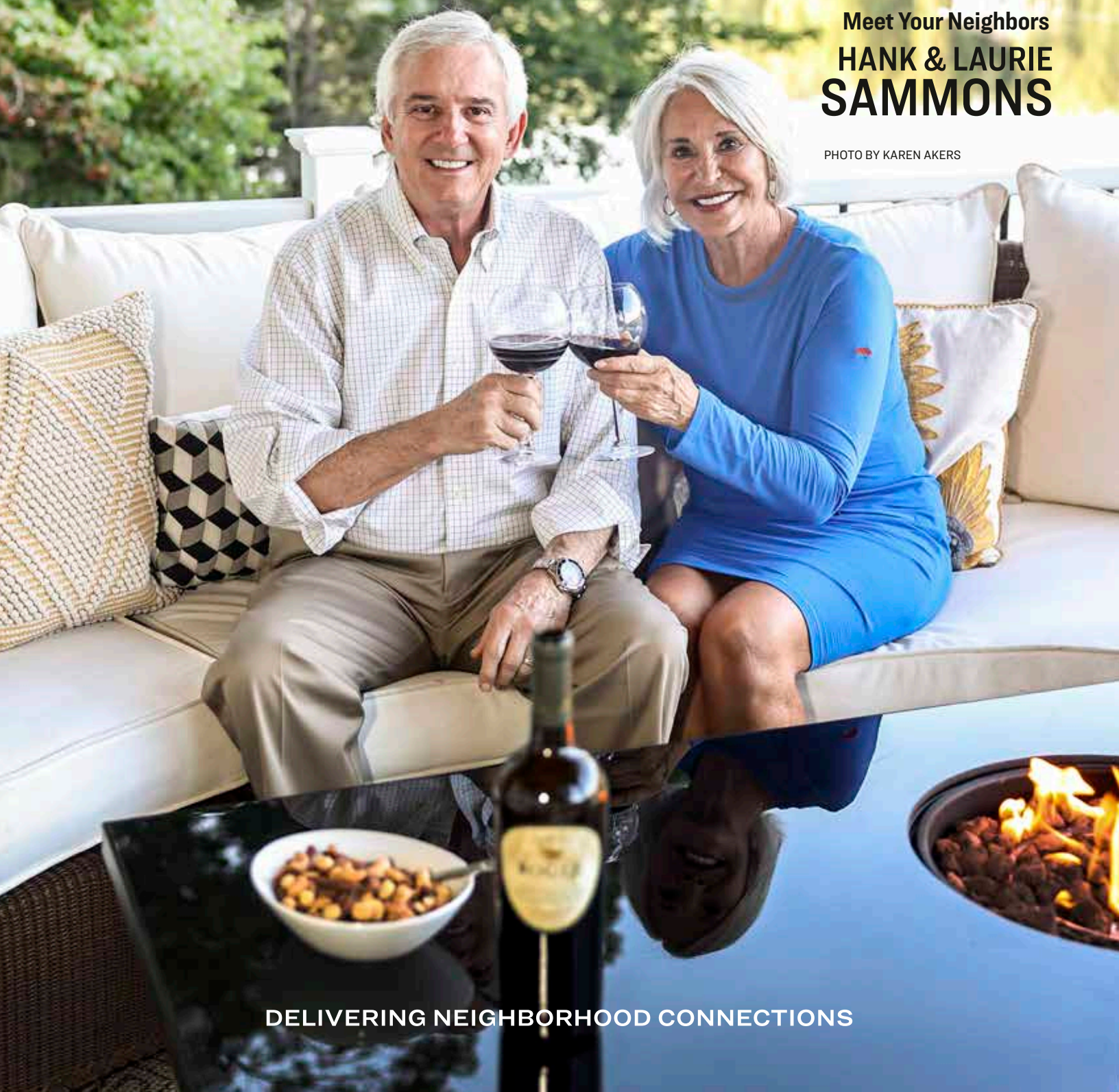


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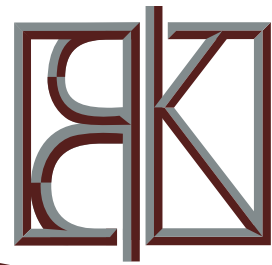
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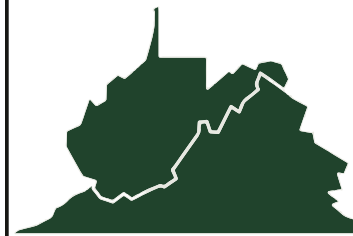
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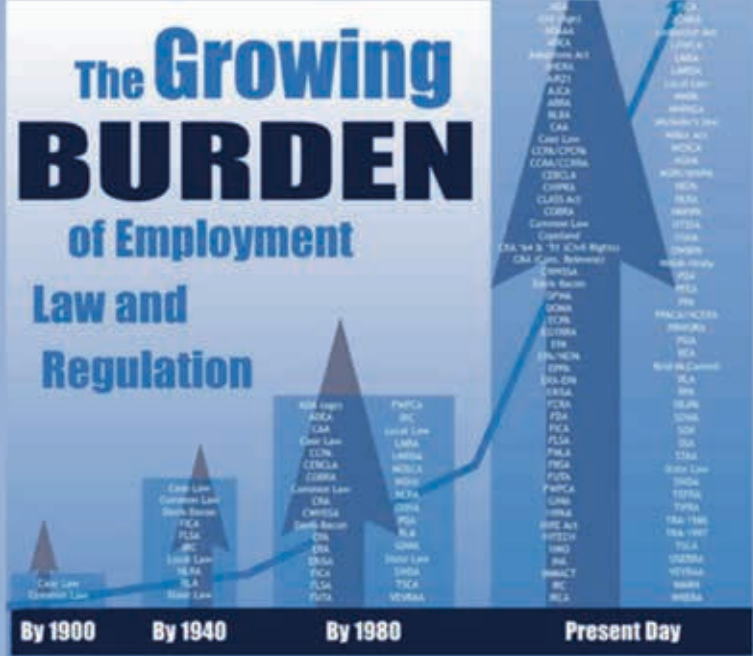
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# SEPTEMBER 2023

Welcome to the September 2023 issue of *Stroll Glade Springs Village* and to the month of September, the first month of Autumn or Fall! It's hard to imagine it will be Labor Day weekend shortly and the unofficial end of summer. It truly has flown by!

