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





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PUBLISHER’S NOTE

Happy November!

Welcome to the November 2024 issue of *Stroll Glade Springs Village!* Let us be the first to wish you a very Happy Halloween, Thanksgiving, and Veterans Day! These three dates highlight the upcoming weeks in different ways but bring a lot of joy and celebration!

Halloween is a big deal in Glade and I’m sure the residents of Hawthorn Lane are already making preparations for the influx of ghosts and goblins that will stroll down the street at the end of October. Such a fun time and always great to see so many residents participate with creative costumes! That reminds me, we need to pick our outfits out soon. We’re looking forward to it as always.

Veterans Day is observed on November 4th this year. Veterans

Day is set aside to thank and honor ALL those who have served in the military-in wartime or peacetime. We have many Veteran Residents in Glade Springs and we THANK YOU for your service and sacrifice to allow us to live in freedom.

Thanksgiving is a special holiday with family and friends as we take time to be grateful for our many blessings, not the least of which is living in this beautiful community with so many great neighbors and amenities to enjoy throughout the year.

Thank you once again for sharing your lives with us and the community. We love to tell your stories and are so very blessed to be surrounded by fascinating people including your children and beloved animals! Thanks for your continued recommendations!

Thanks also, as always, to our first-in-class local businesses who make *Stroll Glade Springs Village* possible with their support and connection with the community. Please remember them first when you have a need for a product or service for you family.

Have a wonderful November!

Bob

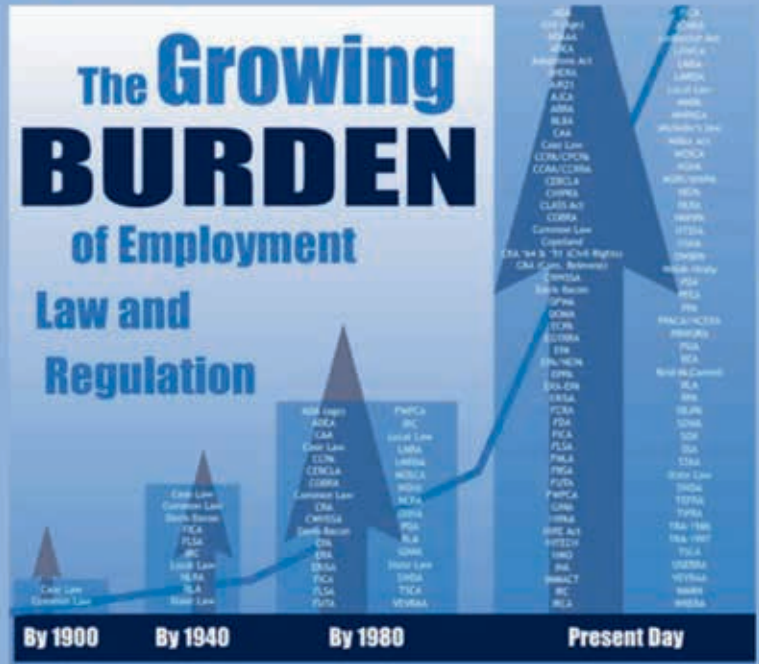


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THE THOMPSONS

BEATING THE CLOCK!

As they raise their young and growing family, Brandon and Misty Thompson, sometimes feel like they are on the clock. Perfectly fitting since it was under the “love” clock at The Greenbrier on Christmas Eve 2012 when Brandon got down on one knee and popped the question. Eight months later the knot was tied in a beautiful

ceremony at Tamarack. Now as they work hard to fulfill their professional aspirations without neglecting family responsibilities, time management has become the key to successful living.

With two children, Easton (7) in grade 2 and Rhea (3) in pre-K3, at St. Francis juggling work and kid activities is major. Easton is currently on two soccer teams, one a recreational YMCA league team coached by none other than his father, the other an elite travel

team. Each has practices weekly and competes in games and tournaments on weekends and some weeknights. Rhea is involved in dance, and when not busting moves she is as immersed in her princesses as Easton is in his intricate building projects with Legos.

