
- Senior Care
- Pharmacy
- Laser Therapy
- Surgery
- X-ray
- Dental
- Grooming
- Boarding
- Acupuncture
- Ultrasound



her computer and that was the end of that! Cabo was already a Shih Tzu household member at the time and is credited with their training and development!

Speaking of travel, these rascals LOVE to go and frequent New Smyrna Beach, Fl. To visit Sherri's Father, Jerry Link, formally of Beckley and Knoxville, Tn. to visit Sherri's Daughter, Caitlin. They love rides in the golf cart and basically go anywhere and everywhere you want to go. They love people and aren't afraid of anything. Well, Dodger more so than Chad on the afraid part! They also love the sun and lay in the middle of the road to soak up the rays. They are also fond of visiting next door neighbor Mr. Richard Terry.

They are cheese eaters and will fight you for popcorn at every opportunity. Dodger can't hear, with the exception of someone opening a cheese wrapper, which can be heard from miles away. Dodger is the

## Uninvited Guests? CALL THE BEST!

- Pest Control
- Termites
- Specialty Treatments
- Retaining Walls
- Lawn Care
- Maintenance

**WHITMAN EXTERMINATING CO.** & Lawn Care

# 304-253-3331

[www.whitmanexterminating.com](http://www.whitmanexterminating.com)

**BESTTITLE** WV | OH | KY  
TITLE AGENCY

Attorney-Managed  
**Trusted Title Partner for Lenders, Realtors, and Neighbors**

We take pride in playing a role in such momentous life occasions for our clients. It's the mark of a new adventure, not just a financial transaction.

BesTitle, Beckley Office  
101 Sunset Drive  
Beckley, WV 25801  
304.860.1106  
[www.besttitle.com](http://www.besttitle.com)

Serving Ohio, West Virginia, and Kentucky

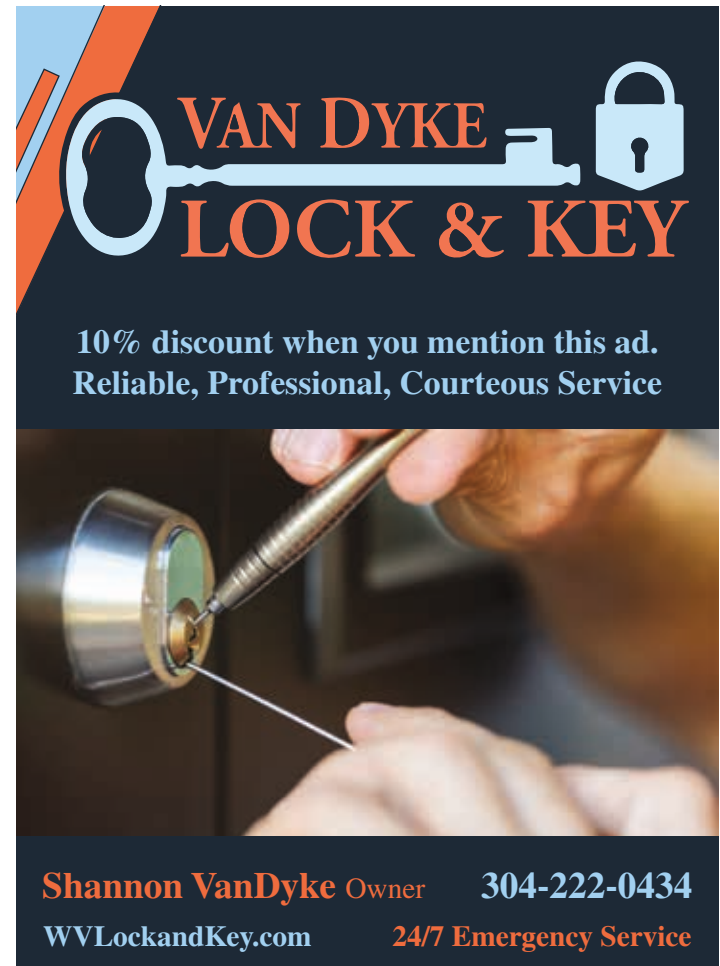




**Casto's Greenhouses** WHERE ALL PLANTS ARE GROWN WITH T.L.C.

Variety of  
*hanging baskets and planters*  
 unique combination designs  
*flowers and vegetable plants*  
 and much more

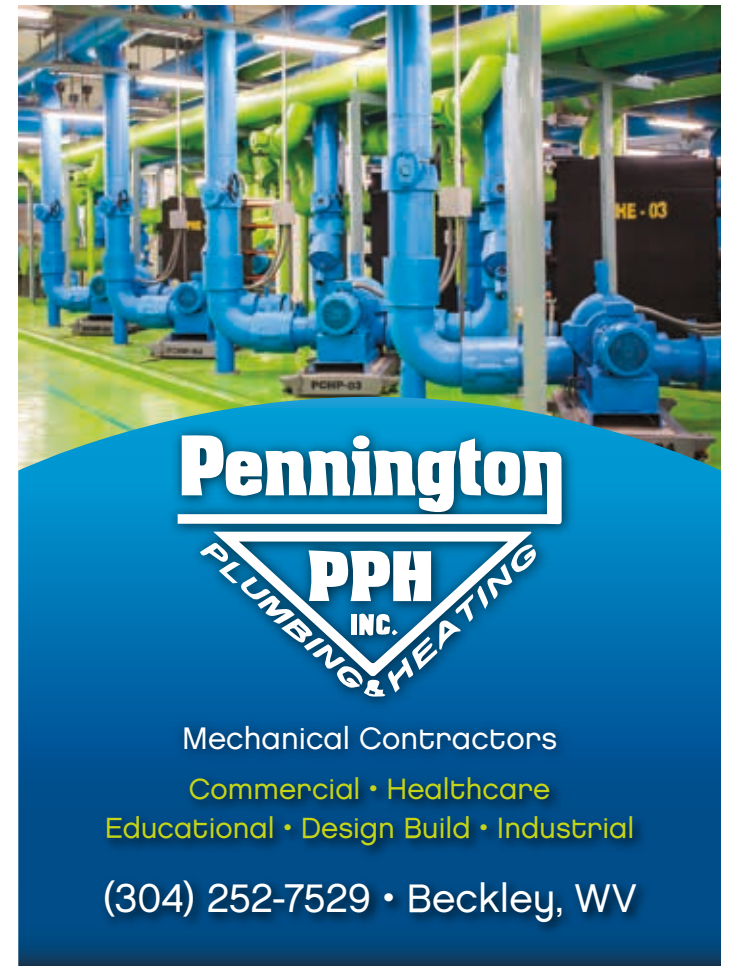
**OPEN APRIL 15TH 7 DAYS A WEEK • (304)465-5774**  
 Coming from Beckley take the Summerlee Road exit in Oak Hill, turn left, 1 mile from exit