It has been a GREAT summer but we have many things to look forward to in September! There's football of all kinds, cooler temperatures, kids back at school and beautiful leaves to name a few. It is also National Chicken, Piano, Biscuit and Potato Month. I guess they are stand alone celebrations but I see some combination possibilities here.

Famous people born in September are Freddie Mercury, Beyonce, Keanu Reeves, Adam Sandler, Rocky Marciano, Jack Daniel and Milton Hershey among many others. We also celebrate Grandparents Day and Patriots Day. A great month to do whatever you like to do such as nice walks in the hood, bike rides and fall golf.

We hope you continue to enjoy our community publication and we thank you for your input and recommendations of residents and sponsors alike. This month we welcome WV Orthotic and Prosthetic and Mr. Alan Lett to the Making a Difference Feature Sponsorship as well as AscendHR and Ms. Tracy Culicerto.



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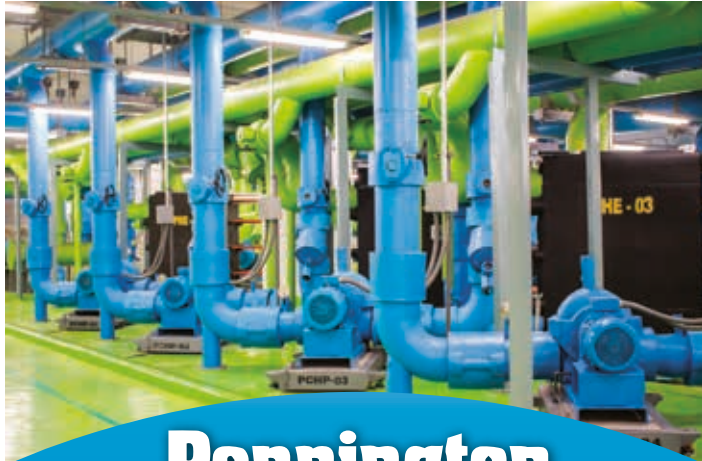
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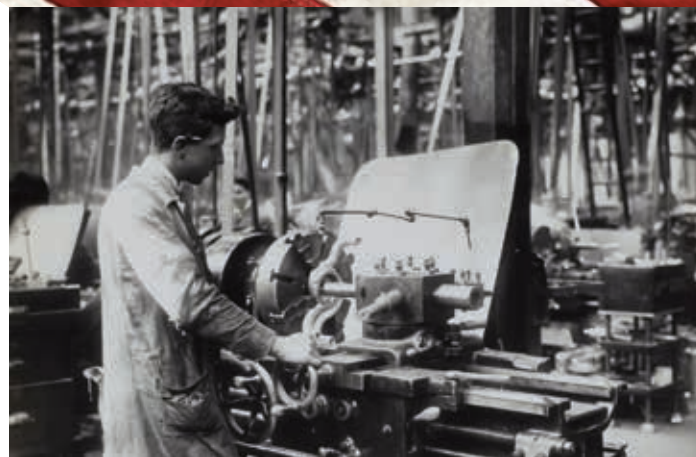
Beyond barbecues and blowout sales, Labor Day celebrates the triumphs of the working class.



## Rediscovering the Meaning of Labor Day

Labor Day is a time to celebrate and honor the profound contributions of our nation's unsung working heroes.

BY SHAUNA OSBORNE, NATIONAL EDITOR



As the first Monday of September rolls around each year, Americans eagerly anticipate the long weekend — the last hurrah of summer. It's a time for barbecues, parades and the chance to squeeze in one final vacation before autumn sets in. But how many of us truly understand the origins of this esteemed holiday? Surprisingly, many Americans are unfamiliar with Labor Day's significance. It is a day that not only honors the hardworking individuals who form the backbone of our society but also commemorates the long-fought battles and achievements of the labor movement.

Labor Day has a rich history dating back to the late nineteenth century.

The Industrial Revolution brought about grueling and unsafe working environments for most Americans, including 12-hour days and seven-day workweeks, even for children. In response, labor unions emerged to advocate for better conditions. In 1894, a pivotal moment occurred when employees of the Pullman Palace Car Company in Chicago went on strike, sparking a nationwide boycott. Government involvement led to riots and tragic worker deaths. The concept of a "working man's holiday" gained traction and eventually resulted in state legislation and federal recognition. On June 28, 1894, President Grover

Cleveland signed a law establishing Labor Day as a national holiday, to be celebrated on the first Monday of September each year.

Today, Labor Day serves as a tribute to and reminder of the leaders, activists and workers who fought for fair labor laws and improved working conditions, allowing us to enjoy weekends off, the 40-hour work week, sick days and paid time off. Their efforts elevated the nation's standard of living. Thus, Labor Day provides a fitting occasion to honor the American worker, who is and always will be instrumental in shaping the nation's strength, freedom and leadership.



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BY WHITNEY CAPPELLARI  
PHOTOS BY KAREN AKERS

# Hank & Laurie SAMMONS

hey say life is something you should never take for granted, and for Hank and Laurie Sammons of 217 Hawks Chase Lane, its a notion personified. The Sammons are a 'perfectly imperfect' couple, who met while vacationing at the same condominium in Estero, FL. The pair were both widowed and met unexpectedly while patronizing the condo coffee shop. From there came lunch, which turned into wine at a beach club, followed by dinner and finally, dancing until midnight at the Fort Meyers Music Walk. Since that time, the Sammons have never stopped dancing. Their courtship lasted six (6) months and the pair ultimately wed at their home in Glade Springs on August 10, 2013 in a private ceremony surrounded by family.

However, prior to their serendipitous meeting, Hank, an orthodontist from Huntington, West Virginia, and Laurie, an educator, author, and national consultant from North Dakota, lived in a sense, parallel lives.

Following his departure from dental school, Hank married his first wife, Elizabeth and settled in Huntington where he ran a successful orthodontist practice. At the age of twenty one (21), Elizabeth was diagnosed with stage I Hodgkins Disease and due to radiation treatments was unable to conceive children. Together, Elizabeth and Hank adopted two (2) children: Maggie and Drew.

