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The Reed Family

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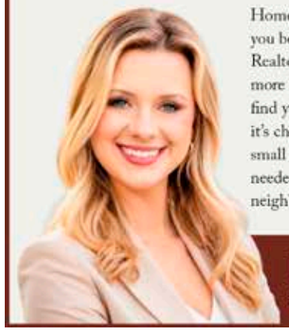
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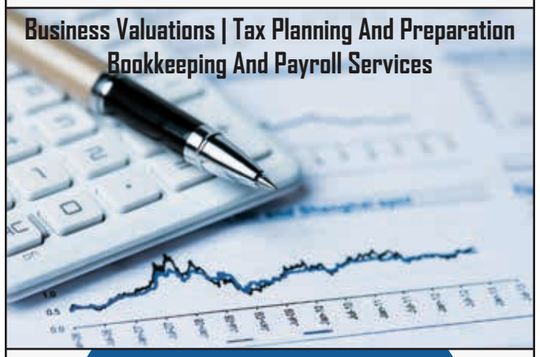
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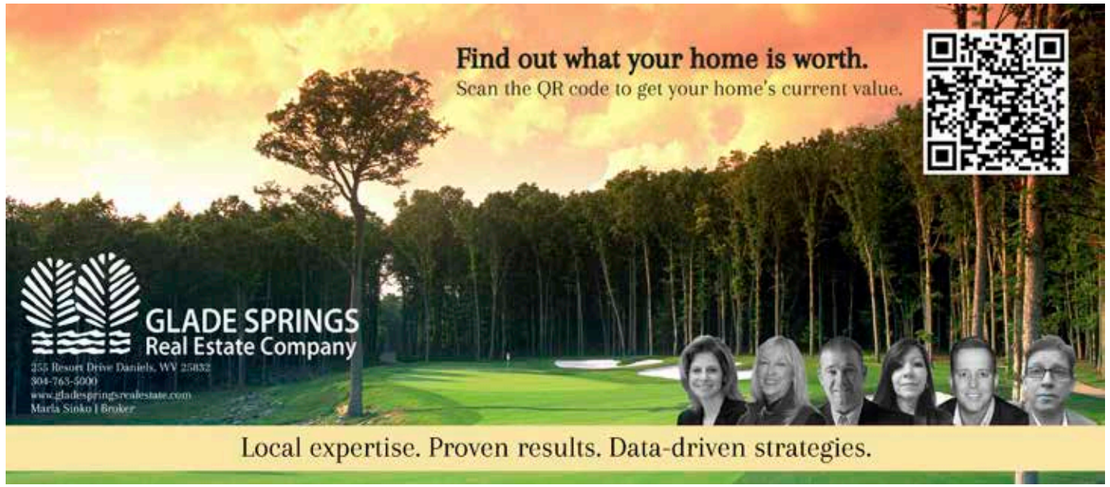
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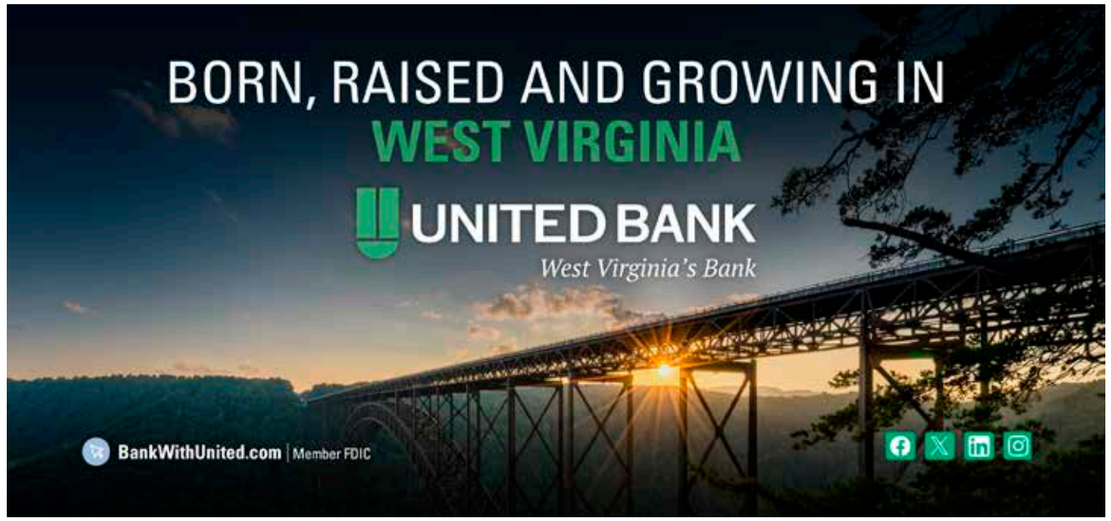
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A Season for Gratitude



November is a month that invites us to slow down, look around, and appreciate the people and traditions that make Glade Springs such a special place to call home.

As Veterans Day approaches, *Stroll Glade Springs Village* proudly honors the veterans who live among us. Their courage, service, and sacrifice have helped protect the freedoms we enjoy every day. To our resident veterans—and to veterans everywhere—thank you for your dedication to our country. We encourage neighbors to take a moment on November 11 to share a sincere word of gratitude and, whenever possible, learn more about the stories and experiences of those who have served.

November also brings the warmth and reflection of Thanksgiving. Whether your celebration includes a large family gathering, a quiet meal with friends, or a new tradition of your own, we hope the holiday reminds us of the blessings found in community. Here in Glade Springs Village, there is much to appreciate, from beautiful autumn scenery to the neighbors who make our community feel like home.

The season offers plenty of other familiar pleasures, too. College football fills Saturdays with excitement, while the changing leaves create a spectacular backdrop for a leisurely stroll or scenic drive. Deer hunting season is also an important part of November for many local families. We encourage everyone to enjoy the outdoors responsibly and keep safety in mind throughout the season.

For those beginning their holiday shopping, Black Friday offers an opportunity to find special gifts while supporting the businesses that help our region thrive. In that spirit, we extend our heartfelt thanks to the local businesses that partner with and sponsor *Stroll Glade Springs Village* and encourage you to think of them in this and every season. Your support makes it possible for us to celebrate our residents, share community stories, and strengthen neighborhood connections.

From Veterans Day and Thanksgiving to football, falling leaves, and time spent with family and friends, November gives us countless reasons to be grateful. Thank you for being part of the Stroll family. We wish you a safe, meaningful, and memorable month.