**VAN DYKE LOCK & KEY**

10% discount when you mention this ad.  
 Reliable, Professional, Courteous Service

**Shannon VanDyke** Owner 304-222-0434  
 WVLockandKey.com 24/7 Emergency Service



**Pennington**  
**PPH**  
 INC.  
 PLUMBING & HEATING

Mechanical Contractors  
 Commercial • Healthcare  
 Educational • Design Build • Industrial

(304) 252-7529 • Beckley, WV




**Cigar Lounge**  
**Premium Cigars**  
**Craft Beer**  
**Fine Wine**

**All things tobacco!**  
**702 Ritter Drive, Beaver**



**PC OUTDOORS**

**(304) 466-1444**  
 1427 ROBERT C. BYRD DR. CRAB ORCHARD, WV 25827



**The Art of Landscaping**

Aspen offers **full-service landscape** services to residential and commercial customers throughout

[www.aspen-landscaping.com](http://www.aspen-landscaping.com)

- Design • Installation • Hardscape •
- Lawn Applications • Seeding • Aeration •
- Excavation • Drainage •
- Lot Clearance • Maintenance •

Locally owned, serving the area for over 40 years!

(304) 763-4573  
 "One Call Does It All"™

**ASPEN CORPORATION**





# THE N2 COMPANY

BY BOB COBURN

Fighting the world's greatest injustices

Although The N2 Company is technically not a Glade Springs resident, they might as well be. They are the franchise/home office company behind this publication as well as approximately 1,000 more like Stroll Glade Springs Village, across the country. Why is that important? Glad you asked. Because The N2 company is making a significant difference and impact in the fight of human trafficking through

donations to this amazing organization. A portion of ALL ads in this publication go toward fighting human trafficking. Worldwide impact.

The N2 Company is one of the major partners of Love Justice International. Love Justice International is a major player in stopping human trafficking as the crime occurs as well as collecting valuable data to assisting in arrests, (1,200 since February of 23) and convictions. (32% at this writing)

Some other shocking statistics regarding the volume of this evil activity is that in 2022, 8,061 people were intercepted from being trafficked due to this effort and 212 orphaned and abandoned children were fully provided for in Love Justice family homes.

These amazing results happened due to approximately 80 "monitors" who stand at the most strategic places at the most important moments of a person's life...the moment between freedom and slavery.

Love Justice International was started in 2004. Their mission is "Sharing the love of Jesus Christ by fighting the world's greatest injustices." You can learn more by checking out their website at lovejustice.ngo and make a donation.

Another way to support this fight against humanity is by supporting our ad sponsors who work hard to serve us with their professional products and services. Thank you in advance for your support of this great cause.

If you know someone whos is Making A Difference in the community, please contact Bob Coburn at bob.coburn@n2pub.com

PARKERSBURG LEWISBURG HUNTINGTON CHARLESTON TEAYS VALLEY MORGANTOWN BECKLEY KANAWHA BLVD PRINCETON MARIETTA, OH

**PrimeLending**

Home Loans Made Simple.

RENOVATION CONVENTIONAL FHA VA USDA JUMBO

APPLY NOW!

All loans subject to credit approval. Rates and fees subject to change.  
 ©2023 PrimeLending, a PlainsCapital Company (PrimeLending). (NMLS: 13649) Equal Housing Lender. PrimeLending WV lender license ML31704 and broker license MB-31703. v010918

**Liberty Dental Center**  
 General and Cosmetic Dentistry  
 Denture Lab Onsite

.....  
 Initial exam and consultation is NO CHARGE to you.  
 Providers for most insurances.  
 Dentures as low as \$350.  
 Same-day dentures and repairs available.  
 Visit us on Facebook and our website to see how we treat our patients.  
 .....  
[libertydentalcenters.com](http://libertydentalcenters.com)  
 102 Galleria Plaza, Beckley, WV

Your Comfort is Very Important to Us. | (681) 207- 7063

**Chick-fil-A Catering**

.....

proudly sponsors  
 Glade Living's segment  
**"MAKING A DIFFERENCE"**

We honor those who show love to our community by giving of their time and talents.

.....

**Crossroads Mall — Beckley Galleria  
 Harper Road**  
[www.cfabeckley.com](http://www.cfabeckley.com)

**ECCO**  
 EMPIRE CONSTRUCTION CO.  
 304-960-0283  
[WWW.ECCO1.COM](http://WWW.ECCO1.COM)

CONSTRUCTION ~ CONCRETE ~ DEMOLITION  
 EXCAVATION ~ COMPLETE SITE & PROPERTY MANAGEMENT



# Greek Marinated Grilled Lamb Chops

SUBMITTED BY KRISTINA KILLEN

## LAMB CHOPS

- 3 racks of lamb chop ( usually I just get one rack at Sam's and it will serve three people comfortably)
- 1/2 cup olive oil
- Three minced cloves garlic
- 1 teaspoon of Dijon mustard
- 2 tablespoons of fresh chopped parsley
- 2 tablespoons fresh thyme
- Juice from half a lemon
- 2 teaspoons fresh ground pepper
- Salt and fresh ground pepper
- Dried oregano



purée or mashed potatoes. In the picture I made a pea and leek risotto which was also well paired.