Hank participated in an annual father/son golf tournament which initially brought him to Glade Springs.




Though in subsequent years, he also came to the resort to play in the annual Chatham Cup. In 2004, Hank purchased the property on Hawks Chase Lane and began construction on the family's lake home— the third (3rd) home to be built on the lake. Later, family friends ,Cuffy York and Rick Flowers would also purchase homes in Glade Springs after being introduced by Hank. For seven (7) years, the couple enjoyed weekends and holidays on the water at Chatham before Elizabeth succumbed to heart failure as a result of her Hodgkins radiation treatment.

Meanwhile, Laurie, (then Robinson), and her husband, Neil were anticipating the celebration of their thirty seventh (37th) wedding anniversary in the Galapagos Islands. The celebration was bittersweet as the couple had recently suffered the loss of three (3) close immediate family members in the weeks prior. By day the pair climbed mountains, took hikes and went deep sea diving. One evening, in reflection of their recent losses, Neil stated that he would depart a happy man if he were to die today and jokingly, he indicated that, "If I could choose a way to die, it would be quickly and with a basketball in my hands." Three (3) weeks later, Neil's premonition came true after he suffered a massive heart attack at age fifty six (56) while playing basketball. Together, Laurie and Neil shared three (3) children: Aaron, Heather and Carson.

Loss is something that has profoundly affected both Laurie and Hank, though it is through loss that we begin to see how truly beautiful life is and garner a deeper appreciation for the present. A motto mounted on their living room wall , "Accept what is, let go of what was, have faith in what will be," stands as a testament to how the pair live their life each day with God and family firmly in the center. The couple are members of the Glade Community Church.

Together, they share five (5) children and seventeen (17) grandchildren ranging in ages from two (2) to eighteen (18). Recently, their many loved ones shared a

week together at the Sammons home fishing, boating and spending quality time together. They also enjoyed laser tag and inflatable soccer among other activities offered at the Glade Springs Recreation Center. But their favorite parts of the area include nature, tranquility, and friendly, down-to-earth



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people. They look forward to celebrating their anniversary in August in the same place they spoke their initial vows at their lake home on Chatham a decade ago.

In addition to spending time with family, Hank and Laurie enjoy good music and golfing. Individually, they play in golf leagues, both here and in their winter home in Florida, as well as a great group of Glade friends on a Sunday couples golf outing. Hank plays guitar and sings in two bands, including the “Oakwood Road Band” in Huntington and “Bob’s Garage Band,” in Estero, Florida. You can find many of the songs he has composed on Youtube at “Frederick Hank Sammons.”

Recently, the couple took a trip to Israel which inspired Hank to write songs about the 66 books of the Bible. These are posted on his Youtube channel, as well.

The couple strives to live a life of personal integrity and aims



to leave a legacy of love and grace. The pair can easily look back on the memories of the past, appreciating what was and being thankful for what is.

They are living each day, “from mourning to dancing.”

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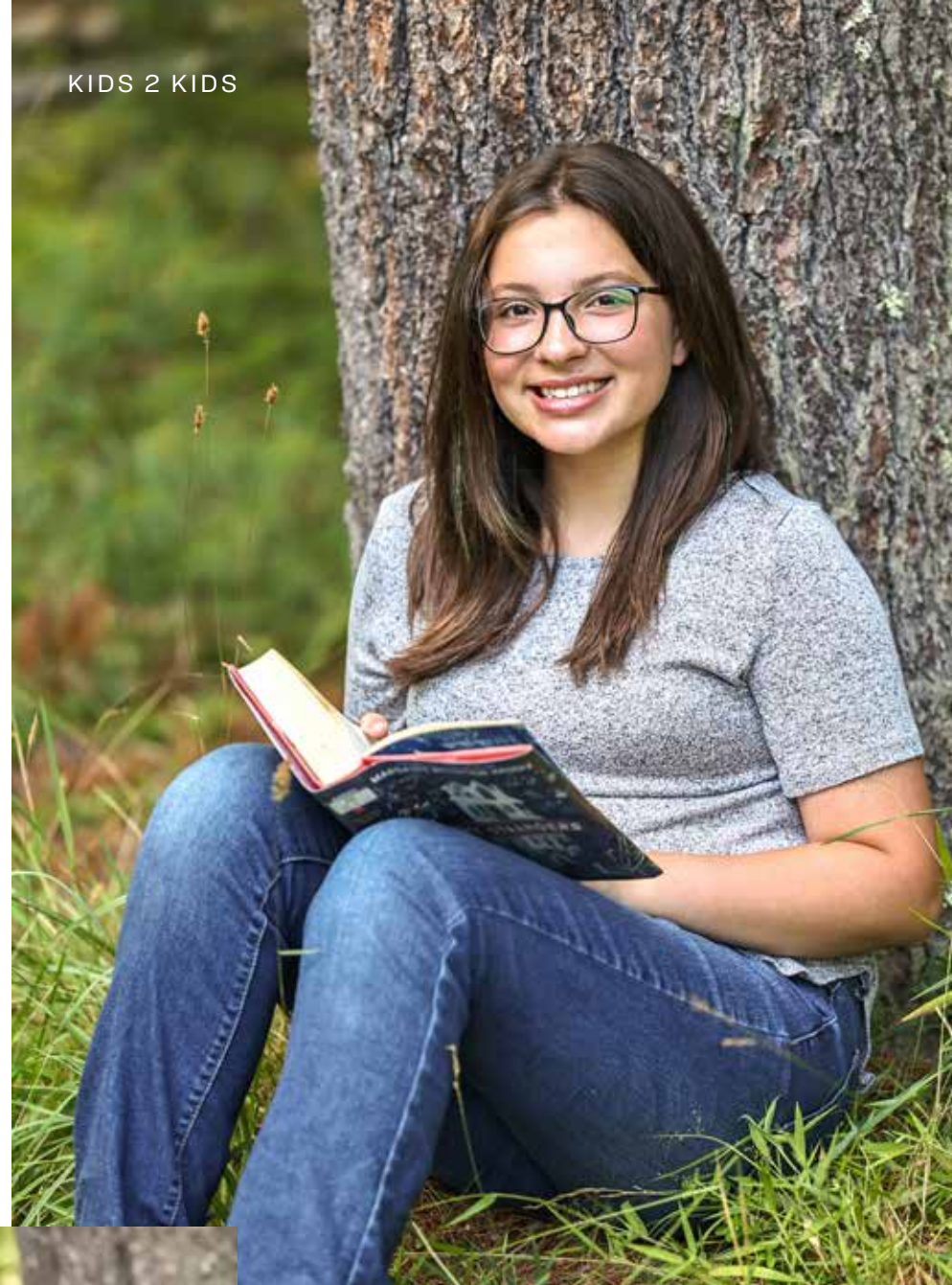