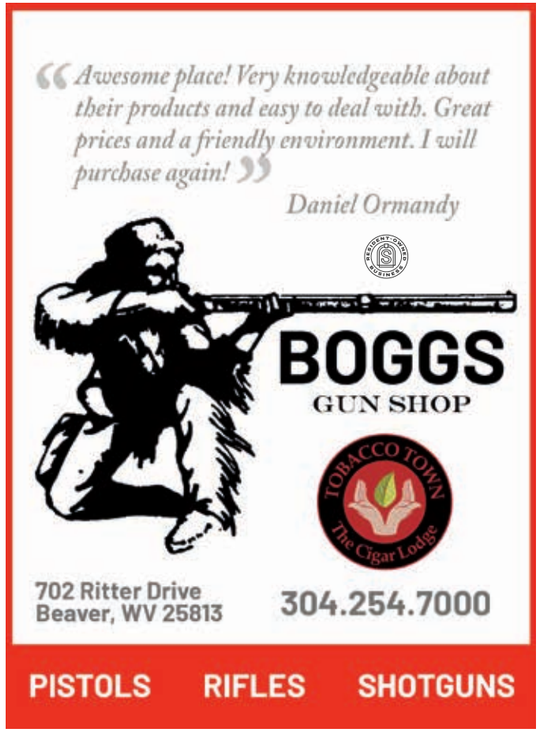


Bob

Bob Coburn
Area Director
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EVENTS

ALL ARE WELCOME!



OCT

FRIGHT NIGHTS

Brave six haunted attractions, plus games, food, drinks and more at the Monster Midway, every Friday and Saturday in October.



NEW THIS YEAR

DEC SAT.

CHRISTMAS IN THE PARK

Enjoy tractor rides, holiday characters, local vendors, festive treats and more every Saturday in December. **Free entry!**



OCT 11

FALL FESTIVAL

Spend the day at Fright Nights WV enjoying local vendors, seasonal food, family activities and fall fun.



DEC 5 & 6

HOLIDAY GOLF SHOP SALE

Shop seasonal savings on golf apparel, accessories, gifts and more.



OCT 3 & 10

FIND US AROUND TOWN

Visit the Glade Springs booth at **Chili Night on Oct. 3** and **Taste of Our Town on Oct. 10** to see what we have to share!



DEC 5

TEA WITH SANTA

Enjoy festive treats, holiday activities and a special visit with Santa.



NOV 25

THANKSGIVING EVE DJ DANCE PARTY

Kick off Thanksgiving weekend with a live DJ, drinks and a night of dancing.



DEC 6

SPA HOLIDAY SALE

Shop special savings on spa favorites, boutique finds and gifts for everyone on your list.



NOV 26

THANKSGIVING BUFFET & THANKSGIVING TO-GO

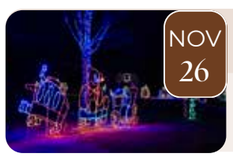
Enjoy a traditional Thanksgiving feast at the resort or take dinner home with you.



DEC 11 & 12

FRIGHT BEFORE CHRISTMAS

Celebrate the darker side of the holidays with festive frights, drinks and more.



NOV 26

HOLIDAY LIGHT TRAIL OPENS

Drive through a festive display of colorful lights and holiday scenes in Town Square. **Free entry!**



DEC 31

NEW YEAR'S EVE

Ring in 2027 with celebrations around the resort, including the Bunkers DJ Dance Party, and Glade's Grill Dinner.

THE RESORT AT GLADE SPRINGS

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The Reeds

REEDS SETTLED IN ON OLD FARM

WRITTEN BY ED MCCALL
PHOTOS BY SHEENA PENDLEY



Tara, Henry, Wyatt, and Andrew Reed

As a rule, families that relocate take some time to settle into their new surroundings. Old routines, familiar surroundings, and a home's nuances of light, smell, and the sounds of a past neighborhood must slowly be replaced with the uniqueness of their new home and new neighbors. Such has not been the case with Andrew and Tara Reed.

When the couple saw the posting online for their beautiful new home on Old Farm (just across the street from the Leisure Center), they had a hunch that getting used to Glade living might not require much of an adjustment for them or their sons: 9-year-old Wyatt, 7-year-old Henry, or other family members, Millie, their 6-year-old labradoodle rescue dog and their orange tabby Teddy (formally known as Theodore).

Reason being, even while they were residing on Sandalwood Drive on Maxwell Hill, they had been members at Glade for several years, taking advantage of the many amenities offered here. After four months of permanence here inside the Glade compound, they are fully adjusted to the new surroundings. Millie has lots of yard to romp in and plenty of wildlife to chase and bark at. The boys have safe streets on which to ride their bikes and scooters with friends and across the street plenty of woods and a virtual playground in the Leisure Center. Even Teddy has exercised his curiosity fully while discovering all the nooks and crannies of his new digs.

Both Tara and Andrew grew up as kids at Black Knight Country Club, and they wanted the boys to have similar experiences to the ones they had growing up. Glade with its golf, pools, tennis, pickleball, and other activities in a safe, family friendly environment fit the bill. Tara was already a regular at the spa, and the boys still frequent the pools and leisure center, and since the boys already attended St. Francis, there was no adjustment to a new school needed.

Now that they are full-timers, they all agree one of their favorite pastimes is loading the entire crew (except for Teddy) into the golf cart in the evening and heading out to explore the many beautiful spaces one can find here at Glade. Watching a fiery sunset or a flock of dear frolicking on one of the golf courses can be a highlight in an otherwise hectic day for Tara who is a physical therapist at the Beckley VA or Andrew who is a partner (CPA) at Hess Stewart and Campbell and just

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survived another tax season. Often those cart rides end up at the playground where Wyatt and Henry can burn off some of the last day's energy before getting ready for bed and the next day at school.

Wyatt is an energetic 4th grader at St. Francis whose favorite classes include math and anything to do with STEM. Henry mirrors his big brother's enthusiasm for learning and fondness for numbers. Just guessing, but all indications are they may have inherited their love of numbers from Andrew.

Tara says the couple originally met years before when both were dating mutual friends. Years later they reconnected, went on a date, and as is often said, "The rest is history." Still, Andrew recalls that first date with a chuckle. "It was a 'sushi date.' I took her to Kimonas because I knew if I took her to Fujiyama (where he was friends with most of the staff), I'd never have the chance to talk just to her."

Tara has her own chuckle when she recalls the wedding planning once the decision to tie the knot was made. "We got married in Jamaica, and it was so beautiful, but that wasn't the original plan. Our mothers got involved in the planning because I was working on my doctorate at Marshall and before we knew it, the guest list had grown to almost 500 people! So we just put the brakes on that, sent out all the invitations inviting everyone to join us in Jamaica and let Beaches Resorts do all the planning." In the end the knot was tied in front of 52 friends and family members in a gorgeous setting.

Glade has something to delight each member of the Reed family. Many of Tara and Andrew's

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Millie



Wyatt and Teddy

couple-friends are residents here, including Andrew's main golfing foursome. The obvious proximity to the fitness center is great for Andrew while Tara takes full advantage of their proximity to Spa Orange, and the boys love the activities and arcade at the Leisure Center.