When they were first introduced by a mutual friend, Brandon was managing several Tudors stores. Now he is loving being a part of the Chick-Fil-A family, serving as Richard Jarrell’s COO

and working hard on the journey to becoming an operator. “It’s six days a week and you have to be all in because that’s the way Richard is,” he laughs.

Misty finds her work just as rewarding. She oversees the UMWA Health and Retirement Fund from their offices on Harper Road where she helps miners get the pensions and health care that they need. “It’s very fulfilling to help someone get what they deserve,” she says. She usually spends three days

per week working from her office and the other two from their hillside home at 544 Edward Drive. Easton can see the fairways of Stonehaven from his back deck basketball court.

Their first home was in Robin Wood Acres. The fixer-upper was soon “flipped” and in 2019 they made the move to their current home in Glade. “We were looking for something permanent, a safe place for a family... and then there was the golf attraction,”

Brandon sheepishly admits. Although the golf is somewhat restricted by the working and the coaching, he still manages to get out whenever he can.

Glade is also the perfect place for Misty’s dad to visit. Each week the retired Monroe County farmer makes the trek from Gap Mills for a little pond fishing here at Glade with his grandkids. Brandon is an avid hunter (deer) and has property near Sandstone where he and his father often hunt.

BY ED MCCALL
PHOTOS BY KAREN AKERS

They also travel out west each year for a semi-guided bow hunt. Family activities revolve around the country music scene, Disney, and shopping. Misty is a huge country music fan, and they journey to Nashville twice a year to get her music fix. She recently attended the CMA-fest that was seen on national tv. Summer finds them taking full advantage of the Glade pools and all the Thompsons, especially Rhea, love family golf cart rides in the evening. A cruise through the beautiful forests and quiet streets of Glade is the perfect ending to a busy day spent racing the clock.



If you know of a great family in the neighborhood please contact Bob Coburn at bob.coburn@n2pub.com



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Branson Maverick Miller, a senior at Mount Hope Christian Academy, is known for his faith, adventurous spirit, and strong connection to family. As the youngest of four siblings, Branson's journey has been shaped by the bond he shares with his older siblings, and most notably, the legacy of his late grandfather, Rick. Branson's middle name, “Maverick,” was chosen to honor his grandfather, a man who played an instrumental role in his life.

Branson's love for fishing and golf began at an early age, under the guidance of his grandfather. The two spent countless hours together at local lakes and golf courses, where his grandfather not only taught him the techniques of the sports but also shared invaluable lessons about life, faith, and the importance of living with integrity. These lessons remain deeply ingrained in Branson, influencing how he approaches the world around him.

At school, Branson is a well-rounded student, excelling particularly in math, with pre-calculus standing out as a favorite subject. While he takes his academics seriously and gets his work done efficiently, Branson is not

BY KAREENA PATEL
PHOTOS BY KAREN AKERS

confined to the classroom. His love for adventure extends beyond fishing and golf—he's also an avid basketball player and mountain biker. He enjoys trying new things and embracing different hobbies, always looking for the next challenge or experience.

What truly sets Branson apart is his deep faith. A devout Christian, he advocates for God in both his words and actions, striving to live by Christ's example. He firmly believes in treating others with kindness and respect, following the golden rule of “treating others the way you want to be treated.” One of the most significant lessons he's learned from both his faith and his grandfather is the importance of thinking of others first, living selflessly, and considering the needs of those around you.

While Branson's future plans are still taking shape, he envisions a life where he continues to enjoy his favorite hobbies—fishing, golfing, basketball, and mountain biking—but not necessarily as a career. He's keeping his options open when it comes to college or trade school, but one thing is clear; wherever life takes him, he will carry the values of faith, family, and adventure with him.