# LILLIAN SHEETS

BY WHITNEY CAPPELLARI  
PHOTOS BY KAREN AKERS

Meet eleven (11) year old Lilly Sheets—the fearless eldest, adventure seeking daughter of Brandon and Sara Sheets. Lilly has one (1) sibling, a sister, named Eliza who is seven (7) years old. The family moved to Glade Springs a little over a year ago and have been taking advantage of all its amenities ever since. Lilly cites, “the pool” as her personal favorite but also enjoys taking bike rides and walks around the neighborhood. Together, the family also enjoys Sunday night bowling at the leisure center.

In addition to the many family centered activities within the gate, this tight knit family enjoys traveling and taking on other adventures beyond Glade as well. Lilly notes one of the coolest things she has done recently is a pasta making class



that she took with her mother, Sara, at Gran Robbies near Anstead. Since this time, Lilly’s love for cooking has grown and though she hasn’t been able to bring her skills to the table at home yet, she does look forward to serving up homemade pasta in the future.

As a “travel bug” by nature, Lilly hopes to one day travel to Italy because, “they have the best food.” So far, her favorite vacation has been a beach trip with her family to Bradenton Beach in Florida. Here, sixteen (16) family members got together, including six (6) kids to spend time together and enjoy the sun. This was especially fun, as two (2) of the cousins are Lilly’s age. Additionally, she one day hopes to travel to Hawaii.



Farms in Virginia. Here, Lilly, among other campers, built boats and conducted a race down the river. Lilly’s boat was constructed out of pop bottles and ping pong balls and came in fourth (4th) place overall. The family

jokes that Lilly has been attending this camp since birth. Photographs show Lilly as young as two (2) attempting to climb rocks and play in the river that runs through the property.

With summer vacation coming to a close, sixth (6th) grade awaits. For now, Lilly is not sure if she will participate in any sports this coming year but she is excited for her next big adventure at Shady Middle School.

If you know a great kid or kids in the neighborhood please contact  
Bob Coburn at [bob.coburn@n2pub.com](mailto:bob.coburn@n2pub.com)

Lilly is an avid reader, enjoying series such as “Harry Potter”, “The Penderwicks,” and “Spy School.” Her love of reading took hold throughout the long months of quarantine during the 2020 pandemic. Since then, she has obtained a library card and enjoys frequenting the local libraries in both Shady Spring and Beckley. Impressively enough, Lilly even won an award through Shady Elementary’s Accelerated Reader Program which landed her the ability to attend “The Little Mermaid” in theaters. She estimates that she had accumulated around 288 AR points during the last school year alone— an outstanding accomplishment. In addition to reading, Lilly also played volleyball for the Shady Elementary Tigers, who came in second (2nd) place in their district last year.

But the conclusion of the school year has not slowed her down. In addition to an upcoming trip to Myrtle Beach, Lilly has also participated in two (2) different summer camp sessions. The first being “Camp Cheerio,” a YMCA based sleep away camp located near Sparta, North Carolina. Here, she was able to engage in activities such as horseback riding, volleyball, high ropes, and arts and crafts. Campers sleep in cabins, but for one (1) night they attempt an all night camp out outside. Lilly states that her cabin was the only one that was able to make it the entire night, with all of its campers remaining overnight during their session.

The second camp she attended was a STEM camp owned and operated by her grandfather at Clinch River



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# Luke & Gabe

BY ED MCCALL  
PHOTOS BY KAREN AKERS

The sweet swinging Matthews brothers



I'm sure there is some sibling rivalry between Luke and Gabe Matthews, well-spoken sons of Sheri and Alan Matthews of Hawks Chase Lane, but one would have to examine the two closely to discover it. With four years separating the two athletically gifted young men, it is amazing they had such similar sports journeys, and their humility belies the many athletic successes they have earned.

Though they spend much of their summer here in Glade as well as many weekends and holidays, the family maintains a permanent home near Greenville, North Carolina, where both graduated from Southside High School while excelling in multiple sports. Most recently they teamed up for a good showing in the POA Member-Member Golf Tournament. Though both love the view their home on Lake Chatham affords them, and while both have an affinity for the crystal-clear waters of Chatham, that is

not what draws them to visit often. "We love the golf courses," Gabe gushes. "Stonehaven is so beautiful, and the green speeds are awesome." Luke concurs and says they both love Woodhaven as well because it is so scenic. The low single digit handicappers enjoy the weekly CAT games on Stonehaven.

Luke is a recent graduate of East Carolina University and Gabe is once again ready to follow in his older brother's footsteps when he begins his freshman year at ECU this fall. He plans to walk onto the Pirate's golf team while majoring in business management. Meanwhile Luke will begin work toward his MBA in business administration after having completed his undergraduate degree in exercise physiology at ECU.

As the only two brothers to ever win the Male Athlete of the Year Award at SHS, they probably tapped out the athletic department's supply of letters over their four years of high school. Both ran track, played basketball, and excelled at soccer. The latter of which invoked the football coach to ask both to be the team's kicker. This past season the coach was glad he did because Gabe hit the winning field goal from 31

yards out to seal a win in the Anchor Bowl. Of course, in the spring both could be found representing SHS on the fairways of the Tar Heel state.

Though their pathways were similar, their reasons for taking them were not always the same. Gabe is the more competitive of the two and enjoys the challenge of getting better. Luke, on the other hand, enjoyed the personal relationships and friendships that came from being a part of a team. They are spending the summer working before they hit the campus at ECU this fall. The sweet swinging Matthews brothers readily acknowledge they will be golfers for life.