Use a shallow glass baking dish, add all the marinade ingredients (olive oil, garlic, mustard, parsley, thyme, lemon juice, and black pepper) and stir to blend or place in a ziplock bag to marinate. Make sure to reserve 1/3 of marinade for finishing the lamb chops. Marinade 2-4 hrs or overnight.

After you have marinated the lamb, bring out of the refrigerator and let come to room temperature. At this time season the lamb with salt.

Next Preheat the gas grill or charcoal grill to medium heat. Depending on thickness, grill your lamb chops for about 3 minutes on each side. Brush the remainder 1/3 marinade reserve onto lamb chops after grilling and then sprinkle with flour de seal and finish with some dried Greek oregano.

If you have a great recipe you would like to share please contact Bob Coburn at [bob.coburn@n2pub.com](mailto:bob.coburn@n2pub.com)

## INSTRUCTIONS

This is a perfect spring dish and easily prepared. I have also made some finishing salt to sprinkle on the lamb. I used a lemon finishing salt with these lamb chops. Simple to make: zest of 1 lemon and 1 cup fleur de sel. (Be careful not to over salt your meat). You will place this in a 200° oven on a sheet pan with parchment paper. Make sure you spread out the mixture evenly. Bake until the lemon is dried out. I will then put this in a spice grinder and grind to the consistency I like. You can add all kinds of things to your salts like thyme and rosemary. Simple and easy to do and so much less expensive than the ones you buy in the store and better tasting. You can use any kind of citrus for this salt recipe.

I will usually go ahead and break down the rack of lamb into chops and then marinate. A lot of times I will marinate overnight if time allows. You will want to cook your lamb about medium and this goes quite quickly on your grill. Make sure you reserve some marinade to place on the lamb chops to serve. Usually, I will serve with the lamb a nice tossed green salad, or roasted\ grilled vegetables. Also goes well with a cauliflower



The **HOMETOWN PROUD**  
*Way to Serve*

2122 RITTER DR. DANIELS, WV  
[CORNERSTONEIGA.COM](http://CORNERSTONEIGA.COM)

Your comfort is our  
*business.*



- Over 500, 5-star reviews
- Free installation estimates
- 24/7 emergency service

304-255-2107

[www.ChildersEnterprises.com](http://www.ChildersEnterprises.com)





Dick Whitman

# WHITMAN'S EXTERMINATING & LAWN CARE

BY BOB COBURN

Dick Whitman, Founder and owner of Whitman's Exterminating & Lawn Care is an accomplished expert in his industry. Dick has a B.A. in Entomology from W.V.U., is licensed in W.V. commercial application, general pest control, wood destroying pest control, fumigation and turf/ornamental.

Dick started Whitman's Exterminating in 1972 and the lawn care business in 1989. He has participated over the years for Zeneca, American Cyanmid Co., and Dow Chemical (Dowelanco Termiticide / Sentricon/ Bait). All industry leading organizations.

He has also been a consultant for W.V.U. housing, Potomac State College and Georgia-Pacific. Needless to say, when an expert opinion is needed, these reputable organizations call Dick.

He even got a call a few years ago from the New Orleans Saints, who were training at The Greenbrier. As Dick recalls, "I got a call from a Saints Executive one day while driving on I-64 nearby." He said, "hey we were referred to you as the local bug expert. We have a mosquito problem. It's making our players crazy. Can you help us out?" Dick replied, "I'll be there in 15 minutes." After inspection of the property, Dick noticed a retention pond below the main practice field. He had a couple day plan to treat the water and solve the problem. The executive said, "sounds good to me, the last person's recommendation was to hang up and bunch of Pest Strips. Even Coach Payton (coach of the Saints at the time) said, 'hell, even I know that isn't right!'"

Whitman's offers expert service in general pest control, termites (becoming year-round), specialized pest / rodent problems such as beetles, bees and hardscape. They offer the very best in quality products and family friendly chemicals to solve your personal problems and needs. Mr. Whitman is very "hands on" and which is how your achieve 51 years in the business.

"Word of mouth is 95% of our business. We solve problems. People spread the word. We are successful because we diagnose the problem first, not just throw chemicals at the problem. A little research and discovery goes a long way." Says Dick.

"We are unique in what we do. We will provide answers to solving your specific problem"

What do some Glade Springs residents have to say about Whitman's Exterminating & Lawn Care?

"I have used Whitman Lawn Care for the past 30 years at 4 different properties. They have always provided timely service with positive results."

Doug Ramsden-Resident

"Dick has been great to work with both for extermination and yard service. He has been responsive to every request I have made for additional help from bees to critters. I appreciate his commitment and responsible actions on my behalf!" Chuck Pullins-Resident