Branson stays motivated by seeking new experiences, exploring different hobbies, and connecting with his friends through shared interests. Whether it's casting a line at one of the many ponds and lakes in Glade Springs or shooting hoops with his friends, Branson takes full advantage of the natural beauty and opportunities around him. As he looks ahead to life beyond high school, one thing is certain—Branson Maverick Miller will continue to live with purpose, grounded in his faith and inspired by the legacy of his grandfather.

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David Hegele

Scholar, Athlete, Musician, Leader!

BY ED MCCALL
PHOTOS BY KAREN AKERS

DAVID HEGELE IS all the above, in spades. The Shady Spring High School senior is one busy young man, whether he is playing center-back (defense) for the 5-1 Shady soccer team, splashing his way to the wall in the 100-meter backstroke, or trying to break the 2-minute mark in the 800 meters at a Shady track meet.

The average high schooler might claim to be overworked just trying to meet the demands of three sports but throw in an academic workload that includes AP literature, AP calculus, AP chemistry, and AP government and you have a recipe for a busy senior year, especially when you learn that he is carrying a 4.6 GPA!

In addition, David is an accomplished musician (a member of the SSHS band) and is recognized as one of the best euphonium players in West Virginia. A euphonium is a smaller version of a tuba that produces a sound similar to that made by a French horn.

As president of the SSHS National Honor Society, David has led NHS student-community projects such as cleaning up the grounds at Little Beaver State Park prior to a Tiger cross country meet, sponsoring a toy drive to benefit underprivileged children through the local Toys for Tots program, or heading up multiple fundraising projects that will benefit student scholarships through the Beckley Area Foundation. He is also enthusiastic about the Next Step Program at Shady which offers peer mentoring for at risk students (students who might become dropouts). Seniors are paired with freshmen and offer advice, support, and encouragement to help them find a road to success.

What does the future look like for someone so gifted and driven to maximize his own potential? David is keeping his many options open. There is his passion for music which may take him to the University of Cincinnati which has one of the best euphonium programs in the country. There is also the possibility of an appointment to one of our country's military



If you know of or have an athlete in the family please contact Bob Coburn at bob.coburn@n2pub.com

Apples don't fall far from their trees. David's mom, Elizabeth Hegele is one of the hardest working and esteemed members of the SSHS faculty. She teaches AP physics and AP calculus and all the PLTW engineering classes. She sponsors the robotics club and the National Honor Society while coaching cross country, track, and dance.

academies where he could participate in a military academy band. Either of those paths might lead to a professorship in music or a career playing in one of the prestigious military bands or orchestras.

Then there is his love of math and engineering. The Bucklew or Presidential Honors Scholarship at WVU are real possibilities. Choosing which path he will follow doesn't have to be done right away. It can wait until graduation is more than a tiny light at the end of his high school tunnel.

The poet Robert Frost once pondered making the right choice, "Two roads diverged in a wood, and I, I took the one less traveled by, and it has made all the difference." Rest assured David Hegele will choose a path to a successful future, and he will make a difference!

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The Nunley Residence

This spacious 3 bedroom/2 bath ranch home features an open floor plan, hardwood floors, tiled front porch, a deck & covered back porch. The kitchen boasts a two-seat bar area, pantry, and an abundance of cabinet space with a roomy breakfast nook. The cozy master has a double walk-in closet & the master bath is complete with a double vanity and whirlpool tub. The secondary bedrooms are located on the other end of the home for privacy. The home also includes a very nice size bonus room!

This Glade Springs gem was built in 2006 and has 2073 square ft. of living space and an attached-2 car garage.



At the time of this writing, this property is for sale by Glade Springs Real Estate. Marla Bass-Sinko, Broker of Record. Contact Cathy Smith at (304) 673-2162 or csmith@gladesprings.com

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Loving Luna and Kiki Kat!