If you know of or have an athlete in the family please contact Bob Coburn at [bob.coburn@n2pub.com](mailto:bob.coburn@n2pub.com)



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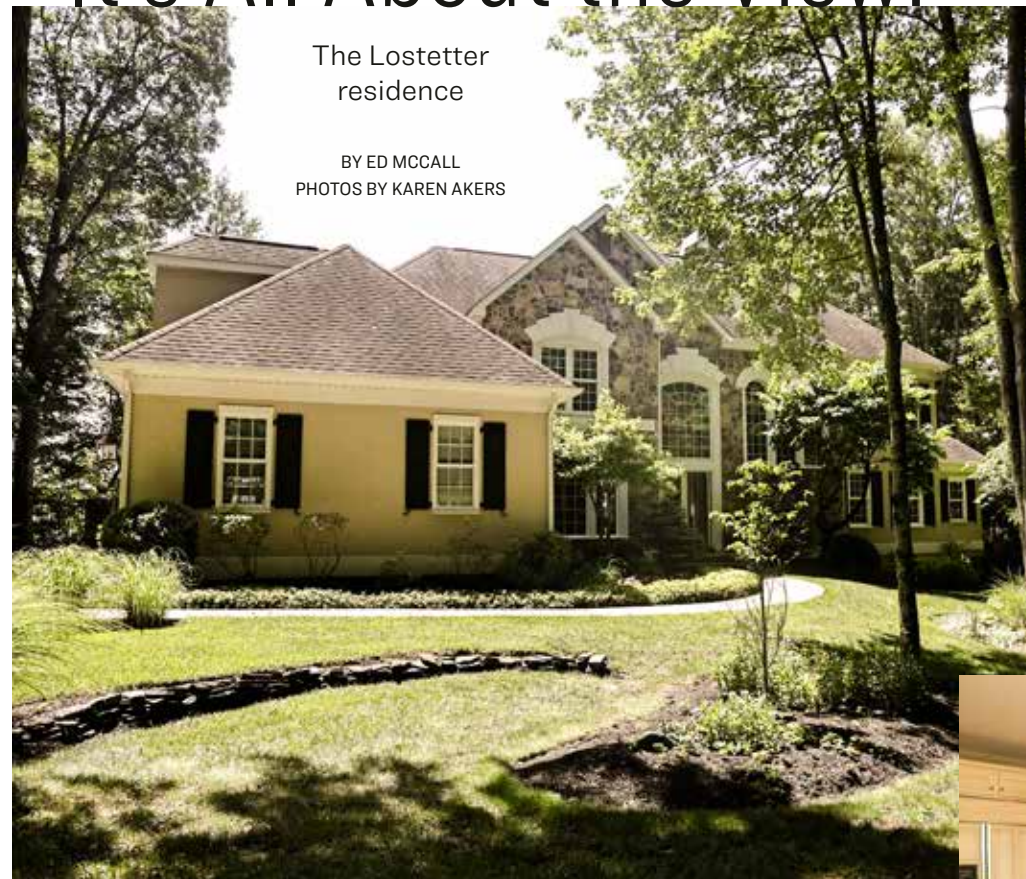
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# It's All About the View!

The Lostetter residence

BY ED MCCALL  
PHOTOS BY KAREN AKERS



If I were to call good friends John and Pat Lostetter visionaries, one might think I was just poking fun, but should one examine the home they have carved out of the forest at 1337 Lake Drive, one might justify the label. The 3800 square foot stucco two-story is nestled back from the street on a wooded lot that affords them privacy on three sides yet opens in the back to a majestic view of Glade gorge below. That is where their favorite

“room” in the house is situated. It is on their patio where they eat most of their meals, entertain guests, and wind down after a busy day of Glade living, which for them probably includes some gardening and landscaping.

The stone patio stretches nearly the breadth of the home, appointed elegantly with planters full of yellow daisies, petunias, cone flowers, butterfly bushes, and alyssum. More of the same flowers with assists from boxwood hedges frame the patio walls. A few paces down through the plush bluegrass lawn and one finds John's prize koi pond. Fitting for a fisherman of his stature who has wet lines in most of the nation's great trout streams. Off to the left the walkway winds down to the couple's fire pit. It is also the path John uses to descend into the valley below in search of Glade Creek trout. From the back edge one is afforded a special sight during the days when June transitions into July and the entire hillside is abloom with Rhododendrons.



Giant oaks, maples, birches, and white pines intermingle with the only tree species that wasn't already on the property when they moved into their new home in 2004. The flowering pears were John's idea, and they reward them each fall when their leaves add to the blazing fall colors. “When we purchased the property,” John recalls, “the front yard was so thick with mountain laurel you couldn't walk through it.” Today the approach is via a driveway that sweeps right to left and whose gentle slope allows access to the three-car garage. Visitors may park there and traverse the front walk which is lined with pachysandra, peonies, lamb's ear, and a red bud tree adjacent the double French door entrance.

Once inside the 2-story stucco that was constructed by Glade builders (Greg Perry), one is immediately taken by light from windows, ceiling to floor in the great room and kitchen with an island bar and breakfast nook. The first floor also contains the master bedroom and bath, an office, and formal dining area, as well as a laundry area. Medium toned hardwood floors are complemented by soft-neutral walls. There are 3.5 baths and a balcony walkway over the great room that is accessible via stairs from both sides of the home. The upstairs features two more bedrooms and John's man cave which tastefully features his father's old fly rod mounted on walls that are adorned with pictures of his many trout fishing adventures with their sons and grandson and vintage fishing lures. Above there is a deer-horn chandelier, and of course one wall features a big screen tv.

The lady of the house says her favorite room (aside from the patio) is the room that allows her a little pampering. The master bathroom with its jetted tub, heated floor, skylight, and ceiling to tub windows also provides her a private vanity, insuring she doesn't have to share sink space with hubby John. It allows her to do her hair, nails, and make-up with plenty of light, privacy, and no interruptions! The

former educator, with some help from Pam Fox, made all the decorating decisions that leave guests feeling they are in a very special place where comfort, warmth, and light are only upstaged by the fantastic views.