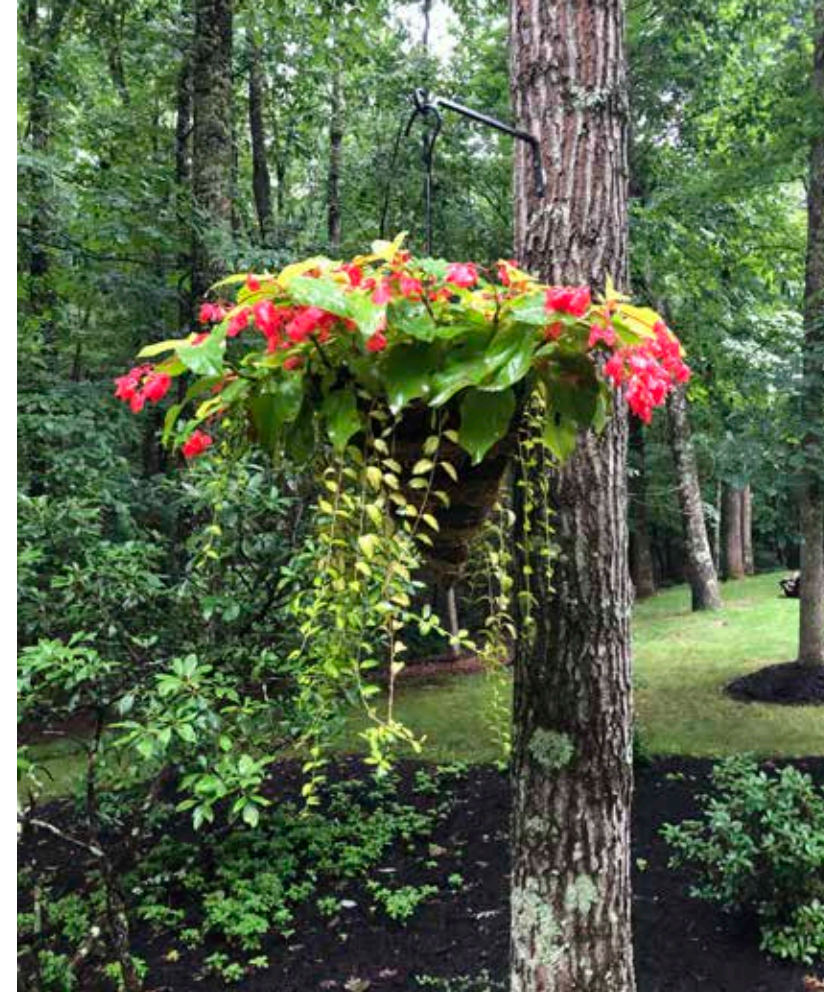
"Mr. Whitman came to my home because we had "noises in our attic" and didn't know if that meant squirrels, chipmunks, mice, bats, or some critter we

didn't even consider. He and his assistant explored the crawl space under our home and climbed into the attic to solve the riddle. Turns out we had "bats in our belfry." He spent a good hour with me walking me around the house and explain all sorts of things, including the parts of our home that were most vulnerable to pests and critters getting into our home. He gave me advise on bird feeders and mulch and how each can contribute to pest infestations. It was truly educational. In the end, he said his company didn't do bats, but gave me several reference that worked out in the resolution of our issues. When I offered to pay him for his time, he declined saying he was just "glad he could help." He enjoys what he does and is really an expert in his field but most importantly he really enjoys helping folks. I promise you if I ever have a pest problem, I'll call Mr. Whitman.

Ed McCall-Resident







challenges growing plants are part of the territory. Owner Clayton Casto says with a laugh, “we’ve done this a time or two before so we’ll be ready!”

And ready they are with tens of thousands of plants from million bells to garden plants including dozens of species of peppers and tomato plants. The greenhouses are extremely neat and clean including concrete walkways taking greenhouse shopping to another level. Wear those pumps ladies. Nothing to fear!

Opening day is April 15th and as you might expect, the first couple weeks are the busiest at Casto’s leading up to Mother’s Day on May 14th. Clayton’s wife and owner Mazie Casto says, “come earlier to get the full selection. It’s a short season ending the last weekend in June.”

To visit this plant paradise, take the short drive to Oak Hill and take the Summerlee Rd. exit off Rt. 19. Turn left. Casto’s Greenhouses is one mile, straight ahead.

Opens April 15

Closes the last weekend in June

Hours are 9:00 to 5:00, Monday to Saturday, and noon to 5:00 on Sunday.

ATM on site. Cash and checks accepted.

No debit or credit cards, please.

(304)465-5774

# CASTO'S GREENHOUSES

Beautifying your home or business

BY BOB COBURN

It's that wonderful time of the year again when Casto's Greenhouses will be open offering their amazing selection of pots, hanging baskets, vegetable plants and metal art! Beautiful flowers of over 100 varieties including impatiens, begonias and geraniums. This is Casto's Greenhouses 37th year of service to Glade Springs Residents and Southern West Virginia as a whole.

There are nine greenhouses on property and it is truly a spectacular sight to walk in and observe the stunning beauty. With this year's winter season being strange to say the least,





# PREPARE YOUR NEST.



**MICHELE R. DAVIS**  
CERTIFIED PUBLIC ACCOUNTANT



2241 Ritter Drive  
Daniels, WV 25832

(304) 894-8812

By combining unrivaled education, knowledge and experience with a focus on your finances, a CPA can help you realize your goals. Not just for April 15th, but for your future.



# APPALACHIAN GARAGE DOORS

Residential and Commercial Sales,  
Service, and Installation.

**(304) 255-7100**

**WWW.CHIOHD.COM**

## Where Friendship and Good Service Go Hand In Hand



Specialized care for our community includes On-site Cremations and Pet Cremation, Traditional Funeral, Military, Memorial Services, and Aftercare. Also specializing in Interstate Transfers, Human Gift Registry, and Pre Planning Services.

Jeannette Renee Duncan - Licensee In Charge | Bruce Blankenship - Licensed Funeral Director  
Beth Keatley - Pre Planning Advisor | Mary Voloski-Webb - Office Manager

1200 Harper Rd., Beckley, WV 25801  
(304) 253-8100 • [www.meltonmortuary.com](http://www.meltonmortuary.com)



## HEALTHY LIVING

# Safety: Not Just a Football Position

Athletes, especially youth, must wear proper protective gear during game play to prevent and lessen the impact of sports-related injuries.