BY FARRAH MICEK
PHOTOS BY KAREN AKERS



Ex Luna Scientia, also known as Luna, is a loving, energetic Black German Shepherd who spends all of her time with her other companion, Kiki. Kiki is a gray and white cat who is very calm, loving, and is always near Luna. The Akers family brought Kiki home three years ago, but soon realized their family wasn't quite complete. Luna was introduced to the family a year later, and by surprise. Originally, Luna was going to somebody else at that time, but when they unexpectedly couldn't take care of her, Nick and Shasta welcomed her with open arms. Nick had always wanted a German Shepherd, and their daughter Maci quickly fell in love with Luna, too. Now, Luna is two years old and Kiki is three.

German Shepherds like Luna are known for being smart, loyal, and full of energy. They're a hardworking breed, often seen in roles like police and service dogs, thanks to their strength and dedication. Although cats are domesticated members of the Felidae family and known as solitary hunters, they are also highly social creatures. Typically independent, they enjoy exploring and scavenging at their own pace. However, they form



strong bonds with their owners and can be very affectionate toward those they trust.

At home, Luna and Maci are the best playmates! Whether they're jumping on the backyard trampoline, playing with toys, or just hanging out, Luna loves spending time with Maci. She's also a super social pup who craves attention and loves being around people. The Akers describe Luna as very protective, too. When the family's out, Luna keeps watch over the house, and she's always by Maci's side, making sure she's safe.

Kiki on the other hand is quite different. She spends her time curled up on furniture looking at her surroundings or taking naps for a while. Kiki also has some toys she enjoys playing with, for example her lazer. She likes the idea of chasing it around the house, trying to catch it. Kiki is not an outside cat and would prefer the inside area. Although she isn't an outdoor cat, she and Luna find many great things to do together.

Whether it's getting into trouble or simply relaxing, Luna and Kiki are the best of friends, and will continue to be. They're truly like family, despite being different animals! If you see Luna jumping on the trampoline with Maci, or Kiki is sleeping in the windowsill on March Chapel Rd, make sure to pass by and say hello!

If you know of a great pet in the community please contact Bob Coburn at bob.coburn@n2pub.com



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MAKING A DIFFERENCE

POA DIFFERENCE MAKERS

BY ED MCCALL

If you were at a recent meeting of the Glade Springs Preservation Association held at the Glade Springs Community Church you heard a brief oral history of Glade Springs as recalled by local resident John Stroud. According to Stroud, Glade Springs has had several owners since its establishment in the early 1970s by the Caperton family of Slab Fork Coal Company. The presentation took those present from those early days through several bankruptcies up to the current owners of Glade Springs Resort.

Certainly, every owner/investor in Glade Springs has had an impact on this wonderful place we now call home. Beginning with a nine-hole golf course and a clubhouse, tennis facility, pool, and a restaurant it has evolved into a full-fledged resort with a hotel and conference center, 3 golf courses, 2 pools, a spa, a fresh-water lake, multiple restaurants, and enough amenities to keep us all entertained.

All growth is accompanied by growing pains and Glade Springs has not been spared in that regard.

Most recently those pains came about when several of our neighbors thought that the business of the property owner's association needed to be conducted according to state laws that govern unincorporated communities like ours, and in a transparent manner. The bright future that lies ahead for the residents of Glade Springs is owed in great part to those early organizers who decided to make a difference.

John Stroud, John Slack, Tommy Woolwine, David Ramella and Jack Spencer in 2018 formed the Glade Springs Preservation Association. Those early organizers rolled up their sleeves, put in countless hours researching courthouse documents and financial records, and enlisted the help of their neighbors in a struggle that has culminated in a bright future for all residents, the Resort, and the POA itself. Backed by the financial contributions of many residents, these difference makers, without the need for litigation, won the right for all property owners to elect the first (not appointed) board of directors, which board eventually resolved many outstanding POA related issues. With substantial contributions and support from Dave McClure, Rick Lay, Paul Myers, Bill Kinder, Dwight Smith, Bob Stalnaker and many others too numerous to mention, our elected POA board has proceeded to conduct the business of the property owners in a lawful and transparent manner.

A tip of the hat to those many difference makers for their many sacrifices that have kept Glade a wonderful place to visit and a beautiful place to call home.