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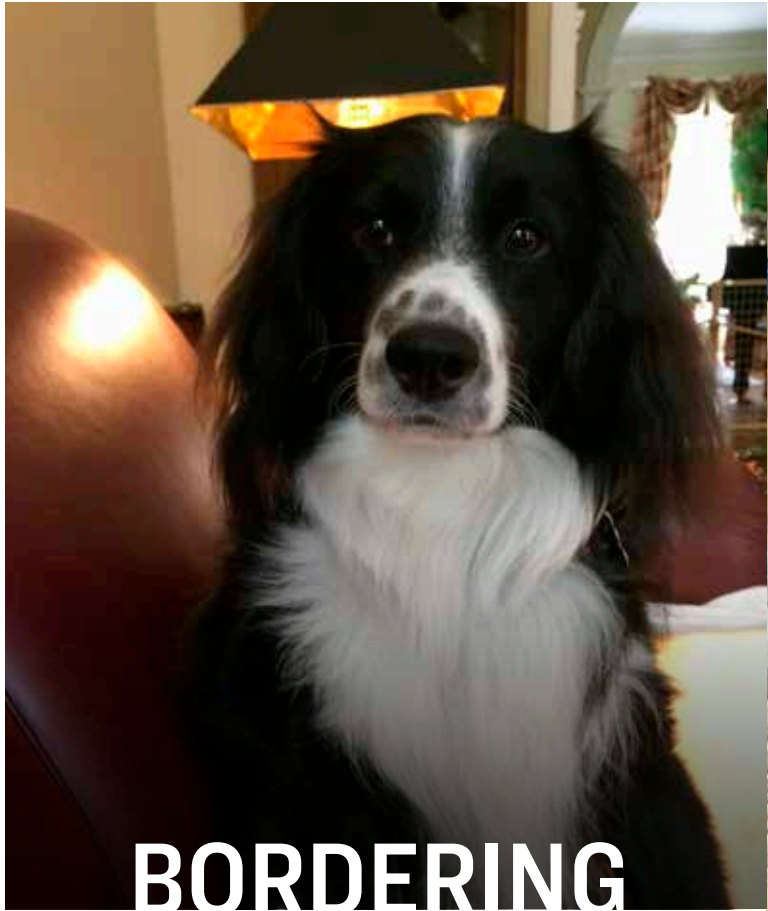
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# BORDERING THE MEADOWS

Bailey Meadows

BY BOB COBURN



**B**ailey Meadows, super close companion of Brenda Meadows, is a 10 year old spaniel and collie mix! Bailey was adopted in 2013 from the Humane Society and is grateful to Brenda to this very day!

He has big, sad eyes and long ears that express his sweetness and loving nature. He is a handsome rascal and in fact, Rascal was his name when coming home to Mountain Laurel Rd. where his name was changed to Bailey after another neighborhood pet.

Bailey is a handsome devil and was one of 6 Border Collies in the Meadows household at one time. Now, it's just Bailey and sister Reagan who is the athlete of the family and more to herself.

Brenda gushes with joy when speaking of Bailey! "He's a wonderful pet and demands hugs! At least 10 times / day he will put his



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paws on my leg and hints for a hug. He's the most lovable and appreciative of all the dogs we have and I'm convinced it is because he was rescued!"

Bailey can be found never further than a foot away from Brenda usually carrying his favorite toy duck. He goes everywhere Brenda goes and when Brenda leaves home, he is ready for a big welcome home celebration complete with more hugs.

The Meadows dogs eat well as you might imagine with supplements to the normal dog kibble. Kibble with salmon, kibble with filet or kibble with anything that's good! Bailey will remind Brenda when its feeding time by stalking her around the house until fed. Bailey also loves apple cookies!

Other loves include grooming and watching the neighbors go by, most of which say "HI" by name. He is full of life and love.

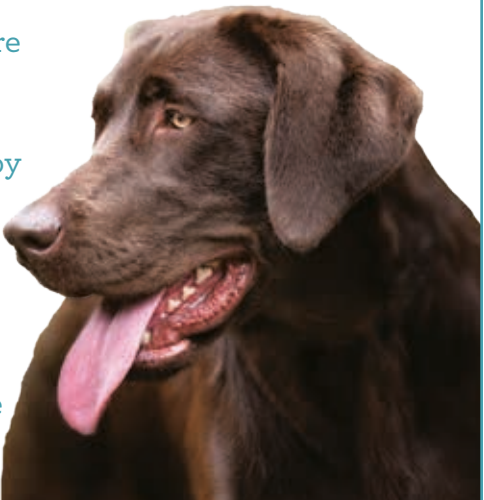
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BY BOB COBURN  
PHOTOS BY KAREN AKERS



WV Orthotic & Prosthetic is a locally owned orthotic/prosthetic care facility that has been serving patients and their families since 1997. The company has its roots from J. Harvey Lett that started making metal braces in Huntington WV during The Great Depression earning 30 cents an hour. Gerald Lett began working with his father in 1963 and trained at New York University Medical Center and Northwestern University obtaining certification by the American Board for Certification in Orthotics and Prosthetics. After owning and working for Lett Orthopedic Industries for over 30 years and Advanced Orthopedic Technologies for another 5 years, Gerald along with his wife Audrey and their son, Alan, opened WV Orthotic & Prosthetic Center in Beckley, WV. Gerald and Audrey retired in 2018 after providing care for patients all over WV for over 55 years.

That brings us to present day owner and Glade Springs resident Alan Lett CPO who started working in the business in 1985 during the summer of his junior year of high school. Alan went on to graduate from W.V.U. and then

attend Northwestern University to obtain his Orthotic/Prosthetic education and became certified in 1998.

“When someone has an amputation or injury, they are feeling a wide range of emotions and sometimes wondering if they will ever be able to walk again.” Says



Alan. “It is very rewarding to be able to make a difference in someone’s life by providing custom expert care that gets them back to walking, working, playing golf and in some cases, running and exercising. We see a lot of tears of joy.”

“Making someone a prosthesis or custom orthosis is a very personal experience. It is designed for their specific needs. We form unique relationships with our patients because the service and care we provide will continue for the rest of their lives. As they progress through rehab, have physical growth, age and have changes in activity levels, we work with them to redesign the prosthesis/orthosis to meet their needs. Many of our patients have been in our care for 10, 15, 20 or more years.” “We have a great staff that genuinely care about people. Charles Collins BOCPO also a Glade resident has been working here since 2011 along with Donnie McCutcheon COA, who worked with J. Harvey for several years, both have a large number of patients that come to see them specifically.”