BY SHAUNA BRYANT, NATIONAL EDITOR



Sports fans held their breath this January when Buffalo Bills safety Damar Hamlin went into cardiac arrest and collapsed on the field, receiving CPR for 10 excruciating minutes on the field as traumatized players and spectators prayed and looked on. Though Hamlin is now gratefully on the road to recovery — and on-field injuries are certainly nothing new in American football — the age-old debate of sports safety, particularly for young, developing bodies and brains, rages on. Parents of young athletes want to encourage healthy, spirited play but feel the apprehension with each tackle or fall, hoping their child makes it through mostly unscathed. According to sports medicine doctors, the following youth sports / recreational activities afford the most and least safety risk for athletes under the age of 15:

### SAFEST

- Swimming
- Tennis
- Golf
- Track and field
- Volleyball

### LEAST SAFE

- American football
- Soccer
- Hockey / Ice hockey
- Skateboarding
- Mixed martial arts

With young athletes in America often beginning their competitive sports careers as early as age 7, sometimes involving intense and time-consuming training, the opportunity for injury is huge. Though we can't shelter our young athletes from every harm, using the proper safety gear and equipment every time they play is vital in preventing and lessening the impact of sports-related injuries.

## Welcoming new patients



Nationally recognized as a Urology Center of Excellence for both men and women  
Urolift Center of Excellence  
Interstim Center of Excellence

### Specializes in:

- Medical and surgical management of stone disease including tubeless minimally invasive percutaneous techniques
- Medical and surgical management of bladder incontinence and overactive bladder symptoms
- Medical and surgical management of urologic cancer

### "The Daddy Makeover"

- Medical and surgical management of prostate disease, including The Urolift minimally invasive prostate procedure, requiring no catheter and home the same day.
- Medical and surgical management of erectile dysfunction



To schedule an appointment, call  
**304.461.3879**

Urologist  
Lynnetta Faith Payne, DO Urologist  
Advanced Urology  
1717 Harper Rd. Third Floor, Suite A Beckley, WV 25801  
Monday - Friday 8 am - 4:30 pm



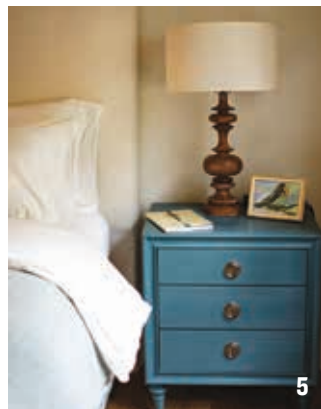
# Comfort. Color. Style.

Top interior design trends this year accentuate the elegance and character of your home.

BY SHAUNA BRYANT, NATIONAL EDITOR

For 2023, the hottest interior design trends are all about comfort, color and style. Bold window treatments, lamps and rugs make a personality-packed statement, while earthy color palettes, vintage pieces, and warm woods cozy up the kitchen and other living areas. Options for sustainable and performance fabrics and furnishings are ever-growing, making your home a serene, timeless space that's kinder to the planet and your peace of mind.

1. Dedicated dining rooms
2. Sustainability
3. Natural stone finishes
4. Vintage furniture
5. Statement lamps
6. Maximalist rugs
7. Performance fabrics
8. Warm woods
9. Micro luxury
10. Jewel box laundry rooms



**TNT**  
TOP NOTCH  
TRAILERS

**304.923.9800**  
1414 Ritter Drive Daniels, WV 25832  
[www.facebook.com/topnotchtrailers1](http://www.facebook.com/topnotchtrailers1)

**IMAGINE**  
MEDISPA

The best in class wellness and skin services, all under one roof

- Physician supervised weight loss
- Filler • Botox • Xeomin
- Microneedling • Diamond Glow
- SkinMedica

313 Market Rd. Beckley, WV 25801  
**681-238-6493**

608 New Hope Rd. Princeton, WV 24740  
**304-913-4448**

6 Courtney Dr. Charleston, WV 25304  
**304-982-5068**

[imaginemedipas.com](http://imaginemedipas.com)

**YOUR STONE PROS**

VintageStoneWV.com  
**(304) 466-3077**

**COMPLIANCE**  
HR | PAYROLL | BOOKKEEPING | INSURANCE  
OUTSOURCE YOUR BACK OFFICE

[www.compliancewv.com](http://www.compliancewv.com)  
681-238-5732

Tiffany Kapp  
President and CEO

**WE'RE HIRING**  
Temp • Temp to Hire • Direct Hire

**@WORK ATWORK FOR YOU**  
[AtWork.com/Beckley](http://AtWork.com/Beckley) **304-513-3387**



**AT OUR OFFICE YOU'RE NEVER JUST THE PATIENT, YOU BECOME A PART OF OUR FAMILY!**  
 Call today to make your appointment & become a part of our family!



**TKR**  
 ORAL AND MAXILLOFACIAL SURGEONS



**DR KRSTAL THOMPSON**  
 914 Johstown Rd.  
 Beckley, WV 25801  
 (681) 207-3959  
 (681)220-0879

**Dr Krstal Thompson**

**MAKE YOUR FEET GREAT AGAIN!**



Foot & Ankle Medical & Surgical Treatment

**BeckleyFootandAnkle.com**

**304-253-9895**

Beckley Foot & Ankle Clinic  
 315 Harper Park Dr. (near Pasquales)



Scott W. Berneburg, DPM

**Give your home the protection it deserves.**



**Tim Cyrus, Agent**  
 824 Ritter Drive  
 Beaver, WV 25813  
 Bus: 304-255-6917  
 timcyrus.com

Your home is where you make some of your best memories, and that's worth protecting. I'm here to help.  
**LET'S TALK TODAY.**



State Farm Fire and Casualty Company, State Farm General Insurance Company, Bloomington, IL  
 State Farm Florida Insurance Company, Winter Haven, FL; State Farm Lloyds, Richardson, TX

1708136

FINANCIAL FITNESS

The Double Bottom Line and You



More Americans than ever are investing in making the world a better place.