If you know someone who is Making A Difference in the community, please contact Bob Coburn at bob.coburn@n2pub.com



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Braised Red Cabbage with Granny Smith Apples!

SUBMITTED BY JAMIE HENDERSON
EXECUTIVE CHEF THE RESORT AT
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INGREDIENTS

Yield: 6 to 8 servings

- 1large red cabbage, 2 to 2½ pounds, quartered, cored and cut crosswise in thin strips
- 2tablespoons canola oil
- 1small onion, thinly sliced
- 2tart apples, such as Braeburn or granny smith, peeled, cored and sliced
- About ⅓ cup balsamic vinegar
- ¼teaspoon ground allspice
- Salt
- freshly ground pepper to taste

PREPERATION

Step 1

Prepare the cabbage, and cover with cold water while you prepare the remaining ingredients. Heat the oil over medium heat in a large, lidded skillet or casserole, and add the onion. Cook, stirring, until just about tender, about three minutes. Add 2 tablespoons of the balsamic vinegar and cook, stirring, until the mixture is golden, about three minutes, then add the apples and stir for two to three minutes.

Step 2

Drain the cabbage and add to the pot. Toss to coat thoroughly, then stir in the allspice, another 2 tablespoons balsamic vinegar, and salt to taste. Toss together. Cover the pot, and cook over low heat for one hour, stirring from time to time. Add freshly ground pepper, taste and adjust salt, and add another tablespoon or two of balsamic vinegar as desired. -Great with grilled bratwurst. Roast pork loin/chops or freshly harvested venison tenderloin. Serve with roast garlic whipped potatoes and a coarse ground mustard.

If you have a great recipe you would like to share please contact Bob Coburn at bob.coburn@n2pub.com

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Jerry Zaferatos, Broker, 103 Ramey Ct., Beckley, WV 25801, 304-254-0972.



ELECTION YEAR ECONOMICS

While elections can introduce market volatility, the long-term effects on investment returns are generally consistent. Staying informed and adhering to fundamental investment principles will help you navigate the complexities of election-year markets.

BY SHAUNA OSBORNE, NATIONAL EDITOR

AS WE NAVIGATE another high-stakes election year, the impact on investment portfolios has become a focal point for savvy investors. Historical trends indicate that election cycles have a tangible effect on the markets, offering valuable insights for those looking to optimize their investment strategies. With the political landscape of 2024 unfolding, it's crucial to understand how these cycles may influence financial outcomes and guide investment decisions.

Election Cycle Theory

The presidential election cycle theory, developed by market historians, posits that market performance tends to fluctuate depending on the phase of a president's term. Typically, the first year of a presidency is marked by weaker performance, attributed to the transition from campaign promises to governance. In contrast, the third and fourth years are usually characterized by more robust growth, as the administration focuses on economic policies like tax cuts and job creation aimed at bolstering the economy and securing another term. These years are often characterized by heightened market activity and economic stimulation.

Party Power

Historical data reveals that the party in power has a modest impact on stock returns, with only slight differences in annual gains between Democratic and Republican administrations. However, continuity in leadership tends to benefit the market: Returns are approximately 2% higher when the same party retains the presidency. Additionally, economic trends have historically predicted voting outcomes: A rising market before an election often signals an incumbent victory, while a declining market suggests a shift in leadership.

The lesson for investors is clear: Diversification and focusing on long-term objectives are paramount. Short-term market fluctuations driven by political events should not derail a well-considered investment strategy. Consulting with a financial advisor to align your portfolio with your risk tolerance and investment horizon remains prudent.



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Scents of Serenity

These natural methods create a wonderfully fragrant home without synthetic products, allowing you to enjoy a fresh scent while supporting a healthier lifestyle and a greener planet.

BY SHAUNA OSBORNE, NATIONAL EDITOR

The spicy warmth of star anise pairs beautifully with the citrusy brightness of orange peel for a perfect winter simmer pot.