As you can imagine this industry is not without challenges. Alan describes the biggest frustration as, “insurance carriers require specific details in the prescribing physician notes in order to cover our services. The physician gives the patient an order that is medically necessary so everyone involved thinks it will be covered. Unfortunately, the prescription is just one of many items required for the insurances to cover the service. In some cases, the insurance company will pay for the care initially and then do a post-payment review and take money back for the care if there are not specific reasons or detailed instability tests described in the prescribing physician’s progress notes. It’s very frustrating and costly for us when this occurs but our focus is on doing the best job, we can with improving the quality of life of our patients. We do our best to work through the challenges.”

WV Orthotic & Prosthetic provides a wide range of traditional and advanced technology componentry for both orthotic and prosthetic patients. Examples of these

advanced technologies include microprocessor-controlled knees, feet, elbows, wrists and hands in addition to elevated vacuum socket management systems.

“We are very proud to serve our local veterans in our business and work closely with the Beckley VA Medical Center,” Alan says.

If you have a family member, friend or know of someone who is in need of this specialized care provided by a long term, caring, family business, reach out to WV Orthotic & Prosthetic at (304)256-8351 or check out wvopc.com

If you know someone whos is Making A Difference in the community, please contact Bob Coburn at bob.coburn@n2pub.com





# FALL FONDANT POTATOES

Fondant potatoes are a classic French side dish. They are also called melting potatoes but whatever you call them I think you will find them delicious!

SUBMITTED BY KATHY CAPERTON



My version is two recipes in one. If making for a small group and serving right away follow the entire recipe. When making a large amount for a party or a tailgate (Go Hokies!) skip the last step or the third round in the oven.

Also, feel free to add spices of your choice I used rosemary, garlic, salt and pepper in this particular version which was served as a side to a nice ribeye and corn on the cob.

The dish is also perfect addition for breakfast or brunch as well as dinner.

**INGREDIENTS:**

- 3 lbs Yukon Gold potatoes, peeled
- 6 Tablespoon Unsalted butter
- 2 Tablespoons Fresh Rosemary, chopped
- Salt & Pepper to taste
- 1 1/2 Low sodium Chicken broth
- 2 garlic cloves minced

**INSTRUCTIONS:**

1. Heat oven to 500°
2. Peel potatoes and cut into 1 inch thick rounds
3. Toss potatoes with melted butter, fresh rosemary, salt, and pepper
4. Arrange potatoes in a single layer in a 13 x 9" baking dish. DO NOT USE GLASS.
5. Roast potato rounds for 15 minutes, remove from oven. Make sure the bottoms are browned.
6. Turn rounds and place back in oven for additional 15 minutes.
7. Lastly, if serving right away, remove potatoes from oven and add chicken broth and minced garlic. Return to oven and bake an additional 10 minutes.

\* Skip this step if potatoes are being held for a large group as they will be mushy by the time they're served.

*Bon appétit*



If you have a great recipe you would like to share please contact Bob Coburn at [bob.coburn@n2pub.com](mailto:bob.coburn@n2pub.com)



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BY BOB COBURN • PHOTOS BY KAREN AKERS

You have no doubt noticed Clay's Tree Service trucks in the community frequently over the years and there are several good reasons for that. They offer professional, safe and clean service at a fair price and are one of the oldest tree service companies in the area.

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# Taste the Rainbow

Embrace the simplicity and beauty of eating the rainbow and nourish your body from the inside out.

BY SHAUNA OSBORNE, NATIONAL EDITOR

In a world brimming with tempting flavors and tantalizing textures, the concept of “eating the rainbow” has transcended mere visual appeal. More than just a feast for the eyes, embracing a colorful plate has become an enticing pathway to nourishing our bodies with diverse essential nutrients. By savoring the lively hues of nature’s abundant palette, we can unlock a multitude of health benefits that go far beyond simple aesthetic delight.

Colorful fruits and vegetables are natural wonders packed with phytonutrients, which not only give them their vibrant hues, flavors and aromas but also fortify their immunity against environmental threats. When we consume these plant foods, their phytonutrients become our allies, safeguarding us against chronic diseases like cardiovascular disease and certain cancers.

Surprisingly, the CDC reports that a majority of Americans — approximately 8 out of 10 — are missing out on the wonderful array of colorful foods they should consume for optimal health. So, when it comes to meals and snacks, we should aim to incorporate a wide range of plant-based colors. Remember, no single color is superior to others — achieving a balance among all colors is key!



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**2. Green:** Green vegetables like broccoli and spinach, along with fruits like kiwi and green apples, promote improved digestion and alleviate inflammation.

**3. White:** White foods such as cauliflower and bananas can reduce bad cholesterol and help manage high blood pressure.