While both adult Reeds share kitchen duties, when they want to dine out, their favorite haunts are The Grille at Glade, The Dish, and Fujiyama. Made at home favorites are spaghetti, grilled chicken, and all things chicken, steak, or seafood done by Andrew on his Blackstone grill. However, when Wyatt and Henry decide how their taste buds get tickled, there is only one place for them. They head straight for Small Talk and one of their delicious milk shakes.

The changing colors of fall foliage are awaiting the Reed's evening cart rides. The building of snowmen and snow forts during winter will keep everyone connected to a different kind of Glade frozen beauty. In the spring, they will experience one of the great joys of Glade living, the greening of our mountains and forests as old man winter is vanquished once again. One might say that the biggest adjustments the Reeds have had to make upon relocating to Glade was no adjustment at all. They've been pretty much settled in since they arrived at their new home on Old Farm.

If know of a great individual or family in the community, please contact Bob Coburn at bob.coburn@n2co.com

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Ed is a WVU grad who spent 40 years as a teacher, administrator and coach for basketball, football, golf, track, and wrestling. He spent 20 years on the WVGA Exec. Committee with 2 terms as President. He has worked for 26 years as a starter at the Greenbrier and announced for the PGA and LIV Tours. Ed has been a published author for over 35 years and is an avid golfer. A teller of tales with a gifted imagination, Ed lives with his wife Cindy of 50 years and has one daughter, Dr. Maclyn McCall.



Sheena is a professional photographer with over 12 years of extensive experience in magazine, branding, and high end wedding photography. Her studio is located in downtown Lewisburg where she works alongside her husband and business partner. Together they travel around the state creating images that tell stories of the lovely people who reside in our beautiful mountain state.







Caleb Riddle

WRITTEN BY LIAM HIENER, PHOTOS BY KAREN AKERS



AN OFTEN-SEEN RESIDENT of Glade Springs Village is the well-known Caleb Riddle. Caleb and his family have lived in Glade since 2020, and he has been seen through leisure and work throughout Glade. He can often be caught on the golf course, in the gym, or with his family and pets. He also works at two golf courses, which provides him with a satisfactory way to help members and guests, while also making an earning of his own.

Caleb works at the Stonehaven and Woodhaven course, which he values largely because of his colleagues and connections he has made throughout the job. He describes the work and team culture as “very laid back and friendly”, which makes it a pleasant environment for a day-to-day job. A major perk of his employment is having access to the golf courses and grounds, which allows him to play golf even more frequently across the courses of Glade. While Caleb enjoys playing golf, he







revealed to me that Stonehaven is his favorite course of the three. He likes that it provides a challenge but is also friendly to scoring.

Caleb currently attends WVU Tech where he is in his final semester pursuing a degree in business management. Over the past two years, he has shown strong consistency through his academics and earned a place on the President’s List at the university. Although Caleb completes his coursework this December, he will participate in the graduating ceremony in May due to the single annual graduation schedule issued by West Virginia Tech.

Outside of his work on the golf course and his academics, Caleb also enjoys several other hobbies. He notes that he spends a lot of free time training at the gym with power building and power lifting. When he relaxes at home, he enjoys TV shows and movies, like Breaking Bad as his favorite TV series, and his two top movies are Scarface and The Dark Knight.

Sports provide another interest in Caleb’s life, with football staying out as his favorite to watch and follow. As a West Virginian, he naturally supports the college teams of West Virginia and the Pittsburgh Steelers. Fall is his favorite time of year, especially because it marks the return of football season.

Before moving to Glade, Caleb lived in Crab Orchard. He graduated from Independence High School where he was part of a state championship winning football team in his senior year and had a state final appearance in his junior year. At home, Caleb recently welcomed a pit bull puppy named Millie, which consumes a lot of his free time at home. He enjoys playing with her and watching her grow. Caleb summarized himself with his work ethic and character as “humble” and “persistent”, noting that no matter the task or situation, he can always be counted on to show up and put in the work. His drive and passion in everything make him one of the great individuals around Glade Springs.



Liam Hiener is currently a homeschooled junior in high school who has been a Glade Springs resident all of his life. In his free time, you can find him at one of the three golf courses or serving near the tennis courts. He also enjoys exploring new places and learning new information. He has been writing for Stroll Magazine since Summer 2026.



Karen Akers is a STEM educator at St. Francis De Sales School. She is a talented professional photographer with a keen eye for capturing the energy and emotion of clients and S.S.H.S. sports and events. Karen lives in Beaver with husband Mark. She is the proud mother of daughter Sarah, son Nick, and his wife Shasta, and a loving grandmother to Maci-and soon-to-be granddaughter Adley!

If you know of a great kid in the community, please contact Bob Coburn at bob.coburn@n2co.com

ATHLETE OF THE MONTH

Allie Fragile

Fragile leading Tigers' latest quest

WRITTEN BY ED MCCALL, PHOTOS BY KAREN AKERS











Allie Fragile, daughter of Matt and Stacey Fragile, is one of only two seniors on this year's Shady Spring High School volleyball team. That does not mean that she will be hanging up her knee pads at the end of the 2026 season. Far from it. She has already committed to Concord University where she will continue her educational and athletic journey and join another former Tiger, Alivia Stover, as they attempt to lead the Mountain Lions to the top of Mountain East Athletic Conference in women's volleyball.

When the Fragile family (including sister Daniella who attends WVU School of Pharmacy and has an athletic pedigree/dance pedigree of her own) moved from their home on Woodlawn in Beckley to Glade Springs at the end of Allie's 8th grade year at Park, Allie began her accension in the Tiger program, which culminated last fall when the Tigers fell to Herbert Hoover in the AAA state championship game. Despite the Tigers coming up just short in the five-set loss in Charleston, it wasn't from a lack of effort or contribution from Fragile. She had 17 kills, 14 service points, 4 blocks, 10 digs, and 10 service receives. For the season she had 272 kills, 95 aces, 33 blocks, and 166 digs. The state tourney performance, coupled with the consistent excellence throughout the 2025 season, landed her on the all-state second team as an outside hitter.

According to Shady coach, Trina Olson, her performance in Charleston was the perfect coming out party for Fragile to establish herself as a team leader for 2026. Olson says at states she showed the intensity needed in a leader, and that her success has given her that boost of confidence needed to strengthen her mental game. The dividends are already evident as she was named to the all-tournament team at the 2026 Shirley Brown Invitational at Woodrow Wilson High School earlier this season.