Clean Candles

Candles are perfect for bringing warmth into your home, but many conventional varieties contain synthetic scents and toxic chemicals. Instead, choose candles made from 100% natural waxes like soy or beeswax, which are nontoxic and don't release harmful emissions. Opt for candles with cotton, hemp or wooden wicks for a cleaner, healthier burn.

Indoor Plants

Certain indoor plants not only bring beauty to your home but also freshen the air. Fragrant flora like jasmine, gardenia and lavender fill your space with a pleasant aroma, while spider and snake plants and peace lilies work hard to purify. These green friends are a win-win, providing both a fresh, natural scent and a cleaner world.

Essential Oils

Essential oils are a powerhouse for filling your space with chemical-free scents. Just a few drops can transform the atmosphere, whether it's the energizing scent of peppermint, the calming notes of chamomile or the festive aroma of fir. Use a diffuser to disperse the scent throughout your living area, or create your own room spray by combining essential oils with distilled water in a spray bottle.

Simmer Pots

For an all-natural, homemade air freshener, simmer pots are a delightful and customizable option. Simply fill a pot with water, add your favorite ingredients — cinnamon sticks, citrus peels, cloves and herbs — and let it simmer on the stove. As the mixture heats up, it releases a yummy fragrance throughout your home.

SIMMER AND SAVOR

Whether preparing for a holiday gathering or simply adding seasonal cheer to your space, this wintertime simmer pot will fill your home with the season's goodness.

Ingredients

- 8 cups water (more as needed)
- 1 orange peel
- 1 apple peel
- Pinch of whole cloves
- 2 cinnamon sticks
- 3 whole star anise pods
- 1 fresh pine sprig

Directions

1. Bring water to a boil over high heat in a

large pot. Add fruit peels, along with the cinnamon sticks, cloves, star anise and pine sprig.

2. Reduce heat to low and let simmer gently for as long as desired, up to eight hours. Check the water level every 30 minutes, adding more water as needed.

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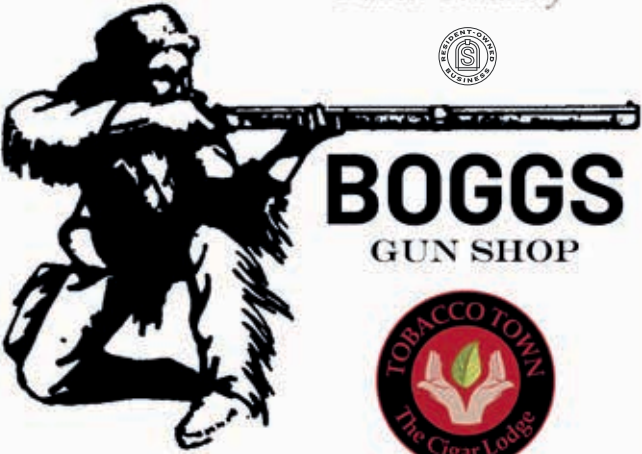


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BY SHAUNA OSBORNE, NATIONAL EDITOR

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(gyro) and “stretch” (tonic), was developed in the late 1980s by Juliu Horvath, a former ballet dancer and gymnast, as a way to heal from his persistent injuries. His system, which aligns with the body’s natural movement patterns, is now recognized globally for its ability to alleviate conditions such as sciatica, repetitive strain injuries, multiple sclerosis, osteoporosis and rheumatoid arthritis. The method’s rhythmic, undulating movements gently stretch and strengthen the body, enhancing posture, coordination and flexibility.

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- **Build Stamina and Strength:** GYROTONIC® simultaneously stretches and strengthens muscles, improving range of motion and building functional strength. Regular practice can enhance posture, bone density, joint stability and neuromuscular coordination.

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BY BOB COBURN
PHOTOS BY KAREN AKERS

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This relaxed atmosphere is evidenced by Tim’s Brittany Spaniel “Preacher”, who is a part time staff member and frequent contributor to the team! In addition to Preacher, Tim is professionally supported by Office Manager Stephanie who has been with Tim his entire career as well as fully licensed team members Allison and Jack.