BY SHAUNA BRYANT, NATIONAL EDITOR

Impact investing, also known as socially responsible investing, has been a hot topic in the finance world lately, for good reason. The Global Impact Investing Network, an international research institute for impact investing, estimates that private impact investments grew to approximately \$1.2 trillion in 2021 — swelling by 63% in just two years. It's not hard to understand its popularity; as we grow more aware of the social and environmental challenges facing our communities, investors are increasingly eager to find ways to make their money work for them ... while making the world a better place.

**WHAT is it?** Impact investing is an investment strategy that

strives to create financial returns while also carrying out positive social or environmental impacts. One well-known impact investment fund is the Bill & Melinda Gates Foundation's Strategic Investments Fund (SIF).

**WHEN and WHERE did it begin?** The term "impact investing" was coined in 2007 by the Rockefeller Foundation, an American philanthropic organization; however, many experts maintain that the practice of impact investing began as early as the 18th-century Methodist resistance to investment in companies promoting taboo liquor, tobacco products or gambling.

**WHO'S investing?** According to Forbes, "everyone from venture

capitalists and investment banks to foundations and individuals."

**WHY invest?** Investors call it the "double bottom line" — financial returns and added value to society. Impact investing has the potential to make sweeping positive changes in the world, helping to shape our children's futures.

Ready to explore impact investing? Learn more at [thegiin.org/impact-investing](https://thegiin.org/impact-investing), and talk to your financial advisor. First steps might include investing directly in private funds with explicit social missions you promote or withholding support from companies with practices or policies you oppose. Start small and make a big difference!

Investors are increasingly eager to find ways to make their money work for them ... while making the world a better place.



# resident business guide

This is a current list of business owners and professionals from our neighborhood. It is an opportunity to network, qualify, and potentially build a business relationship with other successful individuals who also live here. To be included in the Resident Business Guide, email your name, business name, phone number, and email address to [bob.coburn@n2pub.com](mailto:bob.coburn@n2pub.com).

## ACCOUNTING/BUSINESS VALUATIONS/TAX PLANNING

**Stroud, Ross and Associates**  
**John W. Stroud, Jr., CPA, CVA**  
(304) 252-8707

## AUOTMOBILE DEALER

**Howerton Honda**  
**John Howerton**  
(304) 252-0744  
[www.howertonhonda.com](http://www.howertonhonda.com)

## AUTO SALES & SERVICE

**Hyundai of Beckley**  
**John Musilli**  
**General Manager**  
(304) 254-8220  
[hyundaiofbeckley.com](http://hyundaiofbeckley.com)

## AUTOMOBILE DEALER

**Sheets Chrysler**  
**Dodge Jeep Ram**  
**Dennis Sheets,**  
**Brandon Sheets**  
(304) 252-4555  
[nobodybeatssheets.com](http://nobodybeatssheets.com)

## BANKING SERVICES

**United Bank**  
**Zack Statler**  
(304) 256-7262  
[bankwithunited.com](http://bankwithunited.com)

## CIGARS, CRAFT BEER, WINE

**Tobacco Town & The Cigar Lodge**  
**Chase Boggs**  
(304) 254-0500  
[www.tobaccotownwv.com](http://www.tobaccotownwv.com)

## COMMERCIAL HEATING & AIR CONDITIONING

**Pennington Plumbing & Heating, Inc.**  
**Eric Mahaffey**  
(304) 252-7529  
[linkedin.com/in/eric-mahaffey-30816795](http://linkedin.com/in/eric-mahaffey-30816795)

## COMMUNITY FOUNDATIONS

**Beckley Area Foundation**  
**Dena Cushman**  
**Executive Director**  
(304) 253-3806  
[www.bafwv.org](http://www.bafwv.org)

## CUSTOM CERAKOTING

**Foley Defense**  
**Dan Foley**  
(304) 894-8950  
[www.foleydefense.com](http://www.foleydefense.com)

## DENTAL CARE

**Drs. Childress & Willis Family Dentistry**  
**Steve Childress II**  
(304) 255-0439  
[www.beckleydentist.com](http://www.beckleydentist.com)

**Liberty Dental Center**  
**Dr. Patrick Jarrell**  
(681) 207-7063  
[libertydentalcenters.com](http://libertydentalcenters.com)

**Shady Spring Dental Care**  
**Ben and Kristie Hiener**  
(304) 763-4665  
[www.shadyspringdentalcare.com](http://www.shadyspringdentalcare.com)

## DERMATOLOGY

**Dermatology & Associates Surgery Center**  
**Dr. Nelson Velazquez**  
(304) 252-2673  
[dascwv.com](http://dascwv.com)

## EDUCATION

**Kindergarten**  
**Konnections, LLC**  
**Chessie Collins**  
(304) 228-3212  
[facebook.com/charles.collins.351](http://facebook.com/charles.collins.351)

## FURNITURE & MATTRESS

**Home Furniture & Mattress**  
**Gary McGuire**  
(304) 252-4663  
[Garymcguirehomefurniture.com](http://Garymcguirehomefurniture.com)

## GUNS/AMMO/ACCESSORIES

**Revolution Tactical**  
**Dan Foley**  
(304) 894-8950  
[revolutiontactical.com](http://revolutiontactical.com)

## HAIR SALON

**Salon Slay**  
**Dan Foley**  
(681) 207-7529  
[salonslay.com](http://salonslay.com)

## HEALTH PRODUCTS

**Healthsmart**  
**Natural Product Stores**  
**Randy & Shelli Mullins**  
(304) 254-4501  
[healthsmartwv.com](http://healthsmartwv.com)