Fragile agrees. "The 2026 championship game experience helped me realize that even if I hit a ball into the net, I could move on to the next play and not worry about how I'm playing but to focus on the bigger picture of how the team is playing, which in turn elevates my play." Fragile admits the Tigers are much younger this year, but she also believes they have a high ceiling because her teammates are amazing girls who are really connected on the court because of the time and work they have put in since last season. "We've been at it since last January," she confides.

She knows a little bit about work and commitment, having started volleyball in the 3rd grade. She has also been on a travel team based in the Kanawha Valley, Mountain Monsters Volleyball Club. Her connection to MMVC came through mom Stacey. One of her college sorority sisters runs the club, and how's this for sports irony? The setter on the MMVC is also the setter for Herbert Hoover!

Don't get the idea that Allie Fragile is a one-trick pony. Her hobbies include golf, pickleball, and swimming, and if shopping were a sport this girl might be all-world. Look out TJ Maxx and Pottery Place! Two of her favorite local spots to hunt bargains.







She was also secretary of her junior class and is currently running for student council at Shady where she is also a member of the National Honor Society. Once on the campus beautiful in Athens, she plans on pursuing a degree in health sciences/pre-med with an eye on getting accepted into WVSOM in Lewisburg. She loves chemistry, especially the labs and the problem solving involved in chemistry, and she gives a lot of credit to her teacher, Mr. Cantley, for her passion for the subject.

Allie Fragile likes giving back to her community and as a member of SLYP (Susan Landis Youth Philanthropy) has found a wonderful vehicle for that very purpose. She also taught volleyball fundamentals at WVU Tech this summer to aspiring young volleyball players.

When the excitement of a volleyball match subsides and all the homework has been done, the Tiger stalwart likes to chill with friends or catch a movie on TV with her buddy Penny (a mini Bichon-poodle) on her lap. When she is hungry for something other than a "W" on the court or knowledge in the classroom, she heads for Chik-fil-A, but one thing is certain. She plans to stay hungry all season in her quest to get Shady back to that championship game where she will do all she can to see another championship banner raised in the Shady gymnasium.





A Home Built with Heart on Exmoor Lane

The Miller residence

WRITTEN BY BOB COBURN





When Jeff and Paige Miller began planning their new home on Exmoor Lane in Glade Springs, they knew they wanted more than a beautiful house. They wanted a home that reflected the way their family lives—comfortable, thoughtful and welcoming—and a place that would honor the guidance of Jeff's mother, a longtime real estate professional who passed away in late August.

Built by Doug Lilly, the magnificent 3,750-square-foot home includes four bedrooms and 4.5 baths. From the beginning, Jeff's mother played an influential role in selecting the lot and shaping the home's design. She showed Jeff and Paige at least 10 homes before they decided to purchase the Exmoor Lane property and build. When Doug, unprompted by Donna's comments about Exmoor, also sang the praises of the location, the Millers saw that as a sign.

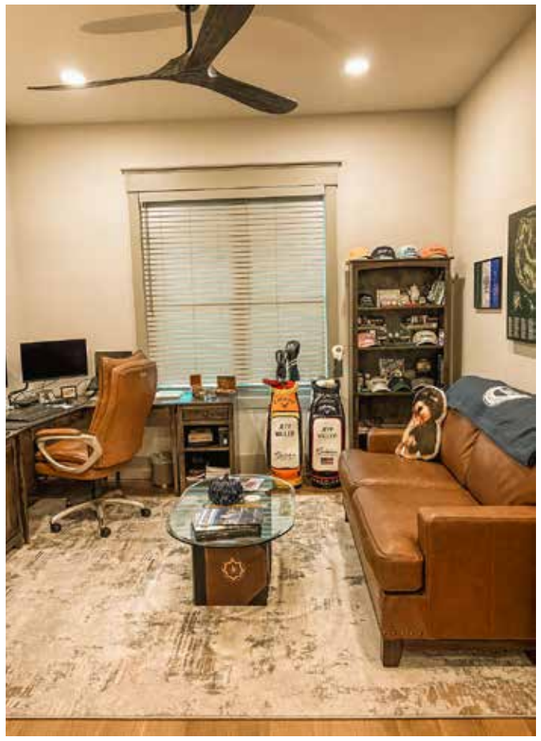
"Lots on Exmoor are perfect," she would say, pointing out their proximity to the gate and the amazing views. The selected lot was especially meaningful because it was located near the home of Jeff's parents, Mom and Father Terry. She also shared plenty of practical advice along the way, pointing out details that needed attention and reminding them, "Building is easier than you think!"

Her influence can be seen throughout the home—in the floor plan, earth-tone color palette, extensive built-ins and inviting outdoor living space. Jeff and Paige describe the project as a true team effort, with every detail carefully considered.

Among the home's many highlights is an incredible master bath and a custom laundry area designed for both beauty and convenience. It includes a built-in ironing board, folding table and tucked-away vacuums, making quick travel plans

CONTINUED ▶













much easier. Custom hardware and built-ins appear throughout the home, including a special dog-feeding station with motion lighting for the family's Bernedoodle, Oliver, or Ollie to friends!

The lighting design was also a collaborative effort between Jeff and Paige, and the results are both stylish and functional. Ebony-colored sliding barn doors add a distinctive touch while providing easy access to useful storage space. Paige also agreed to let Jeff convert the formal dining room into a home office, a practical decision made possible by the large eat-in area near the kitchen and abundant seating at the enormous granite island.

This is a true smart home, with lighting controlled by command and timers throughout. The spacious hidden pantry appears to offer more usable space than the local IGA. The lot overlooks the signature No. 4 par-5 green on Stonehaven Golf Course, along with the rock fountain in the pond.

Daughter Clara enjoys a beautiful private space with generous closet room and a spa-like bath. Other standout features include the linen closet near the guest suite and an oversized three-car garage with 14-foot ceilings—large enough for a future golf simulator and seemingly endless built-in storage.

No detail was overlooked, from the weeping mortar on the stone foundation to the custom mailbox. During construction, Jeff and Paige lived with Paige's parents, Gregg and Anne Childers, on Mountain Laurel Road for a year.

"It was a team sport from start to finish, and Doug did an incredible job," Jeff says. "Mom was proud as she could be, and I know she's looking down with that big smile from heaven."

If you know of a great home in the community, please contact Bob Coburn at bob.coburn@ n2co.com





Summer Sendoff & the Fall Festival!

PHOTOS BY BETTY CALLENDER AND INGRID LEMME-CHALUT

























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Sundays 10 am

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Glade Community Church

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God loves you and has a purpose and a plan for your life
We would love for you to join us for church any Sunday at 10AM.

Watch Live Services at gladecc.org



J.W. Hamm

Back and forth with J.W.