The Cyrus agency also protects the most important family asset, the people. They offer a variety of life insurance protection to protect against the loss of income and wealth as well as short term disability. Many other policies are available from Tim such as pet insurance and protection for your business.

Tim is a proud graduate of Marshall University and a prominent supporter of all things BIG GREEN including Marshall Big Green Golf Tournament. He is also a big supporter of local worthy causes like Just For Kids, Lions Club, Shady Spring Cheer Leaders, Band, Football and Softball and other youth sports.

For a no obligation review of your policies give Tim a call at (304) 255-6917. You’ll be glad you did!

resident business guide

This is a current list of business owners and professionals from our neighborhood. It is an opportunity to network, qualify, and potentially build a business relationship with other successful individuals who also live here. To be included in the Resident Business Guide, email your name, business name, phone number, and email address to bob.coburn@n2pub.com.

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Address	Neighborhood	List Price	Sale Price	Sold Date	Beds	Baths	SqFt	Parking	Comments
235 Royal Oaks Drive	GladeSprings	\$407,000	\$407,000	07/25/24	3	2	2,248	Att-2 Car	Ranch
342 Barnstaple Drive	GladeSprings	\$549,000	\$540,000	08/02/24	3	3	3,200	Att-2 Car	1.5 Story
245 Rothfield Circle	GladeSprings	\$439,000	\$439,000	08/22/24	3	2	3,150	Att-2 Car	1.5 Story
221 Barnstaple Drive	GladeSprings	\$400,000	\$400,000	06/13/24	3	3	2,835	Att-2 Car	Mid Entry
201 Dogwood Court	GladeSprings	\$275,000	\$275,000	08/22/24	3	3	2,666	Att-2 Car	Condo/Townhouse
122 Phillip Place	GladeSprings	\$349,000	\$349,000	06/18/24	2	2	1,924	Att-2 Car	Ranch
144 Nelson Lane	GladeSprings	\$799,000	\$775,000	06/24/24	4	4	5,076	Att-3 Car	Raised Ranch
154 Glen Orchard Way	GladeSprings	\$399,000	\$399,000	06/25/24	3	2	2,520	Att-3 Car	Ranch
359 Far Country Drive	GladeSprings	\$499,000	\$499,000	06/25/24	3	3	2,750	Att-2 Car	1.5 Story
1315 Lake Drive	GladeSprings	\$799,000	\$799,000	06/27/24	4	4	4,774	Att-3 Car	2 Story
192 St. Elizabeth Lane	GladeSprings	\$589,000	\$565,000	08/05/24	3	4	3,480	Att-2 Car	Raised Ranch
651 Edward Drive	GladeSprings	\$850,000	\$850,000	08/05/24	4	3	3,939	Att-2 Car	1.5 Story
213 Glen Garden Lane	GladeSprings	\$359,000	\$355,000	08/12/24	3	2	2,047	Att-2 Car	Ranch
213 Dogwood Court	GladeSprings	\$289,000	\$276,000	07/08/24	3	3	2,793	Att-2 Car	1.5 Story
519 Edward Drive	GladeSprings	\$537,500	\$537,500	08/13/24	3	3	2,500	Att-2 Car	1.5 Story
330 Chapelwood Drive	GladeSprings	\$429,900	\$429,900	08/29/24	3	2	2,260	Att-2 Car	1.5 Story
126 Highlands Lane	GladeSprings	\$525,000	\$525,000	08/30/24	4	3	2,754	Att-2 Car	Ranch
571 Barnstaple Drive	GladeSprings	\$494,000	\$468,500	06/14/24	4	2	3,756	Att-2 Car	2 /Story
343 Far Country Drive	Glade Springs	\$100,000	\$100,000	07/11/24	3	2	2,400	Att-2 Car	1.5 Story
109 Hickory Court	GladeSprings	\$399,000	\$395,000	07/19/24	3	2	2,161	Att-2 Car	Ranch



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