## HEATING & COOLING

**Appalachian Heating**  
**Dan Akers**  
(304) 877-5566  
[www.appheat.com](http://www.appheat.com)

**Appalachian Heating**  
**Daniel Akers**  
(304) 877-5566  
[www.appheat.com](http://www.appheat.com)

## Childers Enterprises

**Gregg Childers**  
(800) 224-7017  
[www.childersenterprises.com](http://www.childersenterprises.com)

## INSURANCE

**Tara Miller Allstate Insurance**  
**Tara Miller**  
(304) 929-5433  
[agents.allstate.com](http://agents.allstate.com)

## IT SOLUTIONS/ COMPUTER REPAIR

**Compute One**  
**Chase Cappellari**  
(304) 250-4552  
[www.computeone.net](http://www.computeone.net)

## LANDSCAPE DESIGN

**Aspen Corporation**  
**Donnie and Ronnie Adkins**  
(304) 763-4573  
[www.aspen-landscaping.com](http://www.aspen-landscaping.com)

## LANDSCAPING

**Aspen Corporation**  
**Donnie and Ronnie Adkins**  
(304) 763-4573  
[www.aspen-landscaping.com](http://www.aspen-landscaping.com)

## LAWN CARE & PEST CONTROL

**Aspen Corporation**  
**Donnie and Ronnie Adkins**  
(304) 763-4573  
[www.aspen-landscaping.com](http://www.aspen-landscaping.com)

## MEDICAL SPA/ COSMETIC SURGERY

**Mountain State E.N.T. & Healing Springs Medical Spa**  
**Dr. James Paine**  
(304) 255-2724  
[www.cosmeticsurgerywv.com](http://www.cosmeticsurgerywv.com)

## MEDICAL WEIGHT LOSS & BIO IDENTICAL HORMONE REPLACEMENT THERAPY

**InShapeWV**  
**James Ellis, ANP-BC**  
(681) 238-5258  
[www.inshapewv.com](http://www.inshapewv.com)

## MORTGAGES

**Mars Bank**  
**Megan Legursky**  
(304) 222-1114  
[www.MarsBank.com](http://www.MarsBank.com)

## NUTRITION & WELLNESS

**Gayle Griffith, RN, BSN**  
**Certified Nutrition & Wellness Consultant**  
(856) 305-8467  
[lindedin.com/in/gayle-griffith-55185796](http://lindedin.com/in/gayle-griffith-55185796)

## ONCOLOGY

**Carl Larson Cancer Center**  
**Rajiv Khanna, MD**  
(304) 253-6060  
[carsonlawsoncancercenter.com](http://carsonlawsoncancercenter.com)

## ORAL & MAXILLOFACIAL SURGEONS

**TKR Oral & Maxillofacial Surgeons**  
**Dr. Kris Reynolds**  
(681) 207-3959  
[tkrww.com](http://tkrww.com)

**TKR Oral & Maxillofacial Surgeons**  
**Dr. Krstal Thompson**  
(681) 207-3959  
[tkrww.com](http://tkrww.com)

## ORTHODONTICS

**Foley Orthodontics**  
**Dr. Dan Foley**  
(304) 255-0549  
[theperfectsmile.com](http://theperfectsmile.com)

## ORTHOPEDIC SURGEON

**West Virginia Orthopedic Trauma**  
**Dr. John Tabit D.O.**  
(304) 410-0061  
[wvotonline.com](http://wvotonline.com)

## PEDIATRICIAN

**Pediatric Care Unlimited, Inc.**  
**Ted Solari, MD FAAP**  
(304) 252-9227  
[www.facebook.com/pediatriccareunlimited](http://www.facebook.com/pediatriccareunlimited)

## Rainbow Pediatrics

**John Fernald**  
(304) 250-0150  
[www.rainbowpediatricswv.com](http://www.rainbowpediatricswv.com)

## PHYSICAL THERAPY

**Performance Physical Therapy & Rehabilitation**  
**Angie and James Beaver**  
(304) 237-5585  
[www.performanceptwv.com](http://www.performanceptwv.com)

## PODIATRIST FOOT & ANKLE

**Beckley Foot & Ankle Clinic**  
**Scott W. Berneburg, DPM**  
(304) 253-9895  
[BeckleyFootandAnkle.com](http://BeckleyFootandAnkle.com)

## POWER EQUIPMENT

**Mountain State Equipment**  
**Gary Thompson**  
(304) 253-7306  
[www.mountainstateequipment.com](http://www.mountainstateequipment.com)

## REALTOR

**WV Mountaineer Real Estate**  
**Kenny Bryant**  
(304) 640-4100  
[www.kennybryant.com](http://www.kennybryant.com)

## REALTORS

**Glade Springs Real Estate Co., LLC**  
**Marla and Jon Sinko**  
(304) 763-5000  
[www.gladespringsrealestate.com](http://www.gladespringsrealestate.com)

## RETIREMENT PLANNING

**Bill Kinder & Associates**  
**Bill Kinder**  
(304) 250-0250  
[www.billkinder.com](http://www.billkinder.com)

## SLEEP DISORDERS

**Almost Heaven Sleep Solutions**  
**Dr. Cuffy York**  
(304) 633-2486  
[almostheavensleep.com](http://almostheavensleep.com)

## SPEECH PATHOLOGY

**LinguaCare & Associates**  
**Vickie Pullins**  
(304) 542-3544  
[www.linguacare.com](http://www.linguacare.com)

## TRAILERS

**Top Notch Trailers**  
**Jonathan & Bethany Barber**  
(304) 923-9800  
[facebook.com/topnotchtrailersalesllc/](http://facebook.com/topnotchtrailersalesllc/)

Live a Grand Dream.  
WAGONEER

New 2023 Grand Wagoneer Series III in Bright White.

Come see your neighbors at **SHEETS**

250 Auto Plaza Drive | Beckley, WV 25801 | 304.252.4555 | nobodybeatssheets.com



# REAL ESTATE RESOURCE

This is your neighborhood Real Estate Resource page. This information can be useful when trying to compare property values or for just keeping a pulse on the real estate market in our area. For questions regarding the properties listed, or about real estate in general, consult a real estate professional.