WRITTEN BY ED MCCALL, PHOTOS BY KAREN AKERS





Like Cher, Prince, Michael, and Tiger, icons from the worlds of music and sport so well-known they need only one name to identify them, Glade's director of public works and the superintendent of the Woodhaven golf course has in many ways become an icon himself, at least inside the gates of Glade Springs, where he is usually referred to simply as "J.W." No last name necessary.

Need to report a burned-out streetlight at a dangerous intersection, a gutter or storm run-off that needs attention, a street that needs patched or paved, or a fallen tree that is blocking traffic? Call J.W. Hamm. Got a question about a broken waterline that is flooding your favorite hole at Woodhaven or why an area of the course might be turning brown? Call J.W. Hamm.

While residents or his bosses might want a magical and immediate solution to whatever problem his jobs present him daily, Hamm is confident that he will eventually remedy the situation, even if it requires money or equipment which may or may not be available. He knows that his own knowledge and persistence coupled with the hard work and caring of the men he manages and their skill sets will sooner or later put matters in order. How does he know this? Well, he has been solving problems and keeping things functioning here in Glade for over 20 years.

A 1994 graduate of Gauley Bridge High School where he anchored the offensive and defensive lines for the Travelers' football team, Hamm went to work for Aspen in the golf course building and renovation division. He says he learned valuable



skills and got an education working with Ronnie and Donnie Adkins at Aspen that he uses daily. "I loved the work," he recalled recently. "Probably learned the most during our renovations at Oak Hill in Rochester, NY. They (Aspen) treated me great. I'd probably still be with them except for one thing. It kept me away from home, and the pull was just too great."

Hamm lives a short drive from Glade in Summers County where he and wife Tara raised their two children: Jamison (wife Katelyn and grandson Walker) and daughter Paisley (husband Logan with grandson #2 Brooks expected in January). He retires each evening from the hassles of keeping Glade up and running to his immaculate 4 acres of Almost Heaven each day to refuel for the next day's challenges. An avid turkey hunter, the Hamm residence houses a collection of turkey calls and memorabilia from past hunts that makes a Cabela's store look like a roadside stand.

His work here at Glade began with the grow-in of the Stonehaven course in 2002. The superintendent got fired halfway through, so he stepped into the breach and took the project to completion. The pressures of the job have not subsided since! In 2006 he started building the Public Works Department here for the GSVPOA which included hiring and training staff and acquiring all the equipment necessary to maintain operations in Glade Springs Village.

When he thinks back over his tenure at Glade Springs, Hamm says three major crises stand out. "The winter of 2009-10 was brutal. The area snowfall record was broken by over 50 inches. We had a young, inexperienced crew at the time. I think we worked 93 straight days at one point just plowing. We became very creative at finding places to put snow. Then we had to deal with flooding during the melt," he recalls.

Another averted crisis was much more recent. Rescuing Woodhaven from the brink of disaster from poor management by two previous superintendents was huge. Hamm says having been away from golf course work for so long forced him to relearn the job when he was reassigned to deal with the troubled course. Hamm took over an inexperience and disenfranchised staff at the Woodhaven course which added to the challenge. "Irrigation, thatch, dead and burned up fairways, equipment that hadn't been maintained or was lost all added to the complexity of getting Woodhaven back in playing shape," the affable Hamm stated.



Most residents do not realize that the GSVPOA was on the verge of losing one of its most valuable and expensive assets, and today our golfers still marvel that the turnaround took only one year. "The course was in such bad shape we had to shut it down. But you can't reseed, you can't grow grass without water, so we had to fix the neglected irrigation system first," he said. "We're still in recovery in a way. Still trying to get a handle on the thatch problem in the greens and fairways."

Hamm says the satellite irrigation control boxes were a mess. Many looked as if they had been sabotaged. One of the things he is most proud of since taking over at Woodhaven is rediscovering the location of all the isolation valves which are critical to controlling disasters that come from broken water lines. "We have found over 50 isolation valves that were lost," meaning grass had been allowed to grow over them during the previous superintendents' regime.

The third crisis was the grow-in of Stonehaven. He was entrusted mid-stream to see that Cooper's then most valuable asset came to fruition. "I felt some pressure for sure," he laughs now.

Looking back at the past few years, Hamm muses that the changes have been good for him. "I may have gotten a little stale. The new challenges revitalized me in a way." In fact, he's developed a philosophy that allows him to deal positively with the everchanging landscape of his job, whether it is snow removal or golf course maintenance: "You're really battling God (weather) so you know you're going to lose. You just want to survive!" He says weather forecasts drive him crazy because they are sensationalized to get as many clicks as possible.

No matter which of his responsibilities here at Glade Hamm ponders, he has a plan...short term and long term. For Woodhaven it's addressing thatch, and a new pest that was non-existent when he previously was involved with the golf courses. The bluegrass weevil has become expensive to treat but necessary because it is a huge threat to turf. He says he'd love to make hole #8 more enjoyable to play for members, and he would love to do some wildflower outcroppings to make an already gorgeous course even more beautiful. He says par 3 tee boxes also need attention because the builders made them so small compared to the huge tee boxes for the par 5 holes.

As for public works, Hamm says obtaining and retaining good staff is always the most pressing issue. They are currently dealing with lots of failing culverts under village streets; and, of course, replacing asphalt on village streets is an expensive, vital, and yearly undertaking.

As Hamm moves back and forth each day from his work at Woodhaven to managing public works throughout the community, he is certain about the value of the people he manages. "You don't get work done without good staff. I'm blessed to have good staff at public works as well as on the golf courses." His goal is to get both jobs to the point where he and his people aren't just maintaining, but they can begin improving. That's just how it is when you go back and forth with J.W., Glade's own icon.





Buffalo Chicken Dip

A football favorite!

FOOTBALL SEASON IS UPON US and that means tailgate/football food! The most popular tailgate football food is Buffalo Chicken Dip! This is a variation of The Pioneer Woman's Recipe.

INGREDIENTS

- 1 (8 oz.) package cream cheese, softened
- 1/2 cup buffalo sauce
- 1/3 cup ranch dressing
- 2 cups chopped, cooked chicken (rotisserie works great
- 1/3 cup blue cheese crumbles
- 2 cups sharp cheddar cheese, divided
- 4 green onions, thinly sliced, divided
- Veggie sticks, chips, Fritos and Scoops for dipping
- Tobasco sauce for extra kicky

DIRECTIONS

1. Preheat the oven to 375°F.
2. In a medium bowl, use a rubber spatula to soften the cream cheese until very creamy and smooth. Mix in the buffalo sauce and ranch dressing. Stir in the chicken, blue cheese, 1 cup of cheddar cheese, and half of the green onion.
3. Transfer to a 1 1/2 quart casserole dish, such as an 11-by-7-inch casserole dish. Top with the remaining cheddar cheese. Bake until the edges are bubbly and the cheese is melted on top, 18 to 20 minutes. Remove from the oven and let rest for 5 minutes. Sprinkle with the remaining sliced scallions. Serve with veggies and chips.