**4. Yellow / Orange:** Carrots, sweet potatoes, peaches and pineapple enhance the immune system.

**5. Purple / Blue:** Eggplant, blackberries and blueberries can lower cancer, heart disease and stroke risks.

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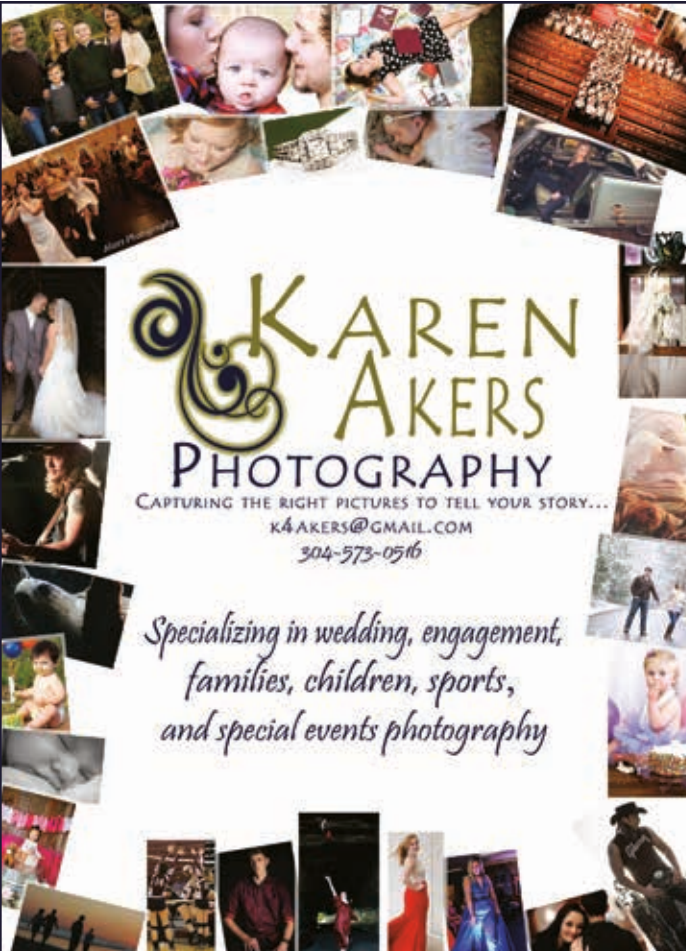
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**1 / Carry** Opt for a traditional wicker basket to accommodate all your dining essentials and infuse your picnic with a touch of nostalgia. Consider including wooden crates, as they serve a dual purpose, acting as both tables and chairs and providing a convenient way to transport items.

**2 / Eat** Incorporate dishes with fall-harvest fruits and vegetables like frittatas, cornbread, butternut squash soup and savory muffins. For dessert, delicious classics like hand pies, turnovers and cookies — in autumn flavors like pumpkin, caramel or pecan — are easy to transport and eat.

**3 / Serve** Elevate your fall picnic experience with versatile wood cutting boards or cheese boards. Whether for slicing and

serving or providing a stable surface while dining, these rustic boards ensure a picture-perfect presentation of your culinary prowess.

**4 / Nestle** Bring along a selection of blankets and quilts, providing not only a soft spot to lounge on the ground but also a warm cover to snuggle up in as the temperatures cool. Choose patterns like plaid or cable knit to blend with the autumn setting effortlessly. Complete your picnic packing list with necessities like dishes, cups, silverware and napkins, allowing you to savor autumn's flavors and the joys of dining amidst nature's breathtaking tapestry.

**5 / Drink** Indulge in the cozy delights of the season with a comforting warm beverage, like hot chocolate, coffee or apple cider.



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HOME MATTERS

1

## Fall Feasts Al Fresco

Create a picture-perfect outdoor adventure, where every detail speaks to the essence of the season.

BY SHAUNA OSBORNE, NATIONAL EDITOR

With the air outside growing crisp and cool, our cravings turn to comforting autumnal treats like savory soups and steaming hot apple cider. To fully immerse yourself in the enchantment of the season, why not plan a casual, charming outdoor picnic? Whether you choose a splendid pumpkin patch, a beloved wooded nook, or simply your own backyard, this packing list guarantees the perfect combination of culinary delight and cozy ambiance for an unforgettable al fresco fall feast.

3

2

5



# resident business guide

This is a current list of business owners and professionals from our neighborhood. It is an opportunity to network, qualify, and potentially build a business relationship with other successful individuals who also live here. To be included in the Resident Business Guide, email your name, business name, phone number, and email address to **bob.coburn@n2pub.com**.

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Address	Neighborhood	List Price	Sale Price	Sold Date	Beds	Baths	SqFt	Parking	Comments
208 Dogwood Ct.	GladeSprings	\$230,000	\$230,000	04/03/23	4	3	2,652	Att-2 Car	Condo/Townhouse
213 Glen Garden Lane	GladeSprings	\$288	\$500,000	05/22/23	3	2	2,047	Att-2 Car	Ranch
109 March Chapel Lane	GladeSprings	\$440,000	\$405,000	05/08/23	4	3	2,505	Att-3 Car	1.5 Story
106 Edmund Lane	GladeSprings	\$490,000	\$490,000	04/06/23	3	3	2,716	Att-2 Car	Ranch
122 Phillip Place	GladeSprings	\$329,000	\$329,000	05/17/23	2	2	1,924	Att-2 Car	Ranch
504 Old Farm Rd.	GladeSprings	\$867,500	\$867,500	05/22/23	5	5	4,891	Att-3 Car	1.5 Story
801 Club Circle	GladeSprings	\$675,000	\$555,000	05/30/23	4	3	3,618	Att-3 Car	Ranch
133 Oak Lane Villa	GladeSprings	\$299,500	\$295,000	04/17/23	3	2	2,033	Att-2 Car	Cape Cod
128 Bancroft Place	GladeSprings	\$339,000	\$332,000	06/29/23	3	2	1,900	Att-2 Car	Ranch
192 Sherwood Lane	GladeSprings	\$549,000	\$525,000	06/12/23	3	3	3,000	Att-2 Car	1/5 Story
159 Charles Lane	GladeSprings	\$525,000	\$520,000	06/26/23	5	5	4,296	Att-2 Car	Ranch
283 Far Country Drive	GladeSprings	\$399,000	\$394,000	06/27/23	3	3	2,751	Att-2 Car	1.5 Story
207 Royal Oaks Drive	GladeSprings	\$529,000	\$514,140	06/29/23	4	3	2,761	Att-2 Car	1.5 Story
348 Hawksmoor Dr.	GladeSprings	\$380,000	\$370,000	03/10/23	3	2	2,768	Att-2 Car	Ranch
864 Club Circle	GladeSprings	\$160,000	\$160,000	06/15/23	1	1	916	None	Condo/Townhouse
144 Nelson Lane	GladeSprings	\$849,000	\$790,000	06/30/23	5	4	5,076	Att-2 Car	Contemporay
126 Long Drive	GladeSprings	\$309,000	\$309,000	07/07/23	4	3	2,650	Att-2 Car	Condo/Townhouse
117 Fox Pen Way	GladeSprings	\$425,000	\$425,000	07/14/23	4	3	2,200	Att-2 Car	1.5 Story
876 Club Circle	Glade Springs	\$159,900	\$150,000	02/09/23	1	1	900	None	Bungalow
220 Dogwood Court	GladeSprings	\$215,000	\$190,000	02/13/23	3	3	2,500	Att-2 Car	Condo/Townhouse

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