Properties presented may not be listed by the office/agent providing this information. Source MLS. All information herein has not been verified and is not guaranteed. Supplied by West Virginia Mountaineer Real Estate, 1406 Harper Rd. Beckley, WV (304)254-9898. Kenny Bryant-Broker of Record.

Address	Neighborhood	List Price	Sale Price	Sold Date	Beds	Baths	SqFt	Parking	Comments
103 Woodland Drive	GladeSprings	\$139,900	\$139,900	09/16/22	1	1	916	None	Condo/Townhouse
131 Avignon Way	GladeSprings	\$519,000	\$500,000	07/29/22	3	3	3,084	Att-3 Car	1.5 Story
902 Club Circle	GladeSprings	\$389,500	\$389,500	11/30/22	3	2	2,083	Att-2 Car	2 Story
275 Highlands Lane	GladeSprings	\$849,900	\$800,000	09/15/22	4	3	4,000	Att-3 Car	2 Story
132 Oliver Place	GladeSprings	\$799,900	\$735,000	09/22/22	4	3	3,542	Att-2 Car	Cape Cod
208 Sherwood Lane	GladeSprings	\$639,000	\$600,000	10/03/22	5	4	4,400	Att-2 Car	1.5 Story
702 Club Circle	GladeSprings	\$479,000	\$450,000	10/28/22	3	2	2,300	Att-2 Car	2 Story
150 Flint Ridge Lane	GladeSprings	\$795,000	\$725,000	09/08/22	3	2	4,782	Att-2 Car	Contemporary
139 Thistle Glen Lane	GladeSprings	\$349,500	\$349,500	11/15/22	3	2	1,982	Att-2 Car	2 Story
106 Greenbrier Rd.	GladeSprings	\$349,900	\$259,000	12/14/22	5	3	3,424	Att-2 Car	2 Story
100 Hawthorn Lane	GladeSprings	\$335,000	\$300,000	12/22/22	4	2	1,800	Att-2 Car	2 Story
294 Barnstaple Drive	GladeSprings	\$525,000	\$500,000	01/05/23	2	2	2,700	Att-2 Car	1.5 Story
201 Dogwood Ct.	GladeSprings	\$250,000	\$250,000	01/17/23	3	3	2,666	Att-2 Car	Condo/Townhouse
348 Hawksmoor Dr.	GladeSprings	\$380,000	\$370,000	03/10/23	3	2	2,768	Att-2 Car	Ranch
179 Winston Place	GladeSprings	\$1,299,900	\$1,120,000	12/01/22	6	4	6,240	Att-3 Car	2 Story
201 Dogwood Ct.	GladeSprings	\$250,000	\$250,000	01/17/23	3	3	2,666	Att-2 Car	Condo/Townhouse
217 Marie Lane	GladeSprings	\$539,999	\$525,000	01/09/22	3	2	2,619	Att-2 Car	1.5 Story
101 Arthur Lane	GladeSprings	\$358,000	\$350,000	01/13/23	4	3	2,321	Att-2 Car	1.5 Story
229 March Chapel Lane	GladeSprings	\$320,000	\$322,000	02/03/23	3	2	2,009	Att-2 Car	Ranch
131 Avignon Way	Glade Springs	\$389,500	\$389,500	11/30/22	3	2	2,083	Att-2 Car	2 Story

**LENNOX**  
Air is life. Make it perfect.<sup>™</sup>

EQUIPPED TO MAKE YOUR AIR  
**PERFECT.**

**NO PAYMENTS FOR 6 MONTHS WHEN YOU FINANCE A NEW LENNOX® SYSTEM FOR AS LITTLE AS \$132 A MONTH OR RECEIVE UP TO \$1,000 IN REBATES**

Ask About Our Free Indoor Air Quality and Air Duct Cleaning Consultation!

**APPALACHIAN Heating**

"The BIG Name in Comfort" Since 1948  
304.877.5566  
www.appheat.com

© 2022 Lennox Industries Inc. Lennox Dealers are independently owned and operated businesses.

# MORTGAGES

**NO DOWN PAYMENT. NO KIDDING.**

City offers all types of mortgages, from our no down-payment adjustable rate to townhome and condo mortgages.

Stop by your nearest City branch for all of your financial needs, including checking accounts, home equity lines and loans and auto loans.

**City NATIONAL BANK**

Member FDIC Equal Housing Lender

# SPORTAGE

2023 SPORTAGE HEV      2023 SPORTAGE PHEV      2023 SPORTAGE

Come see your neighbors at **Friendship Kia**

111 Midtown Ave | Mt. Hope, Wv 25880 | 304.255.1599 | KiaBeckley.com





A PRODUCT OF  
**THE N2 COMPANY**

5051 New Centre Dr  
Wilmington, NC 28403

A Publication for the Residents of Glade Springs Village



# 2023 *West Virginia* VIP CARD

**WVGA MEMBERSHIP & HANDICAP INDEX INCLUDED!**

ACCESS 65 PRIVATE, PUBLIC & RESORT COURSES AT EXCLUSIVE VIP PRICING

PURCHASE AT THE WVGA OR YOUR LOCAL CLUB!

SCAN ME

(304) 391-5000  
DMONK@WVGA.ORG

**first tee**  
west virginia

Beckley  
Charleston  
Charles Town  
Hedgesville  
Lewisburg  
Morgantown  
Parkersburg  
Wheeling

LEARN MORE

CURRENTLY IN 180+ SCHOOLS AND AT 8 WEST VIRGINIA GOLF COURSES.

START YOUR MEDICAL WEIGHT LOSS JOURNEY TODAY WITH

# SEMAGLUTIDE

- 681-238-5258
- [www.inshapewv.com](http://www.inshapewv.com)
- Visit our local office