If you have a family favorite recipe you would like to share, please contact Bob Coburn at bob.coburn@n2co.com



Honoring Both Ends of the Leash

A Charleston Resident Supports America's Military Working Dog Teams

WRITTEN BY LAUREN FERNALD









Every November, Americans honor the men and women who have served our country. Beside some of them are four-legged heroes whose courage, loyalty and specialized skills help protect military personnel, support our national security and help keep all Americans safe.

The Military Working Dog Team Support Association, or MWDTSA, is an all-volunteer nonprofit supporting military working dog teams around the world, including deployed teams and stateside kennels. The organization's president, Nikki Bales Rohrig, lives in Charleston, West Virginia, and has volunteered with MWDTSA for about 12 years.

Nikki first became interested in military working dogs after seeing a news story about an injured dog that returned from deployment and retired following rehabilitation. Although her grandfather was a Marine, she had not realized the military used dogs.

"I've always been a dog lover," she said. Her curiosity led her to research military working dogs and eventually become involved with MWDTSA.

Nikki's own dogs are Louis, a French bulldog, and Gauge, a Vizsla. Her family also has a Glade Springs connection: Her son, Gavin, plays golf and recently competed at the Glade Springs golf course.

One of MWDTSA's primary missions is sending two themed care packages each year to deployed teams. Shirts, coffee, snacks, stickers and patches may be included for handlers, while their dogs receive toys, treats and grooming supplies.

"They can't run to PetSmart or Petco and get what they need," Nikki explained.

Because space is limited, every item must serve a purpose while also lifting morale. For someone thousands of miles from family, a care package may be the first mail received in weeks.

One story has stayed with Nikki. A handler contacted her while preparing to replace a team whose dog had been killed in action. MWDTSA asked what he needed and provided specialized equipment he could not otherwise obtain, helping the new team carry on a vital mission under extraordinarily difficult circumstances.

"These dogs are the pointy tip of the spear," Nikki said. "They are quite literally out front anytime they're outside the wire, protecting everybody behind them."

MWDTSA relies heavily on grants and public donations. Its Amazon wish list contains items the organization cannot obtain directly from manufacturers, and purchases are shipped to the volunteer packing the boxes. Because no volunteer or board member receives a salary or reimbursement for personal expenses, approximately 96 cents of every donated dollar goes directly back to the teams MWDTSA supports.

Now celebrating its 20th anniversary, the organization recently refreshed its logo and offers merchandise to help fund its work.

MWDTSA also remembers retired military working dogs. For National K9 Veterans Day on March 13, the organization sends themed boxes filled with toys, treats, blankets and other gifts. Approximately 225 boxes were mailed last year.

Most retired dogs are adopted by their current or former handlers. If a handler cannot adopt, members of the public may apply through Lackland Air Force Base in San Antonio, where military working dogs and handlers are trained. Once retired, Nikki said, the dogs can "just be a regular dog"—taking naps, sleeping on the couch and playing with toys.

Retirement can bring significant medical expenses. Years of demanding work can take a toll on the dogs' bodies, and some need medication for arthritis or other conditions. Retired military working dogs receive no government-funded veterinary care, so those expenses fall to their adopters.

Lackland also operates a breeding program for Belgian Malinois, one of the breeds most commonly used by the military. Qualified families near San Antonio may foster puppies until the dogs return to Lackland for formal training.

Nikki also addressed a common misconception: U.S. military working dogs are not abandoned overseas. They return from deployment with their handlers. During the withdrawal from Afghanistan, photographs of crated dogs prompted claims that the military had left its dogs behind. Nikki explained that those pictured were contractor-owned dogs—not U.S. military working dogs—and that the military does not abandon any of its MWDs.

For Nikki, supporting these teams provides a special opportunity to help both people and animals performing dangerous, essential work.

"You're able to make a difference for humans and dogs," she said. "I think that's what makes us unique."

To learn more, donate or view MWDTSA's Amazon wish list, visit MWDTSA.org.

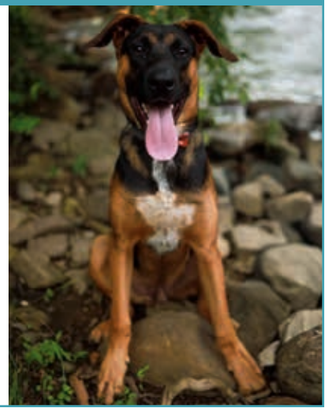


If you have a great pet in the family,
please contact Bob Coburn at bob.coburn@n2co.com



Lauren Fernald is a freshman in high school with a passion for animals and storytelling. She is actively involved in dance, cheerleading and Girl Scouts. An avid animal lover, Lauren created this article series to shine a light on the incredible work of rescue organizations and the people behind them. She hopes to inspire others to consider adoption and support efforts that give animals a second chance at life.

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FRIENDS OF COAL LADIES AUXILIARY

Celebrating 20 Years of Helping Those in Need

WRITTEN BY BOB COBURN





For two decades, the Friends of Coal Ladies Auxiliary has been making a meaningful difference in the lives of West Virginians. As the organization celebrates its 20th anniversary, members are reflecting on years of service while looking ahead to an even brighter future.

The Auxiliary's mission is dedicated to educating students about the importance of coal in our daily lives while supporting local communities, coal miners, veterans, and their families. Through a wide variety of programs, the organization provides practical assistance, educational opportunities, and encouragement to people throughout the region.

The Auxiliary's service projects are organized into two categories: Giving Hearts Programs and Educational Programs.

The Giving Hearts Programs include the Giving Hearts Christmas Project, which provides Christmas gifts, food, clothing, and personal care items to families and students in need. The program also assists children who have one or both parents deployed in the military.

School Clothing Lockers provide students in need—and children with disabilities—with easy and immediate access to clothing. Project Wish List supplies residents at the Beckley Veterans Hospital with requested necessities and entertainment opportunities. Through the Community Crusaders program, local organizations receive supplies needed to assist community members. The Auxiliary also participates in Disaster Relief Projects, providing immediate gap relief following a disaster.





The organization's educational efforts include Coal in the Classroom, which teaches local students about the importance of coal and mining in modern society. Scholarships provide college funding for students from coal-mining families. In 2026 alone, 21 scholarships have been awarded.

Friends of Coal Ladies Auxiliary President and Glade Springs resident Regina Fairchild is proud of the team's accomplishments and looks forward to the next 20 years.

"We work closely with several local organizations in helping those in need, such as the Beckley Exhibition Coal Mine, which was funded several years ago by Friends of Coal Ladies; the Beckley Area Foundation; the American Red Cross; First Christian Church; WVU Tech; and Empty Bowls," Fairchild said.

The Auxiliary is grateful for the generous support it receives from coal-related businesses and everyday businesses throughout the community. These donations help support Auxiliary bingo games, golf tournaments, and the Giving Hearts Christmas Project.

Coal's importance to West Virginia reaches far beyond the mines. A recent study by the West Virginia University Bureau of Business and Economic Research found that coal has a $21 billion economic impact on the state. The industry supports more than 36,000 jobs and provides $3.1 billion in employee compensation. Its influence extends to construction companies, banks, insurance providers, engineering firms, equipment suppliers, transportation networks, restaurants, schools, small businesses, and thousands of families who depend on coal directly or indirectly.

To learn more, donate, or get involved, visit www.friendsofcoalladies.com.





GUEST ROOM READY

When it comes to hosting, small details make the biggest difference. BY NICOLE LETTS





With the holidays bringing overnight guests, now's a good time to look at the guest room with fresh eyes. There's no need to do a complete overhaul, but a few upgrades before guests arrive can make a huge difference. Hosting well isn't about a guest room that looks like a hotel. It's about anticipating the small, ordinary needs before a guest has to ask.

Give suitcases a home.
A simple luggage rack keeps bags off the floor and out of the way, and it signals that a guest is truly expected rather than squeezed in. It's a small thing, but unpacking onto a stable surface instead of a bed or floor makes a room feel more like a stay and less like a stopover.

Stock a little something for odd hours.
A mini fridge or a stocked snack basket means guests don't have to creep downstairs at 6 a.m. or midnight looking for water or a tasty treat. A few bottles of water and a snack or two go a long way toward making a guest feel like they can settle in without causing disruption.

Dress the room for the season.
Swap in seasonal bedding, textural pillows, a throw blanket, or a few other festive touches that make the room feel current and cared for, adding a level of true comfort and warmth. Want to go even further? Add a miniature holiday tree or greenery.

Cover what guests tend to forget.
A designated spot to charge a phone (extra cords included), extra pillows and blankets for different sleep preferences, and a basket of toiletries (toothbrush, travel-size shampoo, a spare phone charger cable) cover the items people most often leave behind.



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Bookish Travel

Let your latest read inspire your next itinerary.

BY NICOLE LETTS

Skyscanner reports that 55% of travelers have booked, or would consider booking, a trip inspired by literature. It makes sense. Books have always sparked wanderlust, planting the seed for a destination long before a trip is ever planned. That imaginative pull is now shaping real itineraries, not just reading lists.

It's a trend with range, too. A literary trip can be as loose as wandering a favorite author's hometown or as devoted as retracing a character's exact path through a story. Either way, the destination comes with a built-in tale; what's more inspiring than that?

NANTUCKET, MASSACHUSETTS

The island has become something of a pilgrimage site for Elin Hilderbrand's readers, who have spent summers living vicariously through her characters. Books such as Five Star Weekend, The Perfect Couple, and The Hotel Nantucket have helped the island gain even more popularity than it already had as an East Coast summer destination. There are cobblestone streets, shingle-clad homes, harbor views, and more hydrangeas than can be counted.

BEAUFORT, SOUTH CAROLINA

This Lowcountry town shaped much of Pat Conroy's fiction, and it still carries the atmosphere he wrote about: moss-draped oaks, tidal marshes, and a sense of history sitting just beneath the surface. Visitors will find walking tours built around his novels, and the town itself remains quietly beautiful and chock full of excellent seafood whether or not you've read a page.

PORTLAND, OREGON

For readers whose idea of a vacation involves a suitcase with more room for books than clothes, Portland is close to essential. Powell's City of Books is one of the largest independent bookstores in the country, occupying an entire city block, and the surrounding neighborhoods have one of the highest concentrations of small, independent bookshops anywhere in the U.S. Choose your own adventurous novel here and let it guide your next vacation.

















Fallen Leaf Place Cards

"Leaf" it to the kids to make this year's Thanksgiving table shine.

BY NICOLE LETTS

LEAD KIDS and kids at heart on an outside foraging adventure to find a piece of fall's best foliage for Thanksgiving dinner guests. Then, help them practice their handwriting and etiquette by making leaf name cards for each place setting. The leaves serve as table decor, complementing the full spread of everyone's favorite family recipes.

Remember, foraging brings the outside in, so even if it's not quite a golden fall where you are, leaves of any color or large flower petals (like dogwoods) work well. Of course, if the weather won't cooperate outside, as Ina would say, "Store-bought is fine!" There's nothing like a craft store for making decor dreams become reality.







THE GIVING TUESDAY GUIDE

Your practical reminders for charitable donations ahead of the holiday season.

BY NICOLE LETTS



This year, Giving Tuesday falls on December 1. Since it's after the frenzy of Black Friday and the fury of Cyber Monday, it can become an afterthought. Instead of making lists and checking them twice, Giving Tuesday allows us a moment to think about those who need a pinch more assistance to make the season extra bright. With a little planning, you can make the most of your contribution, stretching your gift further.

Check for employee matching.
Many companies will match employee donations dollar-for-dollar, and some even match volunteer hours with a cash contribution. It costs nothing to ask your HR department, and it can effectively double your gift to a cause you already care about. Matching programs often have deadlines or annual caps, so now is a smart time to check whether you've used yours for the year.

Consider fewer, larger gifts.
While it's tempting to spread a giving budget across several organizations, concentrating your donation can have more impact. Smaller nonprofits, in particular, spend real time and money processing each gift, so a single larger donation reduces overhead, sending more toward actual programs. Pick one or two organizations to support meaningfully this year and rotate to others in future years.

Do your homework.
A quick look at a charity's annual report or a nonprofit evaluator site can tell you how funds are used. Look for clarity about where donations go, not just a compelling appeal. For any gift you plan to deduct, save the receipt or acknowledgment letter from the organization. Most send one automatically for donations over $250. Keep a simple folder (digital or paper) for the year's giving so nothing gets lost by tax season.

Think beyond cash.
Some organizations need volunteer time, supplies, or in-kind donations just as much as money. A few hours of your time may go just as far as your dollar.











Intentional Gratitude

Put action into your Thanksgiving attitude.

BY NICOLE LETTS

Thanksgiving is synonymous with gratitude. Instead of simply going around the table saying what you're thankful for once a year, there are other ways to implement the feeling into your daily life. Research on gratitude suggests small, regular moments of noticing what's good tend to do more for mood and outlook than one deep reflection a year. In fact, a daily gratitude practice can improve mental health by reducing stress and boosting serotonin. This year, let's take gratitude out of the greeting-card zone.

Write a two-minute journal.
Keep a notebook in the places you rest the most; think one by your bed or by your favorite chair. At the beginning or end of each day, jot down one or two things you're thankful for. You don't have to use complete sentences or even full phrases."Slept well," or "got inundated with puppy kisses," work perfectly. The point isn't eloquence; it's consistency. No elaboration required.

Think of "three good things" at bedtime.
This one is similar to a gratitude journal but a little less formal. Before you turn off the light, name three specific things that went well that day, however small. The specificity matters more than the size: not "work was fine" but "Sam covered for me during that call." You can speak this aloud or keep it to yourself; the intention is the same regardless of who hears you.

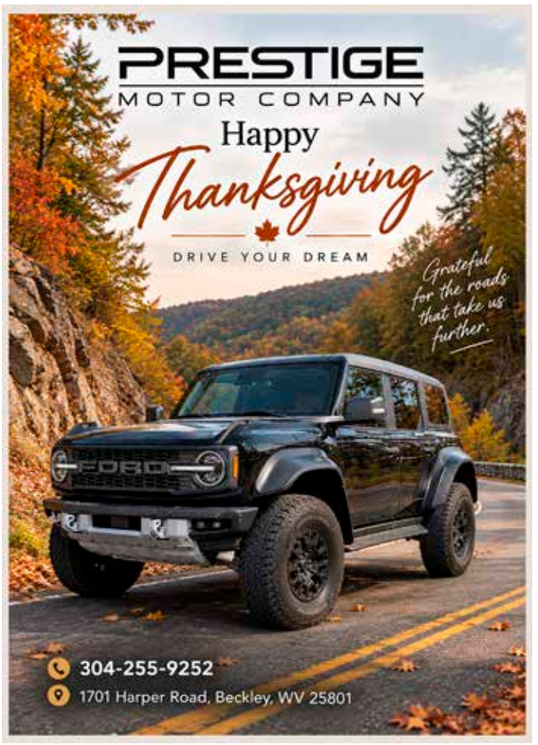
Take a phone-free walk.
As kids these days would say, go touch grass. Leave the phone behind for a brief walk. Use the time, just 10 or 15 minutes, to notice the environment around you. Cold air, a neighbor's porch lights, the smell of someone's fireplace. Each of these forces your attention outward instead of down at a screen.

None of these need to last forever, and none of them need to be done perfectly. Think of it as a brief, repeatable habit that outlasts the holiday weekend. Pick one. Try it for a week. See if it sticks. In fact, see if you can make it last. It's a pre-new year resolution.















Extended Seasons

Stretch outdoor living past its usual endpoint. BY NICOLE LETTS

AS FALL CONTINUES and winter knocks on its door, the instinct is to scurry inside, but changing seasons doesn't mean exterior living goes dormant. Of course, you can add physical warmth like a fire feature and a basket of thick blankets, but much can be improved with ambiance. Encourage gathering outdoors through light, texture, and a break from the wind, and the temperature becomes almost secondary. Get that right, and a backyard or patio can stay in regular use well into those chillier months.

Add heat beyond the flames. Fire features alone won't always cut it once temperatures really drop. Small, freestanding outdoor heaters extend warmth across a wider area and keep a space usable even without the gentle roll of a fire.

Block the wind. Cold air is one thing; wind is what actually drives people indoors. Decorative screens, pergolas, or even well-placed outdoor curtains help cut the wind. They also make a space feel cozier.

Let lighting do the rest. As daylight shortens, a space that looks inviting after dark matters more than ever. String lights, lanterns, and lower, warmer-toned faux candle fixtures layered at different heights create a space that feels intentional rather than dim. Layered light does more to set a mood.







resident business guide

This is a current list of business owners and professionals from our neighborhood. It is an opportunity to network, qualify, and potentially build a business relationship with other successful individuals who also live here. To be included in the Resident Business Guide, email your name, business name, phone number, and email address to bob.coburn@n2pub.com.

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REAL ESTATE RESOURCE

This is your neighborhood Real Estate Resource page. This information can be useful when trying to compare property values or for just keeping a pulse on the real estate market in our area. For questions regarding the properties listed, or about real estate in general, consult a real estate professional.

Properties presented may not be listed by the office/agent providing this information. Source MLS. All information herein has not been verified and is not guaranteed. Supplied by Glade Springs Real Estate, 255 Resort Drive Daniels, WV (304) 730-5000. Marla Bass-Sinko, Broker of Record.

Address	Neighborhood	List Price	Sale Price	Sold Date	Beds	Baths	SqFt	Parking	Pp Sq Ft
801 Far Country Drive	Stonehaven	$635,000	$625,000	08/14/26	4	3	3,147	2 Car	$198.61
240 Sherwood Lane	Stonehaven	$475,000	$475,000	06/30/26	3	2.5	2,354	3 Car	$201.79
128 Montgomery Lane	Stonehaven	$579,000	$579,000	07/07/26	6	4	4,700	2 Car	$123.20
740 Edward Drive	Stonehaven	$454,900	$454,000	07/07/26	3	2.5	2,432	2 Car	$186.68
311 Far Country Drive	Stonehaven	$619,000	$605,000	07/15/26	4	4.5	3,594	2 Car	$168.34
123 Far Country Drive	Stonehaven	$684,000	$665,000	07/15/26	5	3.5	4,034	2 Car	$164.85
228 Mountain Laurel Rd.	The Farms	$1,295,000	$1,200,000	07/15/26	6	7.5	7,400	3 Car	$162.17
373 Hawks Chase Lane	Stonehaven	$850,000	$825,000	07/17/26	4	4	3,237	2 Car	$254.87
151 Hawks Chase Lane	Stonehaven	$675,000	$610,000	07/15/26	4	2.5	3,875	2 Car	$157.42
105 Greenbrier Rd.	Old Glade	$530,000	$520,000	07/31/26	4	4.5	3,500	2 Car	$148.58
154 Exmoor Lane	Stonehaven	$465,000	$450,000	07/24/26	4	4	3,062	2 Car	$146.97
906 Club Circle	Old Glade	$185,000	$177,000	08/28/26	1	1	916	N/A	$193.24
165 Dogwood Ct.	Old Glade	$294,900	$260,500	08/31/26	4	4	3,321	2 Car	$87.44
134 Long Drive	Stonehaven	$395,000	$375,000	09/11/26	4	3.5	2,601	2 Car	$143.85
114 Bowman Lane	Stonehaven	$489,000	$482,000	05/08/26	4	3.5	3,200	2 Car	$150.63
117 Ludlow Lane	Stonehaven	$315,500	$310,000	05/27/26	3	2.5	2,641	2 Car	$117.38
128 March Chapel Ln.	Stonehaven	$359,900	$359,900	05/14/26	3	2	2,073	2 Car	$173.62
571 Barnstaple Drive	Stonehaven	$549,500	$525,000	05/15/26	4	2.5	3,757	2 Car	$139.78







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